

Compassion: Caring for Self and Others

Location/Date/Time

Methodist Estabrook Cancer
 Center Auditorium
 8303 Dodge Street
 Omaha, NE 68114

Tuesday, September 9, 2025
 8:00 AM to 10:00 AM

Presented by

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 Melissa Strong, M. Div, APBCC

Key Points:

- Reflect on 'The Meaning of Care'
- Describe the impact of compassion
- Engage in meaningful self-reflection
- Emphasize how self-care contributes to the "Meaning of Care"

Agenda

Time	Agenda
7:45am-8:00am	Check-in (0 CH)
8:00am-8:05am	Welcome and Introduction (0 CH)
8:05am-8:25am	The Impact of Compassion (0.33 CH)
8:25am-9:10am	Compassion Role-Playing Scenarios (0.75 CH)
9:10am-9:20am	Break (0 CH)
9:20am-9:50am	Compassion: Self-Reflection and Self-Care (0.5 CH)
9:50am-10:00am	Questions and Wrap up (0.17 CH)
On your own	CE Evaluation time (0.25CH)

Handouts

To access the handouts:

- follow this link:
<https://hubs.la/Q03BCDg40>,
 or
- scan this QR code



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