

Location/Date/Time

Methodist Estabrook Cancer
Center Auditorium
8303 Dodge Street
Omaha, NE 68114

Tuesday, August 12, 2025
12:30 PM to 2:30 PM

Presented by

Amy Brasel MSN, RN, GERO-BC
Melissa Strong, M. Div, APBCC

Handouts

To access the handouts:

- follow this link:
<https://hubs.la/Q03BCDg40>,
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- scan this QR code



Compassion: Caring for Self and Others

Key Points:

- Reflect on 'The Meaning of Care'
- Describe the impact of compassion
- Engage in meaningful self-reflection
- Emphasize how self-care contributes to the "Meaning of Care"

Agenda

Time	Agenda/Contact hours
12:15pm-12:30pm	Check-in (0 CH)
12:30pm-12:35pm	Welcome and Introduction (0 CH)
12:35pm-12:55pm	The Impact of Compassion (0.33 CH)
12:55pm-1:40pm	Compassion Role-Playing Scenarios (0.75 CH)
1:40pm-1:50pm	Break (0 CH)
1:50pm-2:20pm	Compassion: Self-Reflection and Self-Care (0.5 CH)
2:20pm-2:30pm	Questions and Wrap up (0.17 CH)
On your own	CE Evaluation time (0.25CH)

Compassion: Caring for Self and Others

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