



NEBRASKA
**METHODIST
COLLEGE**
The Josie Harper Campus

Learning Center

Location/Date/Time

Franciscan Health Care, Assisi Room
Second Floor, West Point, NE

Monday, March 23, 2026
5:30pm-7:30pm

Presented by

Ashley Shea, MD, MPH, Maternal
Fetal Medicine Physician,
Perinatal Associates

Mary Seger Barker, RNC-OB,
MSN, C-EFM, CIMI, Clinical Nurse
Educator, Methodist Women's
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Kayla Brickell MSN, C-EFM, RNC-
OB, RNC-IAP, C-OBE, Clinical
Nurse Educator, Methodist
Women's Hospital Outreach

Handouts

To access the handouts, please
refer to your course registration
emails, or the course.

Reducing the Primary Cesarean Rates within the Obstetric Setting

Details

The purpose of this continuing education activity is to improve healthcare providers' knowledge, competence, and confidence in the assessment and management of labor dystocia to support evidence-based practices aimed at reducing primary cesarean section rates within the obstetric setting. This activity will review current guidelines for labor dystocia, reinforce recognition of labor stages and phases, and examine nursing interventions and management strategies that facilitate labor progress and promote safe, patient-centered care.

Agenda

5:15pm-5:30pm: Registration and Check In

5:30pm-5:40pm: Welcome and Introductions

5:40pm-6:25pm: Reducing the rate of primary cesarean
sections (0.75 CH)

6:25pm-6:40pm: Q&A session (0.25 CH)

6:40pm-7:20pm: Top 10 nursing Interventions to assist in
prevention of the primary cesarean section (0.75 CH)

7:20pm-7:30pm: Q&A session and evaluation time (0.25
CH)



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Program Disclosures

Provider Approval Statements: Nebraska Methodist College Learning Center is approved with distinction as a provider of nursing continuing professional development by the VTL Center for Professional Development, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Successful Completion Requirements: In order to obtain contact hours or continuing education credit for this educational activity, participants are required to complete stated requirements:

- Attendance at the entire activity
- Completion/submission of evaluation form within 7 days of the program
- A link to access your certificate will be automatically generated and emailed to you within 24 hours of completing all requirements. Or, you can go to our website: www.methodistcollege.edu/pd, click "Account Login" on the top right side of the page, log in to your account, and click "Certificates."

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