



MATERNAL CORE CURRICULUM FELLOWSHIP

Methodist Women's Hospital Outreach
2026

CONTINUING EDUCATION REQUIREMENTS

In order to receive continuing education:

- You must attend the entire program. No partial credit can be awarded.
- You must complete an evaluation (it will be emailed to you). It must be completed within 7 business days after the program date or you will receive an incomplete.
- A link to access your certificate will be automatically generated and emailed to you within 24 hours of completing all requirements. Go to our website: www.methodistcollege.edu/pd, then click “Account Login” on the top right side of the page. Log in to your account, then click “Certificates.”
- If you have any questions or need assistance, please email Nebraska Methodist College Learning Center at lc@methodistcollege.edu.

PROGRAM DISCLOSURES

- *Provider Approval Statements:* Nebraska Methodist College Learning Center is approved with distinction as a provider of nursing continuing professional development by the VTL Center for Professional Development, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.
- *Successful Completion Requirements:* In order to obtain contact hours or continuing education credit for this educational activity, participants are required to complete stated requirements:
 - Attendance at the entire activity
 - Completion/submission of evaluation form within 7 days of the program
- *Relevant Financial Relationships with an Ineligible Company:* No relevant financial relationships were identified for planners or presenters.

DISCLAIMER

“All content provided herein is for educational, informational and guidance purposes only. It is not intended to serve as a substitute for individualized professional medical advice, diagnosis, or treatment. Nothing contained herein establishes or shall be used to establish a standard of care.”

DISCLAIMER

This document is confidential and protected from disclosure pursuant to the privileges granted by: (1) The Health Care Quality Improvement Act set forth at: Neb. Rev. Stat. §§71-7904 to 71-7913 in Nebraska, and/or; (2) Iowa Code Ann. § 147.135 and Iowa Admin. Code r. 645-9.6 (272c), concerning confidential and privileged peer review materials in Iowa. The information contained herein shall not be disclosed outside of this facility.

DISCLAIMER

Content presented through this educational program is intended to be used as a knowledge base only. Subject matter presented is not to be taken in isolation and outside the realm of patient's clinical context. Any written and or verbal didactic is to be used in conjunction with the healthcare workers own knowledge base and clinical judgment. Clinicians are highly encouraged to consider the entire clinical picture in which the patient presents before and during their care of him and or her.

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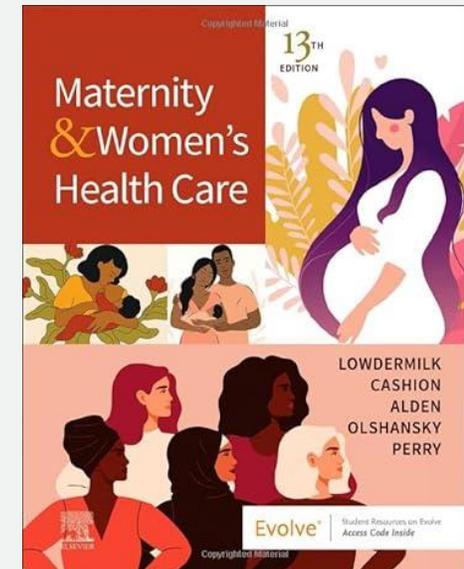
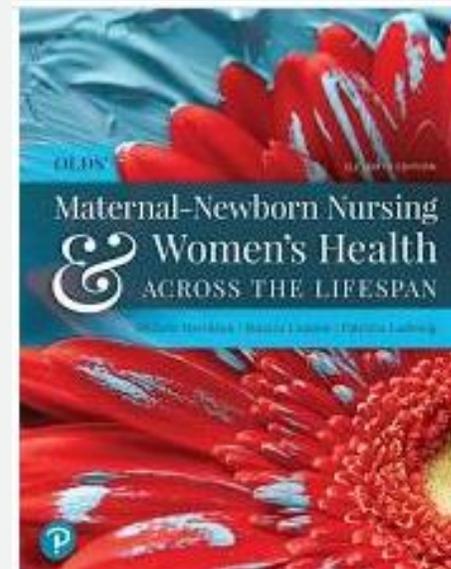
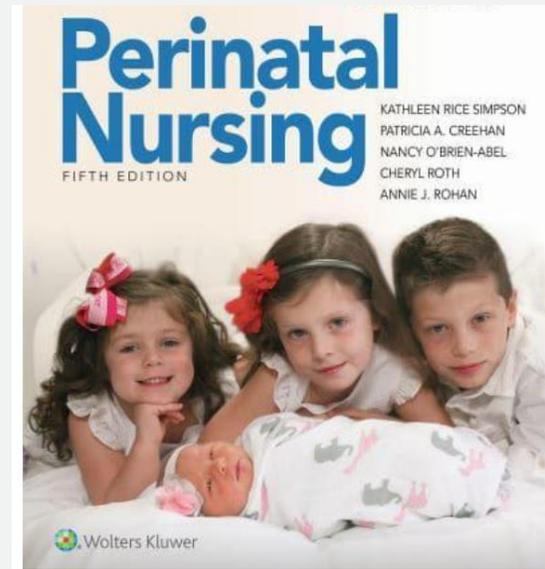
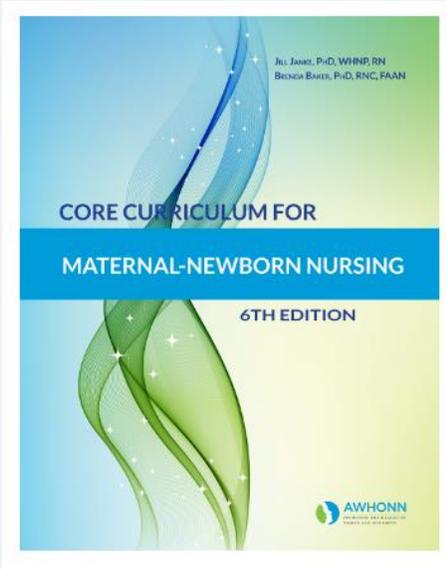


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TEXT RESOURCES



CMQCC
California Maternal
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ONLINE RESOURCES



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Podcast

STREAM EPISODE 1 NOW

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Maternal & Child Health

PODCAST RESOURCES



AWHONN INSIGHTS

The Home for Candid Nursing Conversations

OB SKILLS FELLOWSHIP

2025



PD@methodistcollege.edu
<http://web.methodistcollege.edu/professional-development>

2025 Labor & Delivery, Maternal, and OB Nurse Skills Fellowships!

The Labor & Delivery and Maternal Fellowship courses welcome nurses who work in labor and delivery, recovery, and/or postpartum. This series of courses will help develop the nurse over a period of time that has been found beneficial to the new obstetric nurse. Based on your institution's requirements, you may be asked to complete one or more of the courses listed below. You may register for all open programs at this time or simply register for some now and others at a later date.

The instructors highly recommend taking the following courses, in this order (you can register by clicking on the title/date):

1. [Improving Maternal Outcomes](#) (free, online, 1 hour CE course, opens 1/1/25)
2. **Labor & Delivery Core Curriculum Fellowship OR Maternal Core Fellowship (please register for one or the other):**
 - o Labor & Delivery Core Curriculum Fellowship: Course Description: The purpose of this course is to provide a forum that increases knowledge related to the care of patients in labor and delivery.
 - Time/Location: 8:30 am-4:45pm, Methodist Women's Medical Office Building (MOB), 2nd Floor, Bernard Room, 717 North 190th Plaza, Omaha, NE 68022
 - Click on the date to register. DEADLINE TO REGISTER IS TWO WEEKS PRE-PROGRAM): [February 6](#) (Additional dates in 2025: June 26 and December 11. Registration will open soon.)
 - o Maternal Core Fellowship: Course Description: The purpose of this course is to provide a forum that increases knowledge related to the nursing care of postpartum mothers. Topics include postpartum physiology and assessment, perinatal mental health, hemorrhage, and more! We recommend taking OB Nurse Skills Fellowship in conjunction with this program to reinforce and apply didactic content covered. If you have already attended or plan to attend the Labor and Delivery Core Curriculum Fellowship – do not register for the Maternal Core program as it includes duplicate content. Instead, we recommend registering for the online program, [Postpartum Physiology and Assessment](#), (opens 1/1/25) which covers the content from the Maternal Core Curriculum Fellowship that is not duplicated.
 - Time/location: 8:30 am-4:45pm, Methodist Women's Medical Office Building (MOB), 2nd Floor, Abbott Room, 717 North 190th Plaza, Omaha, NE 68022
 - Click on the date to register. DEADLINE TO REGISTER IS TWO WEEKS PRE-PROGRAM): [February 6](#) (Additional dates in 2025: June 26 and December 11. Registration will open soon.)
3. **OB Nurse Skills Fellowship in honor of Dr. Andrew Robertson:** Course Description: The purpose of this course is to provide a forum to increase knowledge and skills related to obstetric assessments and complications. The program will include hands-on skills, simulations, and demonstrations applying the knowledge related to nursing care of the obstetrical patient. This course will cover topics including hypertensive disorders, vaginal exams, precipitous delivery and much more! *Participants are required to attend Labor & Delivery Core Curriculum Fellowship OR Maternal Core Curriculum Fellowship prior to attending this program.*
 - o Time/Location: 8:30am-4:45pm, Methodist Women's Medical Office Building (MOB), 2nd Floor, Abbott and Bernard Rooms, 717 North 190th Plaza, Omaha, NE 68022.
 - o Click on the date to register. DEADLINE TO REGISTER IS TWO WEEKS PRE-PROGRAM): [February 7](#) (additional dates in 2025: June 27 and December 12. Registration will open soon.)

Costs: vary for each, see details on registration pages.

Continuing Education: Midwest Multistate Division Provider Approval #NE1025-1. Nebraska Methodist College Professional Development is approved with distinction as a provider of nursing continuing professional development by the Midwest Multistate Division, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

BOOKLETS/HANDOUTS

You will have the option to purchase a booklet with all of the handouts for an additional non-refundable fee of \$25. If you choose not to purchase a booklet, as always, the handouts will be available online for you to view/print yourself. You will have the option to pick your choice when you register (there is no booklet for OB Skills Fellowship).

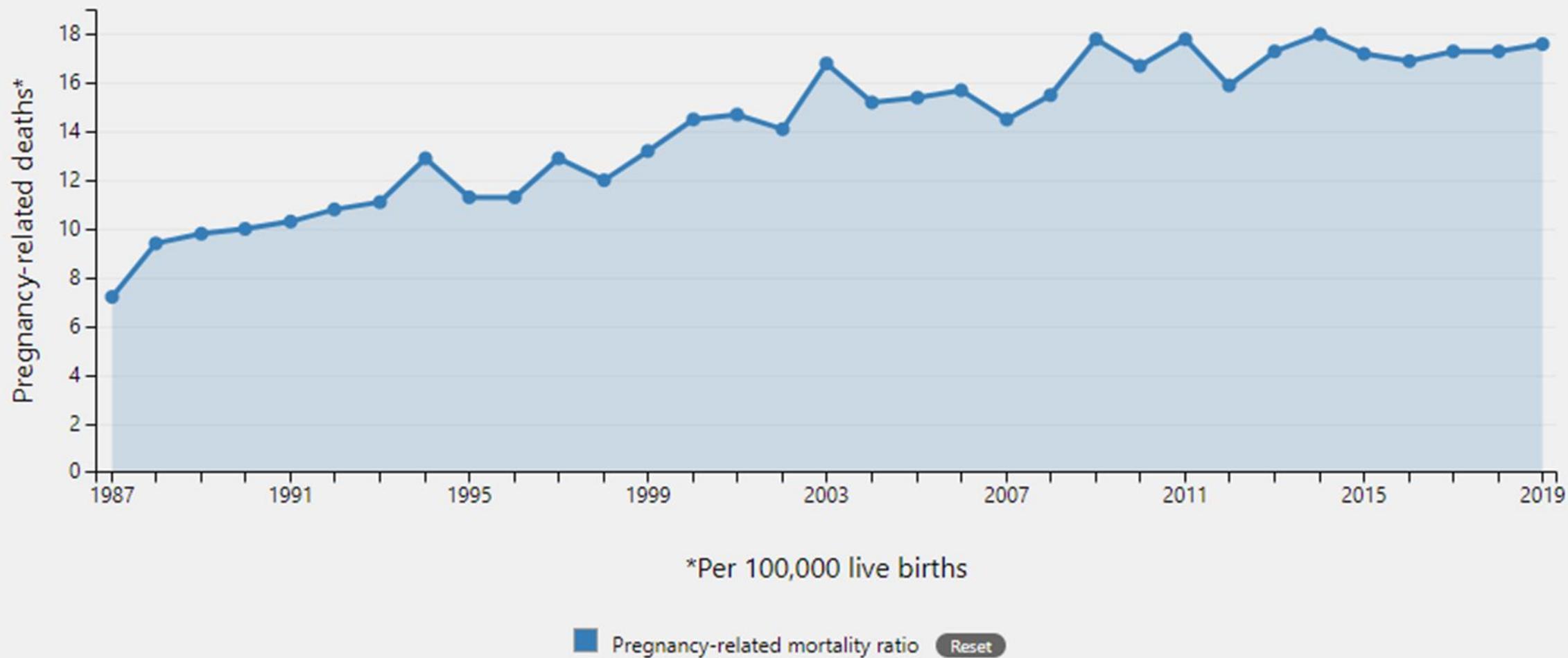
WHAT IS MATERNAL MORTALITY?

Pregnancy-associated death: Death while pregnant or within one year of the end of the pregnancy, irrespective of cause.

Pregnancy-related death: Death during pregnancy or within one year of the end of pregnancy from a pregnancy complication, a chain of events initiated by pregnancy, or the aggravation of an unrelated condition by the physiologic effects of pregnancy. Used in the U.S. only, this CDC measure is typically reported as a ratio per 100,000 births.

Maternal mortality: Death while pregnant or within 42 days of the end of pregnancy, irrespective of the duration and site of the pregnancy, from any cause related to or aggravated by the pregnancy or its management, but not from accidental or incidental causes. Used by the World Health Organization (WHO) in international comparisons, this measure is reported as a ratio per 100,000 births.

Trends in pregnancy-related mortality ratios in the United States: 1987-2019



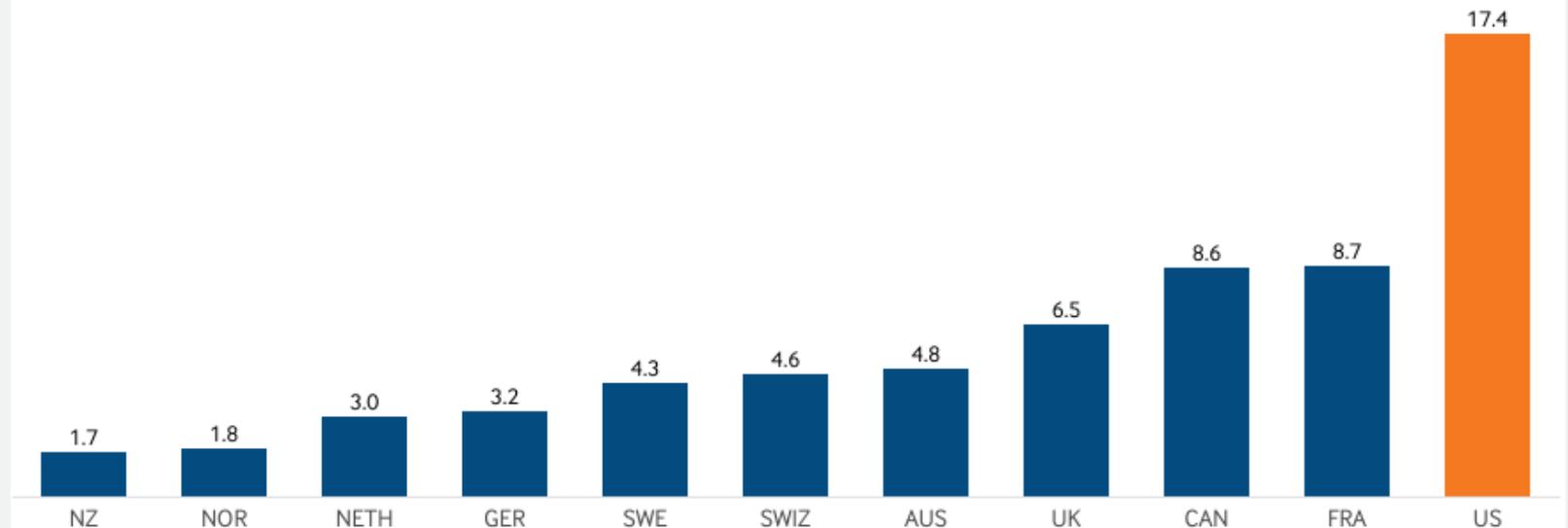
WHERE DO WE STAND?

The U.S. has the highest maternal mortality among developed countries.

Exhibit 1

Maternal Mortality Ratios in Selected Countries, 2018 or Latest Year

Deaths per 100,000 live births



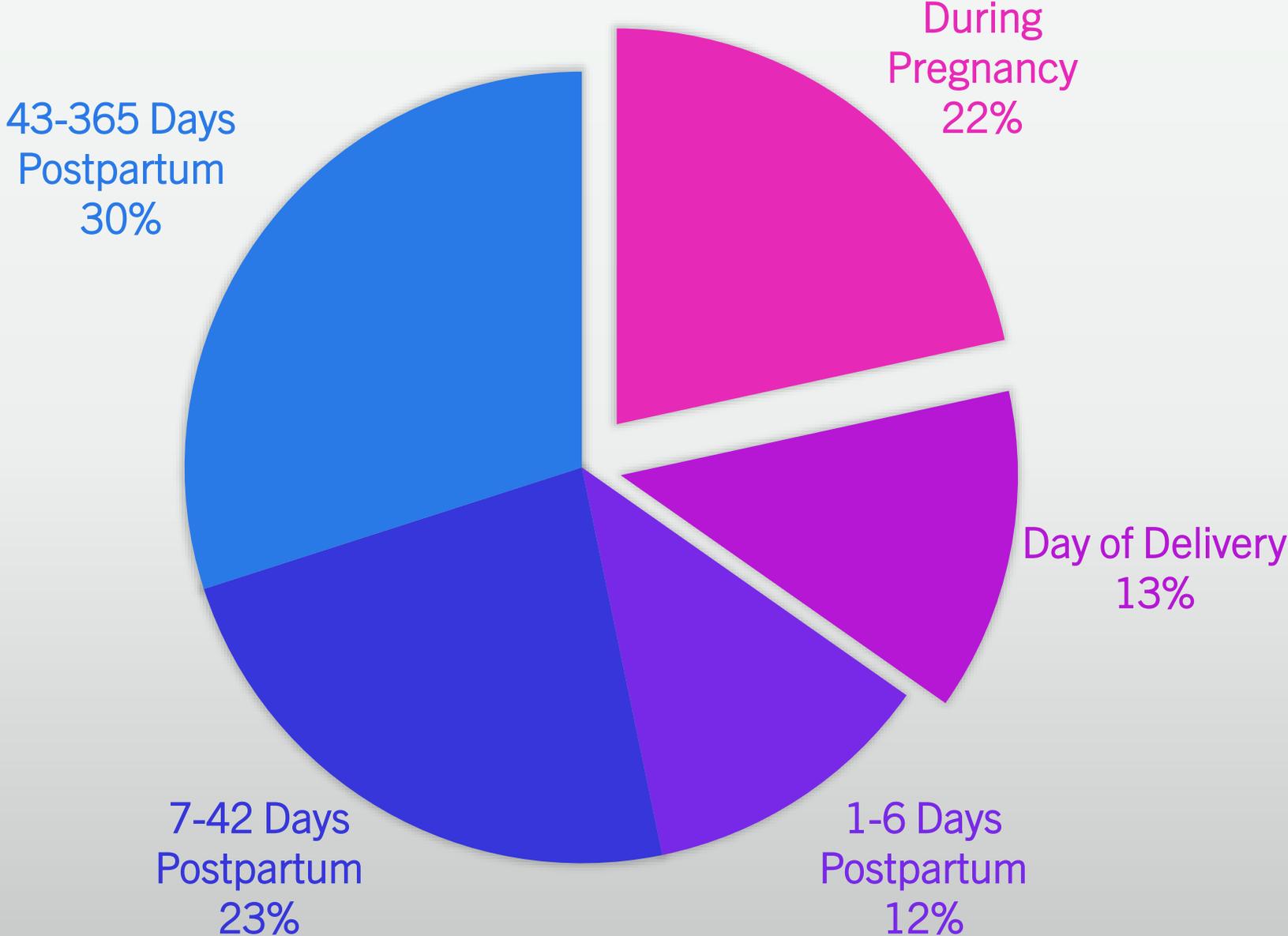
Download data

Notes: The maternal mortality ratio is defined by the World Health Organization as the death of a woman while pregnant or within 42 days of termination of pregnancy, irrespective of the duration and site of the pregnancy, from any cause related to or aggravated by the pregnancy or its management but not from accidental or incidental causes.

Data: OECD Health Data 2020, showing data for 2018 except 2017 for Switzerland and the UK; 2016 for New Zealand; 2012 for France.

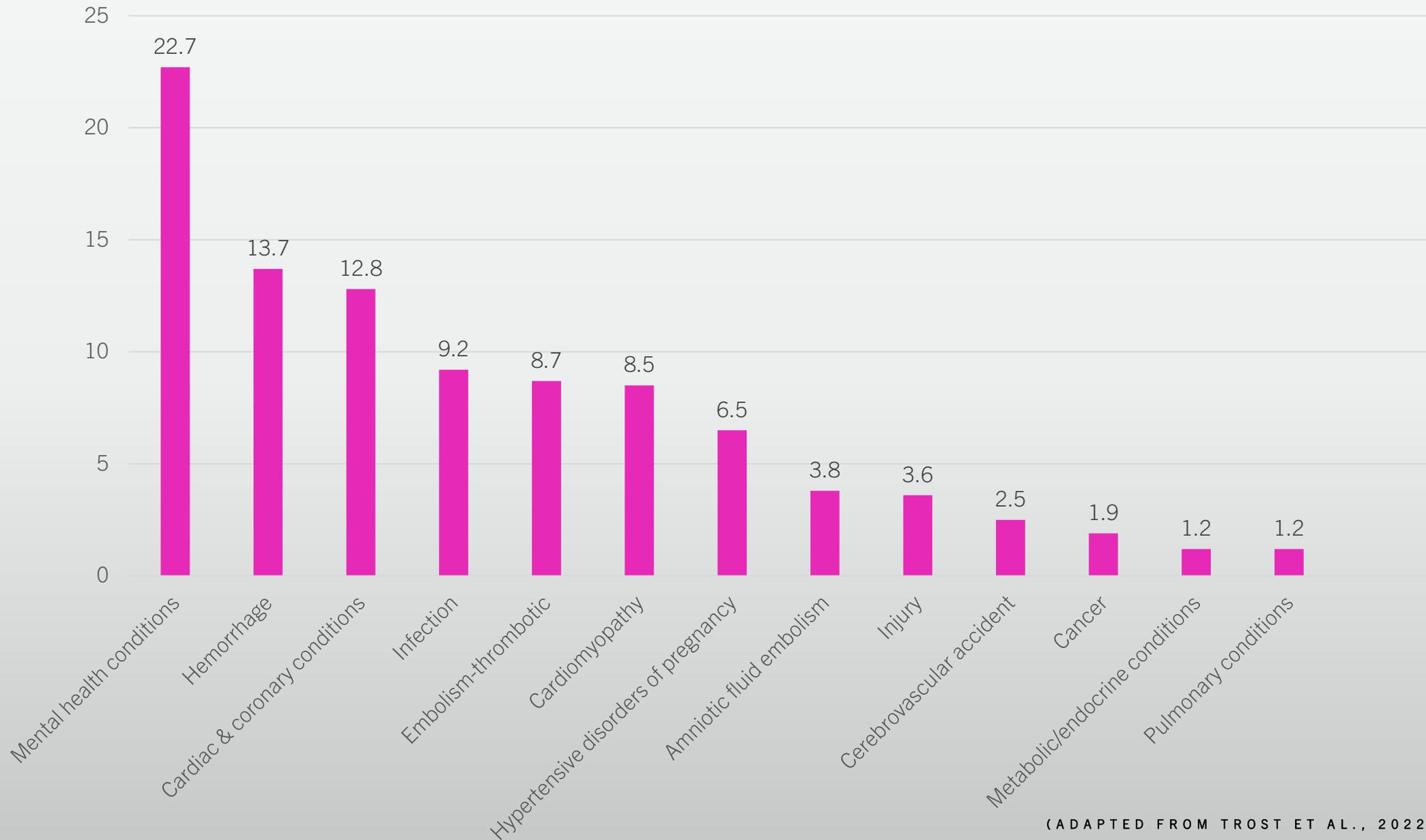
Source: Roosa Tikkanen et al., *Maternal Mortality and Maternity Care in the United States Compared to 10 Other Developed Countries* (Commonwealth Fund, Nov. 2020). <https://doi.org/10.26099/411v-9255>

**TIMING OF
PREGNANCY-
RELATED
DEATH IN
THE U.S.**



(TROST ET AL., 2022)

Underlying causes of pregnancy-related deaths, overall, data from Maternal Mortality Review Committees in 36 US States, 2017-2019

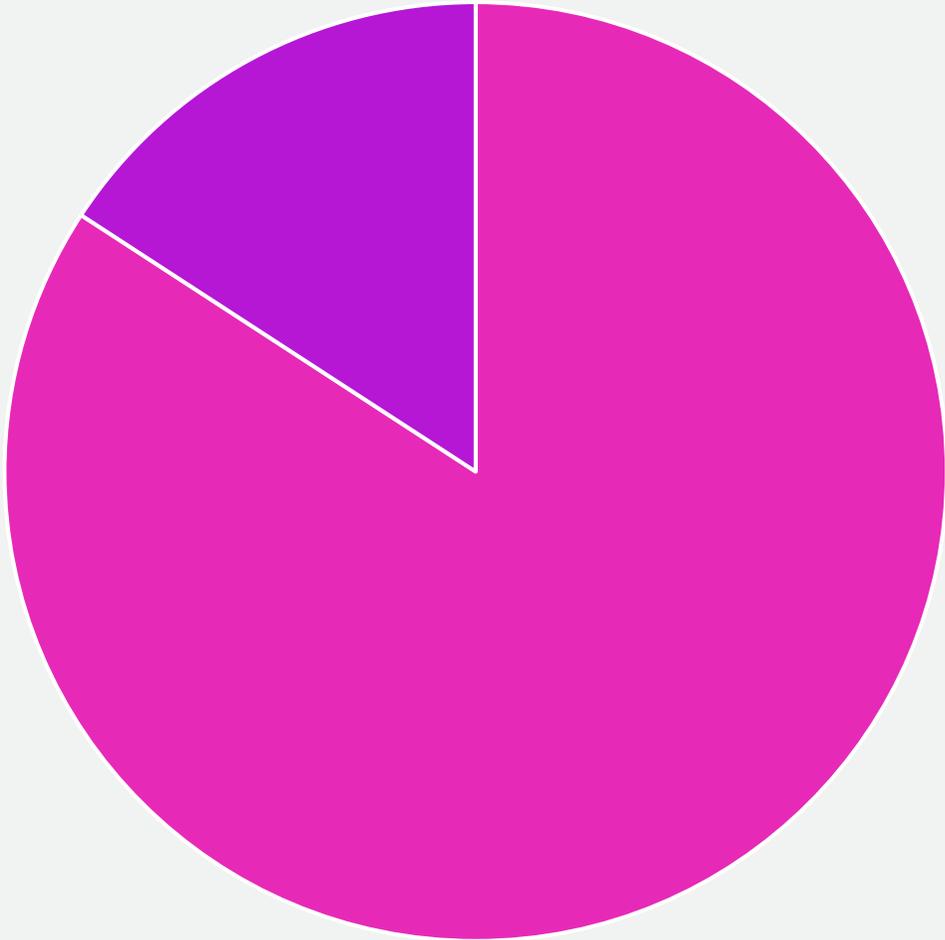


(ADAPTED FROM TROST ET AL., 2022, TABLE 4)

Percentage of pregnancy-related deaths determined by MMRCs to be preventable, data from Maternal Mortality Review Committees in 36 US states, 2017-2019

MATERNAL MORTALITY IS PREVENTABLE

More than 80% of pregnancy-related deaths were preventable



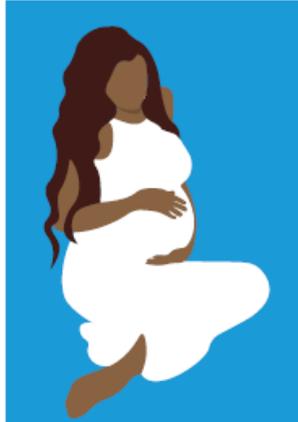
■ Preventable ■ Not Preventable

5 R'S TO ADDRESS MATERNAL MORBIDITY & MORTALITY

- **Readiness** — Every Unit
- **Recognition & Prevention** — Every Patient
- **Response** — Every Event
- **Reporting and Systems Learning** — Every Unit
- **Respectful, Equitable, and Supportive Care** — Every Unit/Provider/Team Member



RESPECTFUL MATERNITY CARE



As a patient, you can engage with your healthcare team in ways that may help address your individual concerns while ensuring that you receive the highest quality of care.

RESPECT

Every Patient
Every Interaction
Every Time

Building a partnership starts with:



AWARENESS

Create a birth plan, share your preferences, trust that you are an expert on yourself and your body, and discuss prior birth experiences



MUTUAL RESPECT

Expect to be treated with dignity and respect during all interactions, write down questions and topics as they arise



SHARED DECISION-MAKING AND INFORMED CONSENT

Ask about available options, take the time to understand all aspects of care, know that your voice matters, and ask for documentation of your plan of care



AUTONOMY

Advocate for your choices and recognize that support people can help advocate for you



DIGNITY

Your privacy will be honored, choose who you want to help support you, and discuss which clinicians are present during your labor and birth



ACCOUNTABILITY

Be empowered, speak up, share, and escalate any concerns

Providing Respectful Maternity Nursing Care

Respectful Maternity Care (RMC) is an approach to care that emphasizes the fundamental rights of women, newborns, and families, promoting equitable access to evidence-based care while recognizing unique needs and preferences.¹

The Core Elements of Respectful Care Are:

AWARENESS

The state of being conscious of potential biases with the intent of using this consciousness as a platform to address these biases to optimize the patient-provider relationship and improve care.²

INFORMED CONSENT

The voluntary decision of the patient regarding care or treatment, after having been given "adequate, accurate, and understandable information" concerning the treatment options and their important benefits and risks.³

MUTUAL RESPECT

The reciprocal process in which two or more individuals or groups honor the other by exhibiting care, concern, or consideration for the other's needs or feelings.^{4,5}

AUTONOMY

The core ethical principle in maternity care; it refers to the right and ability of individuals to make self-governed decisions about their health and health care.⁶

SHARED DECISION MAKING

The communication process in which two or more individuals or groups work together to make optimal health care decisions that align with the goals or values of the patient, taking into consideration the best available evidence to support the decision.^{3,4}

DIGNITY

The ethical assertion that each person has inherent worth and value as a human being; patients must be treated so that they are able to feel, think, and behave in relation to their own worth or value.⁶

ACCOUNTABILITY

The process of acknowledging and taking responsibility for one's actions, including when they are harmful to another.⁷

How to integrate core elements of RMC in routine care practices:

RESPECT

Every Patient
Every Interaction
Every Time

Reflect on past interactions that promote RMC. Were you faced with a situation that you used one or more of these elements of RMC? What would you change about how you responded?

Consider strategies to support shared decision making and informed consent. Which decision aids are available within your practice? Do you have procedures for documenting consent or refusal of consent?

Develop conscious awareness of your own biases. Take various implicit bias assessments. Reflect on how you honor patient's approaches that may be different than your own personal views.

Demonstrate personal and organizational accountability. Incorporate RMC strategies into communication and education. Does your organization collect data on RMC performance measures?

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MATERNAL CARE ONLINE PROGRAMS

2024

We welcome: Nurses and healthcare professionals interested in learning more about improving maternal outcomes, maternal hemorrhage, and hypertension & preeclampsia.

Costs: vary for each event. Please see the course registration pages for details.

Continuing Education: Contact hours awarded vary for each course; please see the course registration page for complete details. Midwest Multistate Division Provider Approval #NE1025-1. Nebraska Methodist College Professional Development is approved with distinction as a provider of nursing continuing professional development by the Midwest Multistate Division, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

To register for the event, please click on or scan the QR code!

Improving Maternal Outcomes

Key Points to Consider:

- Maternal morbidity
- Maternal mortality
- Addressing maternal mortality
- Respectful maternity care



Maternal Hemorrhage

Key Points to Consider:

- Maternal Hemorrhage
- Define obstetric hemorrhage
- Risk factors of obstetric hemorrhage
- Signs and symptoms of obstetric hemorrhage
- Response to obstetric hemorrhage



Maternal Severe Hypertension and Preeclampsia

Key Points to Consider:

- Pathophysiological changes related to hypertensive disorders
- Classifications of hypertensive disease in pregnancy
- Risk factors and signs and symptoms of maternal hypertensive disease
- Appropriate response to maternal hypertensive disease
- Discharge education and warning signs related to maternal hypertensive disease





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