



Learning Center

Location/Date/Time

Live: Nebraska Methodist College, Clark Room 3218, 720 N. 87 Street, Omaha, NE 68114.
Webinar: available on TEAMS (details will be emailed to you after you register)

Tuesday, February 10, 2026
5:00pm-7:00pm

Presented by

Ashley Denker, MSN, RNC-MNN, IBCLC Methodist Women's Hospital

Mary Seger-Barker, MSN, RNC-OB, CIMI, C-EFM, Clinical Nurse Educator, Methodist Women's Hospital Outreach

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Handouts

To access the handouts, please refer to your program registration confirmation email.

From Theory to Practice: Integration of Functional Medicine and Systems Thinking into Nursing and Allied Health Education

Key Points to Consider

Come network with Tau Tau and receive free CE: The purpose of this education is to enhance nurses' understanding of Functional Medicine and systems of thinking and their application in nursing education and practice. Participants will explore core principles of Functional Medicine, distinguish it from traditional disease-centered care, and learn about Nebraska Methodist College's partnership with the Institute for Functional Medicine. The activity will also highlight curricular integration strategies and opportunities to apply Functional Medicine concepts to support holistic, evidence-based patient-centered care.

Agenda (CST)

5:00pm-6:00pm: Check in and meeting

6:00pm-7:00pm: From Theory to Practice: Integration of Functional Medicine and Systems Thinking into Nursing and Allied Health Education (1.0 CH)



NEBRASKA
**METHODIST
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The Josie Harper Campus

From Theory to Practice: Integration of Functional Medicine and Systems Thinking into Nursing and Allied Health Education

Learning Center

Upcoming Programs

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<https://www.methodistcollege.edu/learning-center>



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"NMC Center Professional Development



@nmcprofdevCE



Nebraska Methodist College Learning Center

Program Disclosures

Provider Approval Statements: Nebraska Methodist College Learning Center is approved with distinction as a provider of nursing continuing professional development by the VTL Center for Professional Development, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Successful Completion Requirements: In order to obtain contact hours or continuing education credit for this educational activity, participants are required to complete stated requirements:

- Attendance at the entire activity
- Completion/submission of evaluation form within 7 days of the program
- A link to access your certificate will be automatically generated and emailed to you within 24 hours of completing all requirements. Or, you can go to our website: www.methodistcollege.edu/pd, click "Account Login" on the top right side of the page, log in to your account, and click "Certificates."

Relevant Financial Relationships with an Ineligible Company: No relevant financial relationships were identified for planners or presenters.

All content provided here is for educational and informational purposes only and is not intended as a substitute for individualized professional medical advice, diagnosis, or treatment. Nothing contained herein establishes or shall be used to establish a standard of care.

Joint Providers:

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Nebraska Medical Association (NMA) and the VTL Center for Professional Development (VTL) through the joint providership of Nebraska Methodist College Professional Development and Sigma Tau Tau Chapter. Nebraska Methodist College Professional Development is accredited by the NMA and VTL Center for Professional Development (VTL) to provide continuing medical education for physicians and nurses.