



The STABLE Program

Learning Center

Date/Time/Locations

Thursday May 21, 2026, 8:00am – 5:30pm

- Women's Medical Office Building, Picotte Room, 717 N. 190th St. Plz. Omaha, NE 68022
- Methodist Jennie Edmundson Hospital, Bluffs Room, 933 E. Pierce St., Council Bluffs, IA 51503
- Phleps Memorial Health Center, Lower Level Team Room, 1215 Tibbals St., Holdrege, NE 68949

Tuesday June 23, 2026, 8:00am – 5:30pm

- Greater Regional Health, Executive Conference Room, 1700 W. Townline St. Creston, IA 50801

Thursday, October 22, 2026, 8:00am – 5:30pm

- Women's Medical Office Building, Picotte Room, 717 N. 190th St. Plz. Omaha, NE 68022
- Methodist Jennie Edmundson Hospital, Bluffs Room, 933 E. Pierce St., Council Bluffs, IA 51503
- Boone County Health Center, KHAM Room, 723 W. Fairview St., Albion, NE 68620

Speakers (may vary)

Katherine Mettling, APRN-NP, Methodist Women's Hospital

Pam Jacobsen MSN, RNC-NIC, CBS, CPST, Lactation Consultant & Adjunct Faculty, Methodist Women's Hospital

Kim Tomic, MSN, MA, RNC-NIC, Staff Development Nurse-NICU, Methodist Women's Hospital

Aubrey Malone, MSN, RN, C-EFM, SANE A, Clinical Nurse Educator, Methodist Jennie Edmundson Hospital

Sarah Thomsen, BSN, RN, C-EFM, Team Leader, Methodist Jennie Edmundson Hospital

Cynthia Japp, RN, MS, APRN-CNS, NICU Outreach Coordinator, Methodist Women's Hospital

Key Points to Consider

The S.T.A.B.L.E program will focus on the post-resuscitation /pre-transport stabilization care of sick infants. S.T.A.B.L.E. stands for the six assessments and care modules in the program:

- Sugar
- Temperature
- Airway
- Blood Pressure
- Lab Work
- Emotional Support

Agenda

7:45am-8:00am: Registration

8:00am-8:15am: Welcome/Overview

8:15am-10:00am: Sugar Module: Kay Mettling (1.75 CH)

10:00am-10:15am: Break

10:15am-11:15am: Temperature Module: Pam Jacobsen (1.0 CH)

11:15am-12:15pm: Airway Module Part 1: Kim Tomic (1.0 CH)

12:15pm-1:00pm: Lunch (on your own)

1:00pm-2:30pm: Airway Module Part 2: Kim Tomic (1.5 CH)

2:30pm-3:30pm: Blood Pressure Module: Aubrey Malone (1.0 CH)

3:30pm-3:45pm: Break

3:45pm-4:45pm: Lab Work Module: Aubrey Malone (1.0 CH)

4:45pm-5:15pm: Emotional Support Module: Sarah Thomsen (0.5 CH)

5:15pm-5:30pm: Course Wrap Up, Q&A, Evaluation: Pam Jacobsen (0.25 CH)



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Program Disclosures

Provider Approval Statements: Nebraska Methodist College Learning Center is approved with distinction as a provider of nursing continuing professional development by the VTL Center for Professional Development, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Successful Completion Requirements: In order to obtain contact hours or continuing education credit for this educational activity, participants are required to complete stated requirements:

- Attendance at the entire activity
- Completion/submission of evaluation form within 7 days of the program
- A link to access your certificate will be automatically generated and emailed to you within 24 hours of completing all requirements. Or, you can go to our website: www.methodistcollege.edu/pd, click "Account Login" on the top right side of the page, log in to your account, and click "Certificates."

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