

### Learning Center

#### Details

Wednesday, July 29, 2026, 8:00am – 4:10 pm, Methodist Estabrook Cancer Center, 8303 Dodge St, Omaha, NE 68114  
The purpose of this event is to explore cutting-edge research alongside esteemed professionals and graduate-level scholars. Research Day showcases an array of presentations, from illuminating best practices in healthcare to compelling posters highlighting evidence-based projects. With an extensive spectrum of research topics spanning surgery, pediatrics, bedside care, and cultural insights, there's boundless knowledge to discover. Whether you're a seasoned healthcare provider, faculty member, or an aspiring student, there's an enriching experience awaiting you.

#### Agenda/Speakers/Contact Hours

7:55am-8:00am: Announcements

8:00am-8:15am:

- Centering Our Day: Jane Bies, BSN, RN, CHHC, CHTP/I, Nurse, Nebraska Methodist Hospital
- Welcome Message: Deb Carlson, Ph.D., President & CEO, Nebraska Methodist College and Josie Abboud, FACHE, President & CEO, Methodist Health System

8:15am-9:15am: General Session One: Building Unbreakable Resilience: Maximizing Your Impact Without Losing Yourself, Jane Nady, M.Ed., MCPC, Resilience and Human Behavior Expert (1.0 CH)

9:15am-10:15am: Session One (1.0 CH), 20-minute podium presentation each:

- Promoting Self-Efficacy in Physical Therapy Students by Providing Burnout Prevention Education, Adam Popowitz, PT, DPT, GCS, Stockton University. Co-author: Kari Wade, EdD, MSN, RN, CNE
- LIV and Learn: Transforming Environmental Cleaning Practices Through Education, Angela Oparaiwu-Ukekweh, RN, BSN, MPH, CIC, UnityPoint Health Iowa Methodist Medical Center. Co-author: Jillian Krumbach, DNP, RN, NE-BC, Mental Health, Wellness, and Resilience
- Improving Perceived Readiness of Nursing Students to Address Substance Use Disorders in Themselves and Peers, Cynthia Blankenau, MSN, RN, Southeast Community College. Co-author: Kari Wade, EdD, MSN, RN, CNE

10:15am-10:25am: Break

10:25am-12:05pm: Session Two (1.75 CH), 20-minute podium presentation each:

- Sno More HAPIs, Christopher Vejnovich, BSN, RN, CCRN, Methodist Hospital. Co-authors: Lauren Brandquist, BSN, RN, and Madison Hall, BSN, RN
- Lost in Translation: The Impact of Colloquial Spanish on AI-Mediated Triage in the Emergency Department, Bryce Kennedy, MSN, RN, SCRNP, Nebraska Methodist College. Co-author: Any Chavez-Petit, BSN RN
- Assessing Critical Thinking Through a Transition to Practice Program, Pam Stout, DNP, RN, CENP, SCRNP, ASC-BC, CLSSGB, Methodist Fremont Health.
- Cultivating Community for First-Time Freshmen: Examining the Impact of a Learning Community on Belonging and Retention, Allison Kinney-Walker, EdD, Nebraska Methodist College. Co-author: Will Roberts, EdD
- Strengthening Pediatric Trauma Readiness in Rural Critical Access Hospitals: A Simulation-Based Educational Intervention, Brittany Schlueter, MSN, RN, Nebraska Methodist College. Co-author: Alice Kindschuh, DNP, RN, GCNS-BC

12:05pm-12:50pm: Grab & Go Lunch (provided)

12:50pm-1:35pm: General Session Two: Heal. Care. Build. Understanding Different Paths for Holistic Wellbeing: Rev. Melissa Strong, Service Leader, Spiritual Care and Resilience, NMHS (0.75 CH)

1:35pm-2:55pm: Session Three (1.25 CH), 20-minute podium presentation each:

- Improving Gut Health, Hydration, and Constipation Prevention in Elderly Long-term Care Residents, Mendi Mbuan, DNP, Superior Healthcare. Co-author: Devon Wilhelm-McMullen, DNP, FNP-C
- Hook, Line, & Sink: Reeling in Discharge Education for Patients, Families, & Nurses, Timothy Hoarty, MSN, RN, CCRN-CSC, Methodist Health System. Co-authors: Jacee Roseberry, MSN, RN, and Ellie Rubinfeld, MSN, RN, CCRN
- Shattering Silos: A Collaborative Approach to Heart Failure Readmissions, Igor Volk, DNP, MA, RN, Methodist Jennie Edmundson. Co-authors: Colleen Murphy-Hertz, RN, Morgan Keysor, MSN, RN, Traci Diamond, RN, and Kathy Sindelar, BSN, RN
- An Effective Workplace Violence Prevention Program in an Acute Care Hospital, Christina Vejnovich, DNP, APRN-CNS, AGCNS-BC, CADDCT, CDP, PCCN-K, Methodist Hospital. Co-authors: Lyndsi Hall, DNP, RN, Shelley Hultman, DNP, APRN-CNS, AGCNS-BC, SANE-A, CEN

2:55pm-3:55pm: General Session Three: Lifestyle, the BEST Medicine: Jeannie Hannan, PHD, DipACLS, NBC-HWC, ACSM-HFD, Adjunct Associate Professor, Nebraska Methodist College (1.0 CH)

3:55pm-4:10pm: Closing (0.25 CH)

## Learning Center

## 22nd Annual Methodist Research Day

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Nebraska Methodist College Learning Center  
720 N. 87th Street  
Omaha, NE 68114  
[LC@methodistcollege.edu](mailto:LC@methodistcollege.edu)  
<https://www.methodistcollege.edu/learning-center>



"NMC Professional Development"

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### Program Disclosures

**Provider Approval Statements:** Nebraska Methodist College Professional Development is approved with distinction as a provider of nursing continuing professional development by the Midwest Multistate Division, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

**Physicians:** The Nebraska Methodist College Learning Center is accredited by the Nebraska Medical Association to provide continuing medical education for physicians. The Nebraska Methodist College Learning Center designates this live activity for a maximum of 6.0 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Successful Completion Requirements:** In order to obtain contact hours or continuing education credit for this educational activity, participants are required to complete stated requirements:

- Attendance at the entire activity
- Completion/submission of evaluation form within 7 days of the program
- A link to access your certificate will be automatically generated and emailed to you within 24 hours of completing all requirements. Or, you can go to our website: [www.methodistcollege.edu/pd](http://www.methodistcollege.edu/pd), click "Account Login" on the top right side of the page, log in to your account, and click "Certificates."

**Relevant Financial Relationships with an Ineligible Company**

No relevant financial relationships were identified for planners or presenters.

Thank you to our sponsors: McLaughlin Academic Excellence Fund, Jennie Edmundson Hospital Foundation - Jane Justice Educational Scholarship Fund, Methodist Fremont Health Nursing Administration, Methodist Hospital, and Sigma Tau Tau Chapter