

#### Details

Thursday, November 7, 2024, 3:30pm-7:15pm CST and Friday, November 8, 2024, 8:00am-4:30pm CST Embassy Suites by Hilton Omaha Downtown Old Market, 555 South 10th Street, Omaha, NE 68102

The purpose of this conference is to bring together nurses and healthcare professionals from across the region to discuss current evidence-based practices that enhance clinical and professional practices related to the care of older adults. Key Points:

- -Core principles and components of the Age-Friendly Health Systems initiative, including the 4Ms framework (What Matters, Medication, Mentation, Mobility)
- -Impact of the NICHE practice model and preparing the nursing and interdisciplinary workforce for age-friendly care
- -Identify and align care with each older adult's specific health outcome goals and care preferences

#### Thursday Agenda

Time (CST)	Title/Speaker/Employer/Contact hours	Room
3:30pm	Welcome & Announcements: Ginger Gifford, MSN, RN, SCRN, Nebraska Methodist Hospital, Service Leader and Karen Mack, DNP, MBA, APRN, CCNS, ACNP-BC, New York University, Rory Meyers College of Nursing, Executive Director	Missouri/Big Blue
3:45pm-4:45pm	Opening Session (1.0 CH): An Acute Care Age-Friendly Journey: Chris Vejnovich, DNP, APRN-CNS, AGCNS-BC, CDP, CADDCT, PCCN-K, Nebraska Methodist Hospital, Clinical Nurse Specialist Age Friendly Health Care in Nebraska Medicine Primary Care Medical Homes: Jane Potter, MD, University of Nebraska Medical Center, Geriatric Medicine Professor	Missouri/Big Blue
4:45pm-5:15pm	Break/Networking/Snacks	Courtyard
5:15pm-6:15pm	Concurrent Sessions: (1.0 CH)	
	"Rapid Fire" Poster Sessions  1. Early Mobility, Fall Rates, and Length of Stay in Hospitalized Geriatric Patients: Liza Carpenter, RN, BSN, CMSRN, Texas Health Resources Arlington Memorial Hospital, Charge Nurse and Kwinia Marion Mitchell, BSN, RN, CMSRN, Texas Health Arlington Memorial, Registered Nurse  2. Velcro® Magic: A Gero-Psych Unit's Approach to Decreasing Falls: Stephen Graham, BSN, Cleveland Clinic, Registered Nurse and Rey Solde, BSN, Cleveland Clinic - Marymount Hospital, Gero Psych Nurse  3. Nurses Improving Care for Healthsystem Elders (NICHE): Fall Reduction in the Geriatric Hospitalized Patient: Woodlyne Pierre-Lallemand, MSN, RN, MEDSURG-BC, GERO-BC, NPD-BC, CNL, PMGT-BC, NYU Langone Health, NPDS, and Waitline Williams, PhD, MPA, FNP,RN, NPD-BC, NYU Langone, Long Island, Nursing Professional Dev Specialist  4. Decreasing Falls by Engaging Patients in Diversional Activities: Laura Staraitis, RN, MSN, GERO-BC, Cleveland Clinic Lutheran Hospital, Nurse Manager and Tammy Leon, MSN, RN, NPD-BC, PMH-BC, Cleveland Clinic	Missouri/Big Blue
	<ul> <li>"Rapid Fire" Poster Session</li> <li>1. Impact of Multicomponent Interventions in Decreasing Falls in the Geriatric Population Within an Acute Care Setting: Hilary Albert, BSN, CMSRN, Cedars Sinai Medical Center</li> <li>2. Intensive Care Unit (ICU) Orientation Packet - Adapted for the Geriatric Population: Trishtine Tran, Kaiser Permanente San Jose Medical Center, Summer Nursing Work Study Intern</li> <li>3. Implementing the 4M's Age Friendly framework on an adult Medical Oncology Unit to enhance quality, patient experience, and optimize care planning for the older: Judy Badia, DNP, MSN, RNC, CPXP, CPPS, White Plains Hospital, Clinical Nurse Scientist</li> <li>4. Improving Healthcare Worker's Perspectives of Older Adults Using Geriatric Education: Ashley Cunningham, MSN-Ed, CMSRN, RN, Stony Brook Medicine, Nurse Specialist, Danielle Cassano, MSN, Stony Brook Medicine, Nurse Manager, and Nirmal Sharma, MSN, CMSRN, Stony Brook Medicine, Educator</li> </ul>	Council Bluffs
6:15pm-7:15pm	Dinner and Networking	Elkhorn/Platte



Eriday Adonda

Time (CST)	Title/Speaker/Employer/Contact hours	Room
7:00am-8:00am	Breakfast	Courtyard
3:00am-8:15am	Welcome and Announcements: Karen Mack, DNP, MBA, APRN, CCNS, ACNP-BC, New York University, Rory Meyers College of Nursing, Executive Director and Teri Bruening, MSN, RN-BC, CNE, Nebraska Methodist Hospital, Vice President and CNO, Patient Care Services	Missouri/Big Blue
3:15am-9:30am	Keynote: Delirium in Age-Friendly Care: Implementing Rapid Delirium Screening & 4Ms Interventions at the Bedside: Donna Fick, PhD, RN, GCNS-BC, AGSF, FGSA, FAAN, Penn State College of Nursing, Professor (1.25 CH)	Missouri/Big Blue
2:30am-10:15am	General Session: Awake and Walking ICUs: Mastering the ABCDEF Bundle in the Geriatric Population: Kali Dayton, DNP, RN, AGACNP, Dayton ICU Consulting, CEO (0.75 CH)	Missouri/Big Blue
0:15am- 0:45am	Break/Vendors	Courtyard
10:45am- 11:30am	Concurrent Sessions (0.75 CH)	
	Concurrent Session 1: Navigating the Medication Maze for Older Adults: A Nurse's Guide: Marcia Shade, PhD, BS, RN University of Nebraska Medical Center, Assistant Professor	Missouri/Big Blue
	Concurrent Session 2: The Impact of Alzheimer's & Dementia in Our Communities: Sadie Hinkel, MA, Alzheimer's Association - Nebraska Chapter, Program Director	Council Bluffs
1:35am-12:35pm	Lunch & Sponsor Recognition	Elkhorn/Platte
2:35pm-1:35pm	Concurrent Poster Sessions (1.0 CH)	
	<ol> <li>"Rapid Fire" Poster Session</li> <li>Incorporating CAM Assessment in Nursing IPASS Handoff to Improve Sensitivity of Delirium Recognition in Geriatric Surgery Patients: Gabriela Giovannetti, RN, Jersey Shore University Medical Center, Geriatric Surgery Program Coordinator</li> <li>Implementation of a Mobility Program for Fall Prevention In Patients with a Cognitive Impairment: Jordyn Stangl, BSN, RN, GERO-BC, Nebraska Methodist Hospital, Registered Nurse</li> <li>The Impact of Applying the Fundamentals of Care to the Older Adult Population: Hazen Yu, MBA, BSN, RN, CentraState Medical Center, Nurse Manager and Iryna Shpott, MSN, BSN, RN, CentraState Medical Center, Clinical Leader</li> <li>Responding To Patient Needs: Meet Me in the Middle/2-Hour Walk in Your Rounding Shoes: Laura Ditzel, BSN, RN, Northwell Syosset Hospital, Nurse and Rupal Christian, RN, Northwell Health, Nurse</li> <li>Enhancing Elderly Safety: Falls Prevention Strategies in a NICHE Unit: Blelisha Lising, MSN RN NEA-BC, Kaiser Permanente, Director Nursing Services, Nicholas Nguyen, PCCN BSN RN, Kaiser Permanente, Staff Nurse, Haddyn Rodriguez, BSN,RN, Kaiser Permanente, Charge Nurse, and Marithel Arambulo, MSN, BSN, RNC-OB, PHN, Kaiser Permanente, Assistant Nurse Manager</li> </ol>	Missouri/Big Blue
	<ul> <li>"Rapid Fire" Poster Session</li> <li>1. The Journey Toward Senior Friendly Status: How to use NICHE and 4 M's Care Models to Improve Hospital Elder Care: Shelley Hart, MSN, RN, AC-CNS, OCN, Froedtert Health, Clinical Nurse Specialist</li> <li>2. Navigating Social Determinants of Health: How to as a Nurse Leader: Rebecca Jizba, MSN, MBA, RN, NE-BC, Nebraska Methodist Hospital, Service Executive</li> <li>3. 'Picture This' - Understandable Explanations for Patients through Visual Aided Education: Caton Raffensperger, MHA, MedStar Franklin Square Medical Center, Patient Experience Specialist and Nadine Henry-Thomas, DNP, MSN-Ed, CMSRN, PCCN, MedStar Franklin Square Medical Center, Director of Nursing</li> <li>4. Skin Matters - How our Skin Prevention Program Withstood the Time Challenge: Rodica Sandor-Scoma, MHSA, BSN, RN, Inova Mount Vernon Hospital, Administrative Director and Glenda Joseph, MSN, FNP, GERO-BC, NE-BC, Inova Mount Vernon, Senior Director of Nursing Services</li> <li>5. Improving Patient Outcomes When Elder Patients and Caregivers Are Asked 'What Matters Most?': Danielle Weller-Roche, DNP, MSN-ED, RN, CCM, Prince Georges Community College, Associate Professor, Nursing</li> </ul>	Council Bluffs



#### Friday Agenda (continued)

1:40pm-2:25pm	Concurrent Sessions (0.75 CH)	
	Podium Presentations  1. The Transitions of Care Story from a Community Perspective: Becky Davis, Creighton University, DNP MSN RN, Assistant Professor  2. Implementation of an ADL assessment tool on an ACE unit: Jordyn Kreifels, BSN, RN, GERO-BC, Nebraska Methodist Hospital, Nurse  3. An Interprofessional Person-Centered Approach to Guide a Delirium Prevention Bundle Aligned with the NICHE Model and Age-Friendly Health Systems Fundamentals at an Academic Health System: Marilyn Lopez, DNP, RN, GNP-BC, NYU Langone Health, Nursing Geriatrics Program Director	Missouri/Big Blue
	Podium Presentations  1. Implementing a Sensory Enhancement Project Across a Health System: Jennifer Bierbaum, DNP, APRN-CNS, AGCNS-BC, CENP, GERO-BC, MedStar Health, Director of Nursing Practice & Innovation and Nadine Henry-Thomas MedStar Franklin Square Medical Center, Director of Nursing  2. The Impact of Age Friendly Unit in Achieving Patient and Financial Outcomes: Elena Memoracion, DNP, RN, NEA-BC, FACHE, CPHQ, North Shore University Hospital, Senior Director and Debra Recchia, RN, BSN, NE-BC, GRN, Northwell Health, Nurse Manager  3. A Geriatric Resource Nurse Practice Council: Co-Chair Dyads Leads NICHE and Age-Friendly Concepts in an Urban Academic Medical Center: Hope Castellani, BSN, RN, CCRN-BC, NYU Langone, Senior Staff Nurse and Iman Dolah, BSN, RN, NYU Langone Health, Senior Staff Nurse	Council Bluffs
2:25pm-2:45pm	Snack Break/Vendors	Courtyard
2:45pm-3:30pm	General Session: Nursing Communication: What Matters Most: Theresa Jizba, DNP, AGACNP-BC, ACHPN, Creighton University, Assistant Professor, and Mandy Kirkpatrick, PhD, RN, FAAN, FNAP, Creighton University College of Nursing, Associate Dean for Research (0.75 CH)	Missouri/Big Blue
3:30pm-4:15pm	General Session: NICHE and the 4Ms: Preparing and Empowering the Geriatric Nursing Workforce for Age- Friendly Excellence: Karen Mack, DNP, MBA, APRN, CCNS, ACNP-BC, New York University, Rory Meyers College of Nursing, Executive Director (0.75 CH)	Missouri/Big Blue
4:15pm-4:30pm	Closing Remarks (0.25 CH)	Missouri/Big Blue

### Program Handouts and Presenter Bios

To access the handouts:

- follow this link: <a href="https://www.methodistcollege.edu/niche-handouts">https://www.methodistcollege.edu/niche-handouts</a>, or
- scan this QR code





#### Connect with Us

Subscribe to our emails and newsletters for more information about online & upcoming live continuing education opportunities from Nebraska Methodist College at http://blog.methodistcollege.edu/pd-subscribe, or scan:



Nebraska Methodist College Professional Development 720 N. 87th Street
Omaha, NE 68114
pd@methodistcollege.edu
http://web.methodistcollege.edu/professional-development
"NMC Center for Professional and Continuing Education"



@nmcprofdev



Nebraska Methodist College Professional Development

#### Program Disclosures

Provider Approval Statements: Nebraska Methodist College Professional Development is approved with distinction as a provider of nursing continuing professional development by the Midwest Multistate Division, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Physicians: The Nebraska Methodist College Professional Development is accredited by the Nebraska Medical Association to provide continuing medical education for physicians.

Physicians: The Neoraska Methodist College Professional Development is accredited by the Neoraska Medical Association to provide continuing medical education for physicians.

The Nebraska Methodist College Professional Development designates this live activity for a maximum of 8.25 AMA PRA Category 1 Credit(s)TM. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Successful Completion Requirements: In order to obtain contact hours or continuing education credit for this educational activity participants are required to complete stated requirements:

- Attendance at the entire activity
- Completion/submission of evaluation form within 7 days of the program
- A link to access your certificate will be automatically generated and emailed to you within 24 hours of completing all requirements. Or, you can go to our website: www.methodistcollege.edu/pd, click "Account Login" on the top right side of the page, log in to your account, and click "Certificates."

Financial Relationships with an Ineligible Company:

Name: Kali Dayton, Name of Ineligible Company: Vitalgo, Vidatalk, Kreg, Stryker, Securisyn, Arjo, Nature of Relationship with Ineligible Company: Consultant
Name: Judy Badia, Name of Ineligible Company: HANYS (The Healthcare Association of New York), Nature of Relationship with Ineligible Company: Grant Funding for Research
All of the relevant financial relationships listed have been mitigated. There are no other relevant financial relationships to disclose for planners or presenters.

The following companies generously donated funds to support the conference. No one had input into or influence over the content or choice of presenters. Baxter

Smith & Nephew

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Nebraska Medical Association (NMA) and the Midwest Multistate Division (MSD) through the joint providership of Nebraska Methodist College Professional Development, Nebraska Methodist Hospital, and NICHE. Nebraska Methodist College Professional Development is accredited by the NMA and Midwest MSD to provide continuing education for physicians and nurses.







All content provided here is for educational and informational purposes only and is not intended as a substitute for individualized professional medical advice, diagnosis, or treatment. Nothing contained herein establishes or shall be used to establish a standard of care.