



## Learning Center

### Location/Date/Time

Methodist Women's Medical  
Office Building (MOB), 2nd Floor,  
Abbott Room, 717 North 190th  
Plaza, Omaha, NE 68022  
Thursday, February 5, 2026  
8:30am – 4:45pm

### Presented by

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### Handouts

To access the handouts, please  
refer to your registration  
confirmation email.

# Maternal Core Curriculum Fellowship

### Course Description

The purpose of this course is to provide a forum that  
increases knowledge related to the nursing care of  
postpartum mothers.

#### Key Points:

- Normal and abnormal postpartum assessment findings
- Critical postpartum warning signs
- Perinatal mood and anxiety disorders
- Interventions for postpartum hemorrhage
- Signs and symptoms of hypertensive disorders in the OB patient

### Agenda

8:15am: Registration

8:30am–8:45am: Welcome and Introductions

8:45am–10:00am: Postpartum Physiology and Assessment  
Part 1 (1.25 CH)

10:00am–10:15am: Break

10:15am–11:30am: Postpartum Physiology and Assessment  
Part 2 (1.25 CH)

11:30am–12:15pm: Lunch (on your own)

12:15pm–1:00pm: Perinatal Mental Health (0.75 CH)

1:00pm–2:00pm: Postpartum Hemorrhage (1.0 CH)

2:00pm–2:15pm: Break

2:15pm–3:15pm: Breakout Stations (1.0 CH)

3:15pm–3:30pm: Rotate/Reset Stations

3:30pm–4:30pm: Breakout Stations (1.0 CH)

4:30pm–4:45pm: Course Wrap Up and Q & A (0.25 CH)



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## Learning Center

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### Program Disclosures

**Provider Approval Statements:** Nebraska Methodist College Learning Center is approved with distinction as a provider of nursing continuing professional development by the VTL Center for Professional Development, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

**Successful Completion Requirements:** In order to obtain contact hours or continuing education credit for this educational activity, participants are required to complete stated requirements:

- Attendance at the entire activity
- Completion/submission of evaluation form within 7 days of the program
- A link to access your certificate will be automatically generated and emailed to you within 24 hours of completing all requirements. Or, you can go to our website: [www.methodistcollege.edu/pd](http://www.methodistcollege.edu/pd), click "Account Login" on the top right side of the page, log in to your account, and click "Certificates."

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