



NEBRASKA  
**METHODIST  
COLLEGE**  
The Josie Harper Campus

## Learning Center

# Labor and Delivery Core Curriculum Fellowship

### Location/Dates/Time

Methodist Women's Medical Office Building (MOB), 2nd Floor, Bernard Room, 717 North 190th Plaza, Omaha, NE 68022  
Thursday, June 25, 2026 or  
October 1, 2026  
8:30am – 4:45pm

### Key Points

- Physiological adaptations in pregnancy
- Assessment of the patient during stages of labor
- Nursing care during complications in labor and delivery
- Perinatal mood and anxiety disorders
- Signs and symptoms of hypertensive disorders in the OB patient
- Interventions for postpartum hemorrhage

### Presented by

Mary Seger-Barker, MSN, RNC-OB, CIMI, C-EFM, Clinical Nurse Educator, Methodist Women's Hospital Outreach

Kayla Brickell MSN, C-EFM, RNC-OB, RNC-IAP, C-OBE, Clinical Nurse Educator, Methodist Women's Hospital Outreach

Ashley Denker, MSN, RNC-MNN, IBCLC, Clinical Nurse Educator, Methodist Hospital Outreach

### Agenda (CST)/Contact hours

8:15am-8:30 am: Check-in

8:30am-9:00am: Welcome and Introduction (0.5 CH)

9:00am-10:00am: Physiological Adaptations in Pregnancy (1.0 CH)

10:00am-10:10am: Break

10:10am-11:30am: Assessment of the OB Patient & Stages and Phases of Labor (1.3 CH)

11:30am-12:15pm: Lunch (on your own)

12:15pm-1:00pm Perinatal Mental Health (0.75 CH)

1:00pm-2:00pm: Postpartum Hemorrhage (1.0 CH)

2:00pm-2:15pm: Break

2:15pm-3:15pm: Stations: Hypertensive Disorders & Cardiovascular Disease in Pregnancy or Postpartum Hemorrhage Simulation (1.0 CH)

3:15pm-3:30pm: Rotate/Reset Stations

3:30pm-4:30pm: Stations: Hypertensive Disorders & Cardiovascular Disease in Pregnancy or Postpartum Hemorrhage Simulation (1.0 CH)

4:30pm-4:45pm: Course Wrap Up and Q & A (0.25)

### Handouts

To access the handouts, please use the handout link in your registration confirmation and reminder emails, or open the course from your dashboard.



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## Learning Center

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### Program Disclosures

**Provider Approval Statements:** Nebraska Methodist College Learning Center is approved with distinction as a provider of nursing continuing professional development by the VTL Center for Professional Development, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

**Successful Completion Requirements:** In order to obtain contact hours or continuing education credit for this educational activity, participants are required to complete stated requirements:

- Attendance at the entire activity
- Completion/submission of evaluation form within 7 days of the program
- A link to access your certificate will be automatically generated and emailed to you within 24 hours of completing all requirements. Or, you can go to our website: [www.methodistcollege.edu/pd](http://www.methodistcollege.edu/pd), click "Account Login" on the top right side of the page, log in to your account, and click "Certificates."

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