



NEBRASKA
**METHODIST
COLLEGE**
The Josie Harper Campus

Learning Center

Location/Date/Time

Immanuel Learning Center, 2nd Floor at the Link/Home Office in the Learning Center/Chapel, 1044 North 115th Street, Omaha, NE 68154

Tuesday May 12, 2026

1:00pm – 4:00pm

Presented by

Jean Hartnett, MHSA, NHA, CDP, YTT, C.N.A., Founder of Radicial Sabbatical

Beth Nodes CSW, Director of Experience, Immanuel Communities

Cassi Norton BSN, RN, CWOCN, Clinical Nurse Specialist, Immanuel Communities

Handouts

To access the handouts, please refer to your registration confirmation email.

From Awareness to Integration: A Trauma-Informed Care Training Strategy

Course Description

This topic will help with healthcare professionals' understanding of trauma in both older adults and the workforce. Part I focuses on recognizing trauma in aging populations while Part II shifts to the workforce, highlighting key findings from the Trauma and Resilience Study, exploring the Four Realms of ACEs, and emphasizing trauma-informed approaches.

Key Points:

- Recognize long-term effects of difficult early life experiences
- Stress Related Coping Across a Lifespan
- Practice Improved Behavioral Responses

Agenda (CST)/Speaker/Contact Hours

12:30pm-1:00pm: Registration

1:00pm-1:05pm: Devotion: Pastor Brian

1:05pm-1:15pm: Welcome and Setting the Stage: Beth Nodes

1:15pm-2:00pm: Part 1: Understanding Trauma in Older Adults: Jean Hartnett (0.75 CH)

2:00pm-2:10pm: Break

2:10pm-3:00pm: Part 2: The Workforce Under Pressure: Jean Hartnett (0.83 CH)

3:00pm-3:10pm: Break

3:10pm-3:45pm: Leading with Trauma-Informed Principles: Jean Hartnett (0.58 CH)

3:45pm-4:00pm: Closing Remarks

4:00pm-4:05pm: Evaluation (0.09 CH)



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Program Disclosures

Provider Approval Statements: Nebraska Methodist College Learning Center is approved with distinction as a provider of nursing continuing professional development by the VTL Center for Professional Development, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Successful Completion Requirements: In order to obtain contact hours or continuing education credit for this educational activity, participants are required to complete stated requirements:

- Attendance at the entire activity
- Completion/submission of evaluation form within 7 days of the program
- A link to access your certificate will be automatically generated and emailed to you within 24 hours of completing all requirements. Or, you can go to our website: www.methodistcollege.edu/pd, click "Account Login" on the top right side of the page, log in to your account, and click "Certificates."

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Joint Providers:

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Nebraska Medical Association (NMA) and the VTL Center for Professional Development (VTL) through the joint providership of Nebraska Methodist College Professional Development and Immanuel Communities. Nebraska Methodist College Professional Development is accredited by the NMA and VTL Center for Professional Development (VTL) to provide continuing medical education for physicians and nurses.