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Online Resources

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Online Resources



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Online Resources

Patreon Membership



Critical Care OB Collective

Critical Care OB Collective
\$10 / month

[Upgrade](#)

Advanced insights for clinicians on the frontlines of maternal care.

What's included:

- **Real-World Case Studies** – Breakdowns of complex OB critical care scenarios
- **Medicolegal Insights** – Learn from real cases and how to mitigate risk
- **OB Emergency Hacks** – Practical tips and rapid response strategies
- **Advanced Care Topics** – Deep dives into high-risk pregnancy management



Critical Care OB Collective

CCOB Vital Access
\$25 / month

[Upgrade](#)

Limited (191 remaining)

Interactive Q&A

Live clinical support from trusted leaders in critical care obstetrics.

This tier is for clinicians who want real-time answers, expert insights, and a trusted space to ask questions. Join monthly live sessions led by one or more of our faculty—Dr. Stephanie Martin, Suzanne McMurtry Baird, and Julie Arafah—designed to keep you sharp, confident, and supported.

What's included:

- **Live Q&A Every Month**
One 45–60 minute live video session with one or more of the CCOB team. Ask questions, bring case scenarios, or simply listen and learn.

CCOB Academy CCOB Consulting CCOB Podcast Group Pricing Invite to Speak Forgot Password Log In



CLINICAL CONCEPTS
IN OBSTETRICS

THE CRITICAL CARE OBSTETRICS ACADEMY



<http://www.patreon.com/13788056/join>

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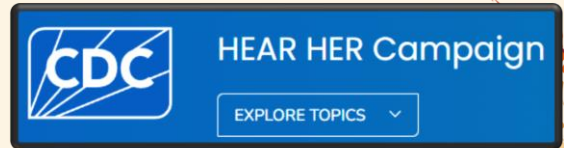
Online Resources

- <https://ncc-efm.org/game/efmgame.cfm>



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Online Resources

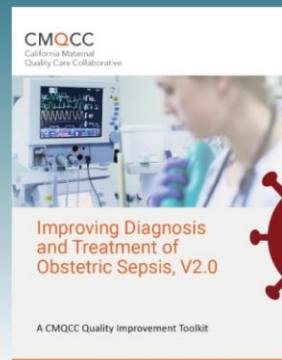


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CMQCC – NEW 9/25

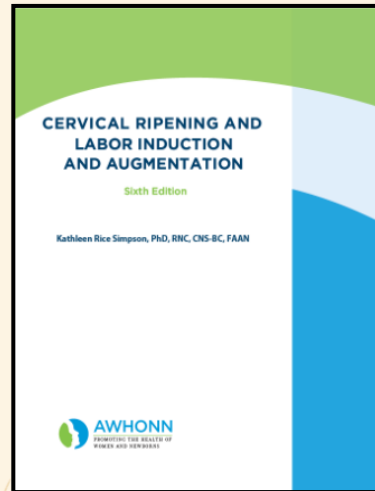
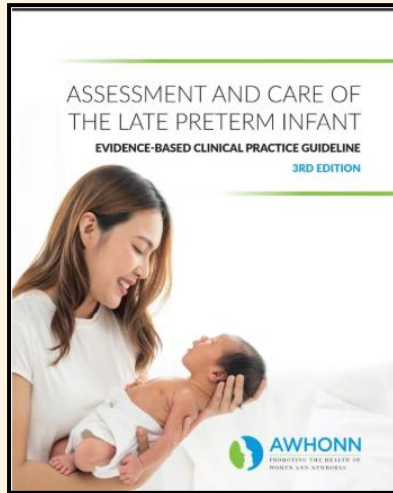
Prevent Obstetric Sepsis,
Save Lives!

[Obstetric Sepsis Toolkit, V2.0](#)



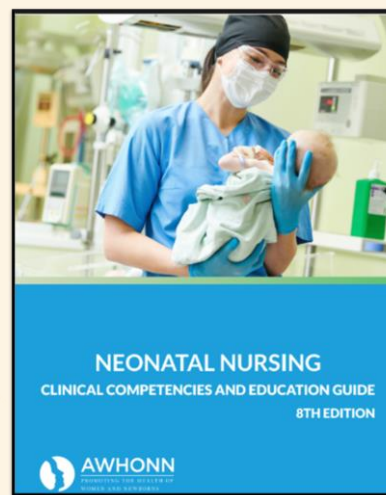
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AWHONN - Practice Guidelines



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AWHONN - Practice Guidelines



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Online Resources



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PSI POSTPARTUM SUPPORT INTERNATIONAL

Get Help Professionals Training Get Involved About Marketplace En Español [Donate](#)

Get Help

Call the PSI HelpLine:
1-800-944-4773
#1 En Español or #2 English

Text "Help" to 800-944-4773 (EN)
Text en Español: 971-203-7773

[GET HELP](#)

Download "Connect by PSI" in your app store.

988 Suicide & Crisis Lifeline National Maternal Mental Health Hotline (US only) - 60 Languages

The largest event raising funds and awareness for the mental health of new families.

Perinatal Mental Health 101 Free Webinar

90-minute webinar presented by Postpartum Support International and the Policy Center for Maternal Mental Health (formerly 2020 Mom)

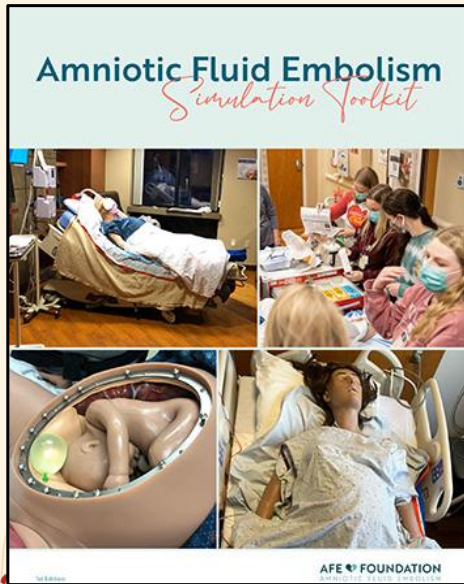
1:30-3:00 pm Eastern Time

Dec 11, 2025 [Register](#)



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AFE Simulation Toolkit and CE Courses



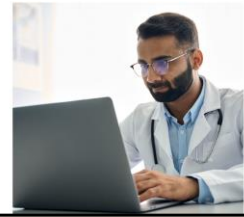
AFE Simulation Implementation (Coming October 2025)

An in-depth review of our [AFE Simulation Toolkit](#) which offers foundational learnings needed to properly and effectively respond to an AFE. The course is designed for healthcare educators and those providing simulation based training. It is recommended to take the [AFE-A Practical Approach](#) course prior to any AFE simulation based training.

Taught by leading experts in critical obstetrics this course covers:

- Overview of Simulation Based Training
- Ways to Use the Toolkit
- Preparing for SBT
- Role of Deliberate Practice
- Using the AFE Checklist
- Scenario Review and Use
- Facilitating Debriefs
- Establishing Simulation Metrics
- Analyzing your Simulation Based Training

[Pre-Register for Course](#)



Amniotic Fluid Embolism: A Practical Approach

We are proud to work alongside the medical community to enhance clinicians' knowledge of how to best treat and support the AFE patient, their families, and one another during and after an AFE event. The educational content we provide is focused on increasing critical care readiness, AFE pathophysiology etiology, treatment, management, diagnosis, and recent trends in AFE research.

Taught by leading experts in critical care obstetrics this course covers:

- General Understanding
- Pathophysiology
- Clinical Presentation
- Treatment and Management
- Diagnostic Criteria
- How to Best Support Patients and their Family
- Specimen Submission to Biorepository
- Case Enrollment into AFE Registry

[Take the Course](#)



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AFE Stabilization Checklist and Crisis Hotline

AFE EMERGENCY STABILIZATION CHECKLIST: SAFETY HOTLINE 307-363-2337

BREATHING

Recognition: Acute shortness of breath, increasing respiratory rate and need for oxygen to keep SpO2 at >95%

Response:

- Activate Rapid Response Team (RRT)
- Crash cart to bedside
- Head laid away from headwall
- Frequent vital signs including respiratory rate
- Auscultate breath sounds
- Set up ambu bag and suction
- Start O2 by non-rebreather face mask
- Plan for ongoing ventilation if intubated
- Continuous SpO2

BLOOD PRESSURE

Recognition: Unexplained acute onset hypotension (MAP <65mmHg) or cardiac arrest

Response:

DECLINING BLOOD PRESSURE

- Activate Active Rapid Response Team (ARRT)
- Frequent vital signs
- Uterine displacement
- Functioning 18 g IV
- IV fluid bolus

CARDIAC ARREST

- Call Obstetric Code Blue (ensure Neo/Peds team is notified)
- Note time of pulselessness and begin chest compressions
- Manual left uterine displacement, remove fetal monitor
- Assemble ambu bag, begin CPR per BLS guidelines
- Crash cart to bedside
- Roll patient to place backboard and apply defibrillator leads
- Analyze rhythm (can use AED)
- Follow AED instructions or ACLS algorithm for identified rhythm
- Prepare for intubation ASAP
- Deliver within five minutes of pulselessness if >20 weeks gestation or fundus at umbilicus

SPECIMEN RESEARCH

Before intubation, draw 5mL in a red and purple top and set aside. Consent is not needed to draw labs. Call the hotline when you are able: 307-END-AFES.

BLEEDING
(SBP <90/PP)

Recognition: Pulse pressure <30mmHg or declining blood pressure, maternal tachycardia, bleeding

Response:

<ul style="list-style-type: none"> □ Notify physician, anesthesiologist, & charge RN or activate Rapid Response Team (RRT) □ Activate Massive Transfusion Protocol (MTT) 	Order Labs: <ul style="list-style-type: none"> □ BMP □ Cardiac enzymes □ CBC □ CMP □ Coagulation panel □ Fibrinogen □ Type and Cross 	Products Given: <ul style="list-style-type: none"> □ 6 PRBC □ 6 FFP □ 6 Platelets □ Cryo as needed □ TBA as needed
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SAFE Foundation 2025 AMNIOTICFLUIDEMBOLISM.ORG


If you think it's an AFE, call us! 1-307-363-2337 (1-307-END-AFES)

Crisis Hotline 1-307-END-AFES


Consider us part of your rapid response team! Our HIPAA compliant hotline quickly connects healthcare providers with the AFE Foundation to offer:

- Crisis support for the patient, their family or your team
- Guidance on how to collect AFE specimens for the AFE Biorepository
- Expertise to aid with the treatment and management of an AFE patient

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What is the Teal Band?



The teal wristband is part of the Postpartum Alert Initiative.


It identifies postpartum patients for 6 weeks after delivery.

#POSTPARTUMALERT 

Postpartum Alert Warning Signs

(Keep this card with you for quick reference)


GET HELP, ACT FAST!

Call 911 immediately if you experience: 

- Chest pain
- Unstoppable vaginal bleeding
- Thoughts of harming yourself or others
- Shortness of breath
- Seizures


• Wear your wristband for **6 weeks** continuously (including during showers).

• Show your wristband and this card to healthcare providers.

• Share this information with family and caregivers. 

High Alert, Call Your Health Care Provider for:



- Heavy vaginal bleeding (soaking a pad in 1 hour)
- Egg-sized blood clots
- Severe headaches or blurry vision
- High fever (100.4°F or higher)
- Painful, red, or swollen legs
- Extreme swelling (hands, feet, or face)
- Dizziness or fainting
- High blood pressure (above 160/110)



ALERT

Emergency Contact Numbers


Your Doctor: _____

Emergency Room: _____

 Take a photo to learn more 

#POSTPARTUMALERT 


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[INITIATIVES](#)
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Initiatives

Maternal Substance Use and Neonatal Withdrawal



Perinatal SUD Toolkit

- NPQIC Policy Recommendations
- NPQIC Screening and Toxicology Testing Algorithm
- NE Plan of Safe Care Form
 - English
 - Spanish
- NE CARA Notification Form

Substance Use Screening Tool Quick Guide

- Colorado MOMs+ SUD Screening Scripting Guide
- LaPqC MOMs+ Scripting Tool
- How to Use SBIRT (Video)
- Nebraska Substance Use Resources
- Local Substance Use Resource Log

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Iowa Maternal Health Innovation Program Advanced Life Support in Obstetrics Training Program

This program provides a limited number of ALSOTraining Programs each year at hospitals and clinics in rural Iowa to develop and maintain the emergency obstetric skills of healthcare workers in those communities.

Who is eligible

Critical Access Hospitals and facilities with birthing units in rural Iowa communities with less than 500 annual births. The target audience includes physicians certified in Family Medicine, Emergency Medicine, and Obstetrics and Gynecology, as well as nurses and midwives.

What is offered

The Iowa Maternal Health Innovation Program will:

- Sponsor the course with the American Academy of Family Physicians (AAFP)
- Provide participants with access to the online course modules
- Deliver the 1-day practical component of the course on site
- Provide equipment needed to complete the course workstations and assessments
- Provide Approved Instructors to teach the course (1:5 instructor to learner ratio)
- Maintain and submit documentation as required by the AAFP
- Organize food and refreshments
- Guarantee a minimum of 10 participants

Please contact Nicole-Anderson@uiowa.edu if your team is interested in hosting a session

Podcast Resources

Labor & Delivery Podcasts



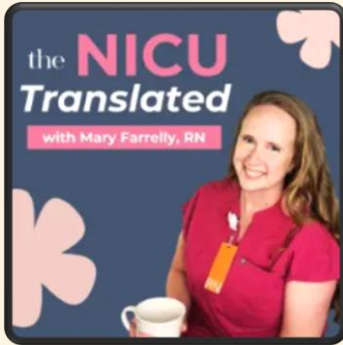
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Postpartum Podcasts



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NICU Podcasts



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Text Resources

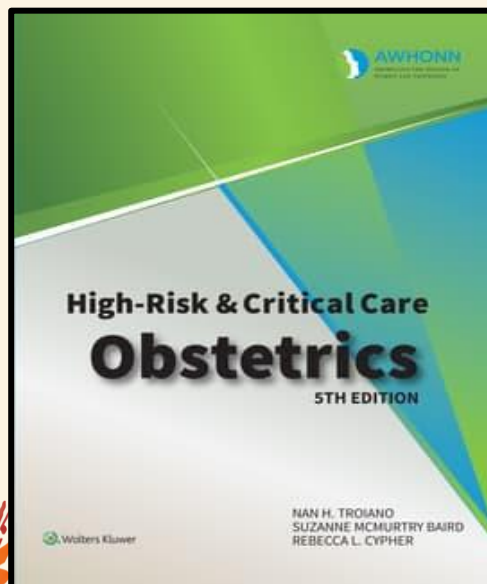
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Bundle Birth Emergencies Pocket Guide



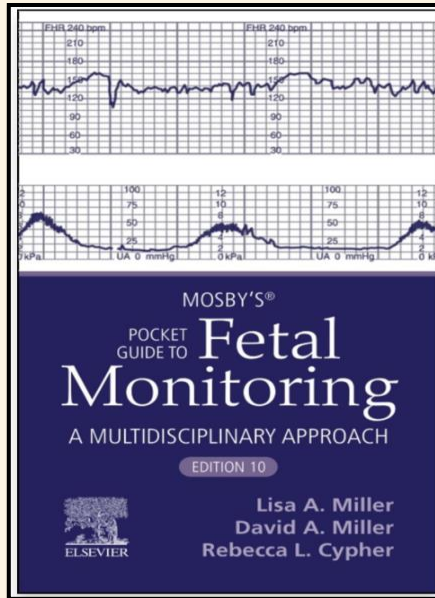
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Books



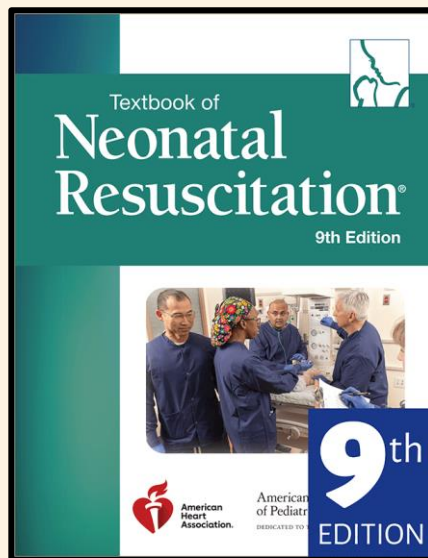
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New EFM 10th Edition book- Pre-Order this Fall



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New NRP Book – Coming this fall



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JOGNN & NWH Going Green 2026



nwhjournal.org or www.jognn.org

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