



Overview of Area Agencies on Aging

Seth McDermott-Director of Case
Management

Kailey Edelman-Director of Community
Engagement/ADRC

Agenda and Objectives



History

Funding

Nebraska's AAA

Services

Access to Supportive Services

Advocacy and Elder Rights

Social Connection

Health and Wellness

- 1965 Older American's Act passed to provide community supports and nutritional services to the older adult population(60+) to enable them to age in place
 - Supportive Services
 - Nutrition Programs
 - Health and Wellness
 - Elder Rights
 - Caregiver Support
- AAA was formally established in 1973
 - Helping older adults live in their homes and communities by planning, developing, coordinating and delivering services and supports to the needs of older adults in our communities

History of AAA

Funding

Older Americans Act (Federal)

State

Local

Donations



Nebraska AAA's

Resources

• Brain Injury Alliance

402-423-2463
844-423-2463
<https://biaine.org>
P.O. Box 22147
Lincoln, NE 68542
Staff are available to meet in-person in the Omaha, Grand Island, and North Platte areas.

▲ Easterseals Nebraska

402-462-3031
800-471-6425
<https://www.easterseals.com/ne/>
Omaha, Geneva, Lincoln, Petersburg, Hastings, Bertrand, Doniphan, Sidney, York, Fort Calhoun, Fremont, Blue Hill

■ Munroe Meyer Institute

402-559-6418
800-656-3937
<https://unmc.edu/mmi/>
6902 Pine ST
Omaha, NE 68106

✦ League of Human Dignity

<https://leagueofhumandignity.com/>
Omaha Office
402-595-1256
800-843-5784

Lincoln Office
402-441-7871
800-508-4758

Kearney Office
308-224-3665
877-544-3296

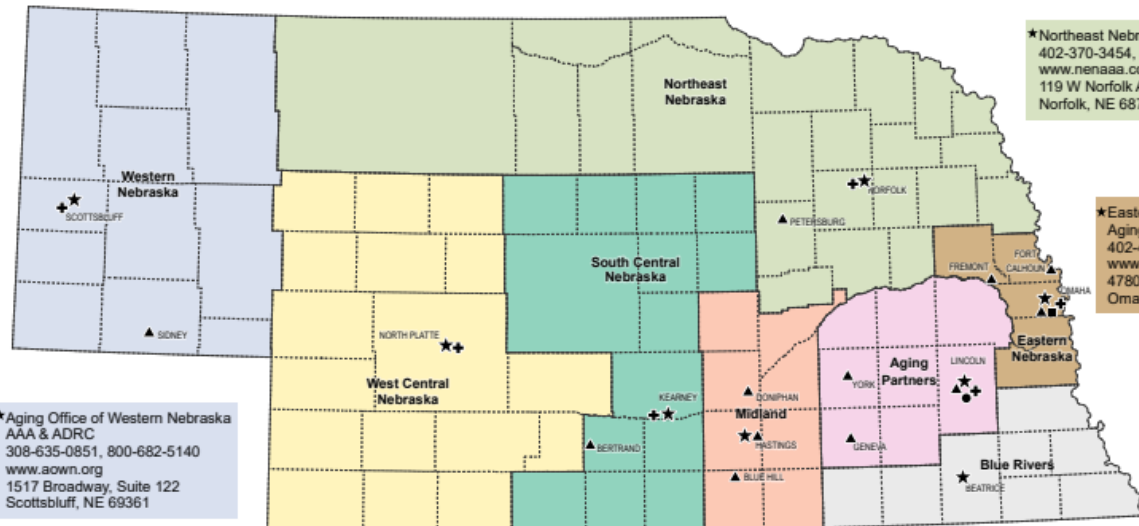
North Platte Office
308-532-4911
877-870-4911

Scottsbluff Office
308-632-0470
877-298-1380

Norfolk Office
402-371-4475
800-843-5785

Nebraska Aging and Disability Resource Centers (ADRCs) & Area Agencies on Aging (AAAs)

844-843-6364 <http://ADRCNebraska.org/> (routes to 2-1-1)



★ Northeast Nebraska AAA & ADRC
402-370-3454, 800-672-8368
www.nenaaa.com
119 W Norfolk AVE
Norfolk, NE 68701

★ Eastern Nebraska Office on Aging & ADRC
402-444-6536, 888-554-2711
www.enoa.org
4780 South 131 ST
Omaha, NE 68137

★ Aging Office of Western Nebraska
AAA & ADRC
308-635-0851, 800-682-5140
www.aown.org
1517 Broadway, Suite 122
Scottsbluff, NE 69361

1-844-843-6364
Press # for local office:
1 BIA-NE
2 Easterseals
3 LHD
4 MMI
5 for Aging Offices:
1 Scottsbluff
2 Lincoln
3 Beatrice
4 Omaha
5 Hastings
6 Norfolk
7 Kearney
8 North Platte

★ West Central Nebraska AAA
308-535-8195, 800-662-2961
www.wcnaaa.org
115 North Vine
North Platte, NE 69101

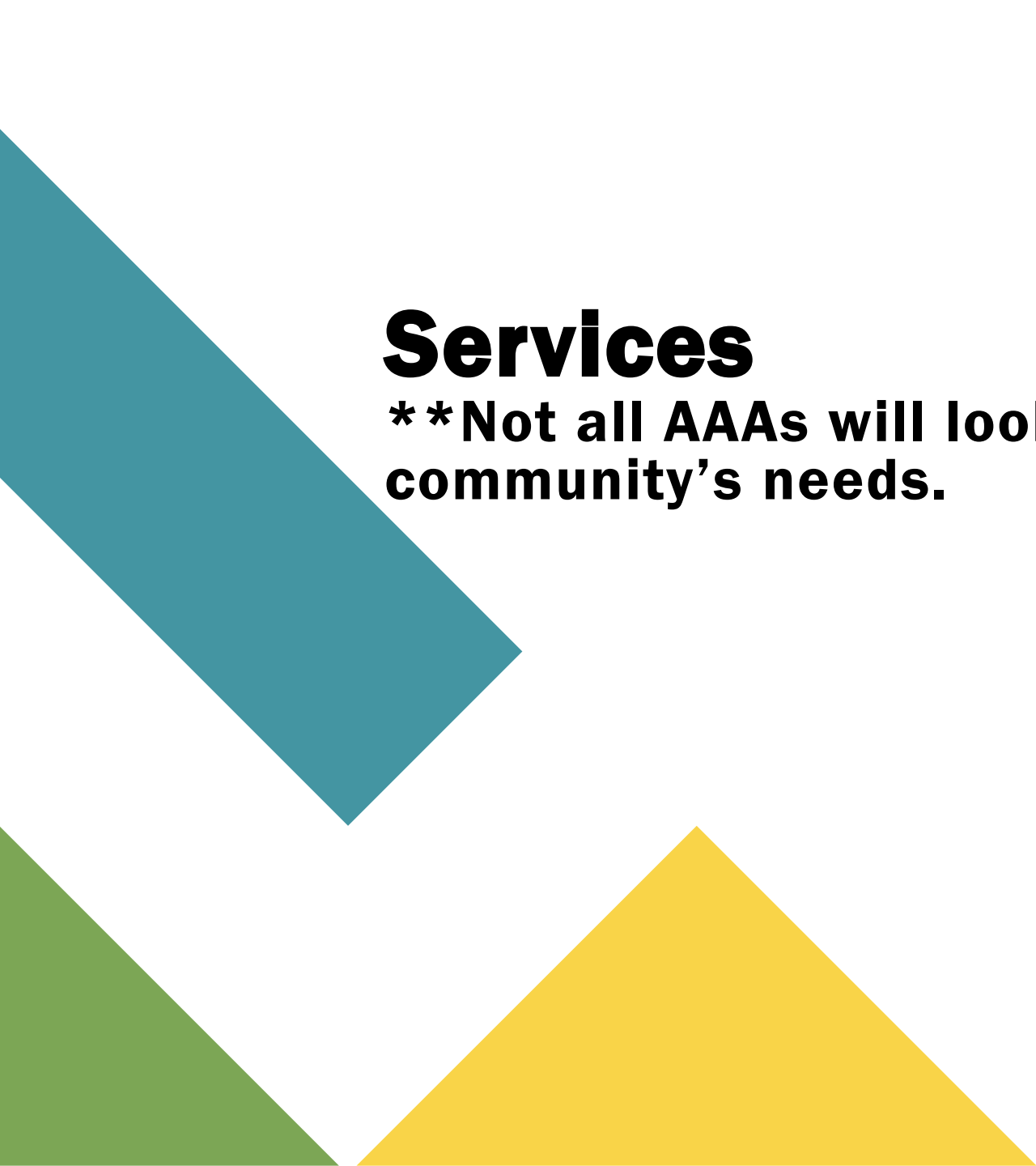
★ South Central Nebraska AAA & ADRC
308-234-1851, 800-658-4320
www.agingkearney.org
620 East 25th ST, Suite 12
Kearney, NE 68847

★ Midland AAA & ADRC
402-463-4565, 800-955-9714
www.midlandareaagencyonaging.org
2727 West 2nd ST, Suite 440
Hastings, NE 68901

★ Aging Partners AAA & ADRC
402-441-7070, 800-247-0938
<https://www.lincoln.ne.gov/City/Departments/Aging-Partners>
600 S. 70th ST, BLDG 2
Lincoln, NE 68510

★ Blue Rivers AAA & ADRC
402-223-1376, 888-989-9417
www.braaa.org
103 Eastside Boulevard
Beatrice, NE 68310

NEBRASKA
Good Life. Great Mission.
DEPT. OF HEALTH AND HUMAN SERVICES
RESOURCES UPDATED: MARCH 2023



Services

****Not all AAAs will look the same. This is based on the community's needs.**

-
- Supportive Services
 - Nutrition Programs
 - Health and Wellness
 - Elder Rights
 - Caregiver Support

Eastern Nebraska Office on Aging

Cass, Dodge, Douglas, Sarpy and Washington Counties

- Supportive Services
- Elder Rights
- Care Management
- Caregiver Support
- Medicaid Waiver
- Nutrition Programs
- New Horizons
- Intergenerational Orchestra
- Volunteer Programs

Mission: To promote choice and enhance the wellbeing and dignity of aging adults, caregivers, adults with disabilities, and those with the greatest economic need so they may live independently



Information & Assistance/Aging and Disability Resource Center



- Answer calls, direct callers, provide resources and referrals, and assist with walk-ins.
- Resources can be mailed, emailed, faxed, or directed to our website.
- Attend health fairs, senior fairs, student groups, church groups, senior centers, and community events to educate the public about ENOA's programs and services.

What is ADRC?

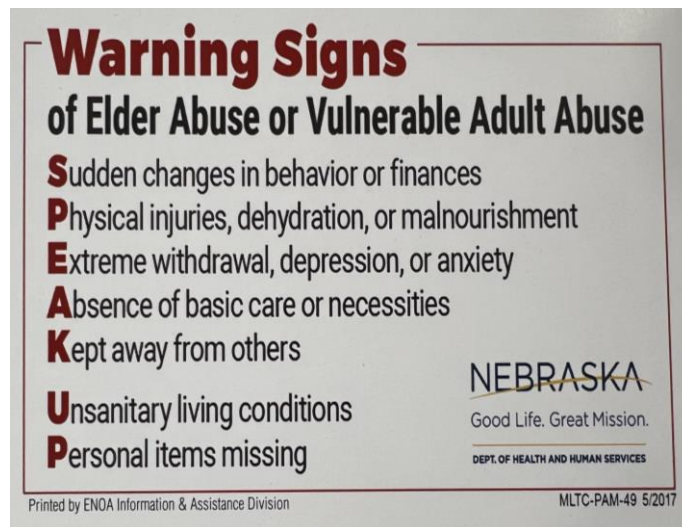
- Assist Nebraskans who are aging or have a disability to locate and access useful information, assistance, and education on community services and supports to meet long-term care needs

Who can benefit from the ADRC?

- Persons aged 60+
- Persons with disabilities of all ages
- Family members, Caregivers, Advocates & Providers for the above

Elder Rights

- Provide information, education and resources for preventing elder abuse, scams/fraud or financial exploitation.
- Legal Aid of Nebraska: The Elder Access Line. 60+
 - 402-827-5656
- Ombudsman staff and volunteers help with advocating for resident rights



Care Management:

Supporting older adults in maintaining their independence

- What is Care Management?
- Professional care managers work with older individuals, identifying and coordinating available resources and services.

Who qualifies:

- 60+
- Need assistance with three or more ADLs or IADLs for 90 days or more

- Comprehensive assessment that reviews health, nutrition, daily activities, etc.
- Develop and coordinate a written plan.
- Ongoing service monitoring includes phone calls and face-to-face visits.



Caregiver Support and Medicaid Waiver

Supporting Family Caregivers With Respite

What is Caregiver Support?

- Providing services to support the primary caregiver. The caregiver is the “client” on this program.
- Case managers will complete an assessment, develop a plan for services and complete monthly contacts with the caregiver to provide resources and support.
- Two respite options available: In-Home Respite for an approved number of hours per week or Adult Day Respite for an approved number of days per month.

To qualify:

- The caregiver must be 18 years or older, living with and assisting a frail older adult (60+) needing assistance with two or more ADLs
- or
- The caregiver must be 18 yrs or older, living with and assisting a frail individual of any age with a diagnosis of Alzheimer’s or a related disorder (must be verified by a doctor)

- The program provides for those age 18 and older with physical disabilities options for home and community-based services who would otherwise require long-term care in a nursing facility.

- This waiver provides an array of services to help adults live at home. A person must have physical and health needs that require nursing facility level of care and must be eligible for Medicaid.

- **To make a referral contact the Nebraska Department of Health and Human Services Division of Developmental Disabilities by:**

**Email: DHHS.ADWaiverApp@nebraska.gov or
Telephone: 1-877-667-6266**

Nutrition Programs

- **Meals On Wheels**

- 60+



- Homebound who live in the counties we serve
- For individuals who have difficulty preparing meals, live alone or no one to help assist them and unable to attend a Senior Center
 - DHHS

Congregate Meals & Grab N Go

- 60+ (under 60, the meal will be full price)
- Individuals who live in the counties we serve
- Contribution fee
- Must call ahead



Diner's Choice

- 60+
- Voucher program through Hy-Vee
 - Can be purchased at ENOA or online (\$6/voucher)
- Select menu determined by the store



Volunteer Programs

Educate

- residents, families, facility staff and others

Provide

- information, resources and referrals
- consultation to residents, families and facility staff

Act

- as individual advocates to investigate and facilitate the resolution of concerns and complaints and to protect the rights of residents

Identify

- solutions to problems to help residents in long-term care

Ombudsman

SeniorHelp

Transportation

Home Assistance

Personal Assistance

Seasonal Assistance

Handyman & Yardwork

Companionship

Program Assistance

Meals on Wheels

AmeriCorps Senior Programs: Senior Companions and Foster Grandparents:

- Age 55+
- Meet Income Guideline
- Serve a minimum of 10 hours per week up to 40 hours per week
- Successfully complete the National Criminal History
- Check process and interview
- Complete 20 hours of pre-orientation

SCP Activities

- Social & Recreational Activities
- Nutrition
- Information & Client Advocacy
- Respite
- Personal Assistance
- Home Management
- *In-home/some sites

FGP Activities

- Emotional Support
- Academic Support
- Review & Reinforcement
- Modeling good behavior
- Preparing for independence
- *Pre-elementary, Head Start, Elementary, Health Care facilities, or after school programs



Thank you

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Enoa.org
402-444-6536