



**NEBRASKA
METHODIST
COLLEGE**
The Josie Harper Campus

Learning Center

Location/Date/Time

Methodist Women's Medical
Office Building (MOB), 2nd Floor,
Bernard Room, 717 North 190th
Plaza, Omaha, NE 68022
Monday, May 11, 2026, or
November 13, 2026
8:30am-4:15pm

Presented by

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RNC-OB, RNC-IAP, C-OBE,
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Handouts

To access the handouts, please
refer to the email you received
when you registered, or your
Dashboard.

Fetal Heart Rate Monitoring for the Experienced Nurse

Details

This purpose of this event is to provide an intermediate course pertaining to fetal heart rate monitoring. Participants should have a basic understanding of electronic fetal heart rate monitoring and have attended a basic EFM course prior to attending. Completing this program will give the experienced nurse the ability to identify principles and concepts related to interpretation of EFM tracings.

Key Points:

- NICHD terminology
- Intermittent auscultation vs intermittent fetal monitoring
- Physiological basis of fetal monitoring tracings
- Fetal arterial cord blood gasses
- Management techniques

Agenda/Contact hours

- 8:15am-8:30 am: Check-in
- 8:30am-9:00am: Identifying participants knowledge base (0.5 CH)
- 9:00am-9:15am: Review definitions and intrauterine corrective measures (0.25 CH)
- 9:15am-9:45am: Physiology and oxygen pathway (0.5 CH)
- 9:45am-9:55am: Break
- 9:55am-10:55am: Physiology of the FHR (1.0 CH)
- 10:55am-11:35am: Physiology of Decelerations (0.67 CH)
- 11:35am-12:05pm: Lunch
- 12:05pm-1:05pm: Fetal Assessment Methods (1.0 CH)
- 1:05pm-1:35pm: Management Models (0.5 CH)
- 1:35pm-1:45pm: Break
- 1:45pm-2:15pm: Acid Base Balance of Cord Blood (0.5 CH)
- 2:15pm-4:00pm: Putting it all together-Practice Strip Interpretation/Case reviews and management (1.75 CH)
- 4:00pm-4:15pm: Questions and Answers, Evaluation (0.25 CH)



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Program Disclosures

Provider Approval Statements: Nebraska Methodist College Learning Center is approved with distinction as a provider of nursing continuing professional development by the VTL Center for Professional Development, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Successful Completion Requirements: In order to obtain contact hours or continuing education credit for this educational activity, participants are required to complete stated requirements:

- Attendance at the entire activity
- Completion/submission of evaluation form within 7 days of the program
- A link to access your certificate will be automatically generated and emailed to you within 24 hours of completing all requirements. Or, you can go to our website: www.methodistcollege.edu/pd, click "Account Login" on the top right side of the page, log in to your account, and click "Certificates."

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