



NEBRASKA
**METHODIST
COLLEGE**
The Josie Harper Campus

Learning Center

Location/Date/Time

Methodist Women's Medical
Office Building (MOB), 2nd Floor,
Abbott Room, 717 North 190th
Plaza, Omaha, NE 68022
Thursday, July 9, 2026
8:30 am-2:15pm

Presented by

Mary Seger-Barker MSN, C-
EFM, RNC-OB, CIMI2, Clinical
Nurse Educator, Methodist
Women's Hospital Outreach

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RNC-OB, RNC-IAP, C-OBE,
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Outreach

Handouts

To access the handouts, please
refer to your registration
confirmation email.

Electronic Fetal Monitoring Certification Exam Preparation

Course Description

The purpose of this continuing nursing education activity is to provide registered nurses and other licensed healthcare professionals with a focused review of evidence-based principles, clinical application, and interpretation of electronic fetal monitoring (EFM) to support preparation for the Certification in Electronic Fetal Monitoring (C-EFM) examination offered by the National Certification Corporation (NCC).

This activity is designed as a review and exam preparation course and is not intended to be a comprehensive review of all content areas included in the C-EFM examination. Content is selected to enhance knowledge, clinical judgment, and test-taking strategies relevant to EFM practice. Participants should expect and are encouraged to engage in independent self-study, including continued review of the course materials and manual provided during the class, to fully prepare for the examination.

Successful completion of this educational activity does not guarantee passing the NCC C-EFM certification examination.

Agenda/Contact Hours

8:15am-8:30am: Registration and Check-In

8:30am-8:45am: Welcome and Overview

8:45am-9:15am: Electronic Fetal Monitoring Equipment
(0.5 CH)

9:15am-10:15am: Physiology (1.0 CH)

10:15am-10:30am: Break

10:30am-11:00am: Acid Base Balance (0.5 CH)

11:00am-11:45am: Oxygen Pathway and Physiology of
Deceleration (0.75 CH)

11:45am-12:15pm: Lunch (on your own)

12:15pm-1:15pm: Pattern Recognition and Intervention
(Continued) (1.0 CH)

1:15pm-1:45pm: Certification Questions (0.5 CH)

1:45pm-2:00pm: Professional Issues (0.25 CH)

2:00pm-2:15pm: Q&A (0.25 CH)



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"NMC Professional Development"
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Program Disclosures

Provider Approval Statements: Nebraska Methodist College Learning Center is approved with distinction as a provider of nursing continuing professional development by the VTL Center for Professional Development, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Successful Completion Requirements: In order to obtain contact hours or continuing education credit for this educational activity, participants are required to complete stated requirements:

- Attendance at the entire activity
- Completion/submission of evaluation form within 7 days of the program
- A link to access your certificate will be automatically generated and emailed to you within 24 hours of completing all requirements. Or, you can go to our website: www.methodistcollege.edu/pd, click "Account Login" on the top right side of the page, log in to your account, and click "Certificates."

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