



NEBRASKA
**METHODIST
COLLEGE**
The Josie Harper Campus

Learning Center

Location/Date/Time

Webinar

Tuesday, March 3, 2026

11:00am-11:30am

Presented by

Rachael Kros, M.S. Ed, EAP
Training Consultant, Best Care
EAP

Handouts

To access the handouts, please refer to your registration confirmation email.

EAP: Don't Fear Feedback

Course Description

Feedback doesn't have to be frightening! Join us for Member Training: Don't Fear Feedback, a 30-minute webinar that will help you reframe feedback as a powerful tool for growth, connection, and performance. Discover how to receive feedback with confidence, respond constructively, and even seek it out to fuel your development. Plus, learn how Best Care EAP can support you and your team with resources that make feedback a catalyst—not a conflict. Let's turn feedback into your secret weapon for success!

Agenda (CST)/Contact Hours

10:50am-11:00am: Log In

11:00am-11:30am: EAP: Don't Fear Feedback (0.5 CH)



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EAP: Don't Fear Feedback

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- Attendance at the entire activity
- Completion/submission of evaluation form within 7 days of the program
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