NEBRASKA METHODIST COLLEGE
The Josie Harper Campus

Learning Center

2026 Diabetes Symposium

Location/Date/Time

Methodist Estabrook Cancer Center Auditorium
8303 Dodge Street
Omaha, NE 68114
Also available via webinar.
Thursday, November 5, 2026
8:00 AM to 12:30 PM

Presented by

Matthew Brady, MD, Maternal-Fetal Medicine Physician, Perinatal Associates

Maria Douthett, DNP, APRN-NP, FNP-C, Community APRN, Methodist Community Health Clinic

Brian Hollis, MD, Hospitalist, Methodist Hospital

Sarah Konigsberg, MD, Endocrinology, Methodist Physicians Clinic

Amanda Lehman, MS, RDN, LMNT, Registered Dietitian, Methodist Physicians Clinic

Jayne Nelson, DNP, APRN-NP, FNP-C, CWON-AP, CFCN, Nurse Practitioner at Gordon Memorial Hospital District, and Faculty at Nebraska Methodist College

Program Details

The purpose of this event is to provide healthcare professionals with a comprehensive, evidence-based update on diabetes care, focusing on medication management, prevention and treatment of acute complications like diabetic ketoacidosis, strategies to improve cardiovascular outcomes, effective approaches to diabetic foot care and wound healing, management of gestational diabetes, and the role of nutrition in optimizing patient outcomes.

Agenda

Time (CST)	Title/Speaker/Contact Hours Awarded
7:45am-8:00am	Check-in
8:00am-8:45am	Inpatient Diabetes Management: Sarah Konigsberg (0.75 CH)
8:45am-9:30am	Foundations of DKA: Brian Hollis (0.75 CH)
9:30am-9:45am	Break
9:45am-10:15am	Improving Cardiorenal Outcomes in Diabetes: Maria Douthett (0.5 CH)
10:15am-11:00am	Diabetes: Effect on Wounds: Jayne Nelson (0.75 CH)
11:00am-11:15am	Break
11:15am-11:45am	Gestational Diabetes: Matthew Brady (0.5 CH)
11:45am-12:30pm	Healthy Eating Patterns for Diabetes: Amanda Lehman (0.75 CH)

Handouts

To access the handouts please refer to your program registration confirmation email.

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Program Disclosures

Provider Approval Statements: Nebraska Methodist College Learning Center is approved as a provider of nursing continuing professional development by VTL Center for Professional Development, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.
Physician: The Nebraska Methodist College Learning Center is accredited by the Nebraska Medical Association to provide continuing medical education for physicians.The Nebraska Methodist College Learning Center designates this enduring material for a maximum of 4.0 AMA PRA Category 1 Credit(s)TM. Physicians should claim only the credit commensurate with the extent of their participation in the activity.
Successful Completion Requirements: In order to obtain contact hours or continuing education credit for this educational activity, participants are required to complete stated requirements:

- Attendance at the entire activity
- Completion/submission of evaluation form within 7 days of the program
- A link to access your certificate will be automatically generated and emailed to you within 24 hours of completing all requirements. Or, you can go to our website: www.methodistcollege.edu/pd, click "Account Login" on the top right side of the page, log in to your account, and click "Certificates."

Financial Relationships with an Ineligible Company:
Relevant Financial Relationships: Name: Jayne Nelson, Name of Ineligible Company: Wound Ostomy Continence Certification Board (WOCNCB), Nature of Relationship with Ineligible Company: Board of Directors. All of the relevant financial relationships listed have been mitigated.
Relevant Financial Relationships: Name: Dr. Brian Hollis, Name of Ineligible Company: Medical Director of Quality Clinical Research and the principal investigator for clinical trials for Novo Nordisk, Pfizer, Astra Zeneca and Boehringer Ingelheim, Nature of Relationship with Ineligible Company: Currently owns stock in Eli Lilly and previously held stock in Pfizer. All of the relevant financial relationships listed have been mitigated. There are no other relevant financial relationships to disclose.
Relevant Financial Relationships: Name: Dr. Sarah Konigsberg, Name of Ineligible Company: Abbvie, Medtronic, NovoNordisk, Nature of Relationship with Ineligible Company: Research Protocols. All of the relevant financial relationships listed have been mitigated. There are no other relevant financial relationships to disclose.
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