



Learning Center

Location/Date/Time

Methodist Hospital Centennial
Room
8303 Dodge Street
Omaha, NE 68114
Monday, October 20, 2025
5:00 PM to 7:00 PM

Presented by

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Handouts

To access the handouts:

- follow this link:
https://hubs.la/Q03Mr-t_0, or
- scan this QR code



Compassion: Caring for Self and Others

Key Points:

- Reflect on 'The Meaning of Care'
- Describe the impact of compassion
- Engage in meaningful self-reflection
- Emphasize how self-care contributes to the "Meaning of Care"

Agenda

Time	Agenda
4:45pm	Check-in (0 CH)
5am-5:05am	Welcome and Introduction (0 CH)
5:05pm-5:25pm	The Impact of Compassion (0.33 CH)
5:25am-6:10pm	Compassion Role-Playing Scenarios (0.75 CH)
6:10am-6:20pm	Break (0 CH)
6:20pm-6:50pm	Compassion: Self-Reflection and Self-Care (0.5 CH)
6:50am-7pm	Questions and Wrap up (0.17 CH)
On your own	CE Evaluation time (0.25CH)

Compassion: Caring for Self and Others

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