



Learning Center

Location/Date/Time

Methodist Hospital Centennial
Room
8303 Dodge Street
Omaha, NE 68114
Tuesday, October 14, 2025
8am-10am

Presented by

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Handouts

To access the handouts:

- follow this link:
<https://hubs.la/Q03M196Y0>,
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- scan this QR code



Compassion: Caring for Self and Others

Key Points:

- Reflect on 'The Meaning of Care'
- Describe the impact of compassion
- Engage in meaningful self-reflection
- Emphasize how self-care contributes to the "Meaning of Care"

Agenda

Time	Agenda
7:45am-8:00am	Check-in (0 CH)
8:00am-8:05am	Welcome and Introduction (0 CH)
8:05am-8:25am	The Impact of Compassion (0.33 CH)
8:25am-9:10am	Compassion Role-Playing Scenarios (0.75 CH)
9:10am-9:20am	Break (0 CH)
9:20am-9:50am	Compassion: Self-Reflection and Self-Care (0.5 CH)
9:50am-10:00am	Questions and Wrap up (0.17 CH)
On your own	CE Evaluation time (0.25CH)

Compassion: Caring for Self and Others

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