NEBRASKA METHODIST COLLEGE
The Josie Harper Campus

Learning Center

2026 Behavioral Health Conference

Locations/Date/Time

Methodist Estabrook Cancer Center Auditorium
8303 Dodge Street
Omaha, NE 68114

Thursday, November 12, 2026
8:00 AM to 12:15 PM

Presented by

Sally Littlefield B.A., Schizophrenia Advocate & Trainer

Meghan Luebbert, DNP, PMHNP- BC, PMH-C, Owner, Luebbert Psychiatric Services

Lisa Parker, DNP, APRN, NP, Owner/Founder, Parker NeuroScience

John Thomsen CPSS, Co-Responder, Lutheran Family Services

Christina Vejnovich, DNP, APRN-CNS, AGCNS-BC, CDP, CADDCT, PCCN-K, Clinical Nurse Specialist, Methodist Hospital

Handouts

To access the handouts, please refer to your registration confirmation email.

Course Description

This Behavioral Health Conference will cover a wide variety of emerging and essential topics around mental health. It will cover topics on behavioral and psychological symptoms of dementia, ketamine treatment for veterans with PTSD, perinatal mental health, and supporting clients experiencing psychosis. Our featured speaker is Sally Littlefield-a Mental Health Trainer, Schizophrenia Advocate and Speaker. She has a lived experience with Psychosis and Schizoaffective Disorder.

Agenda (CST)/Title/Speaker/Contact Hours Awarded

Time (CST)	Title/Speaker/Contact Hours Awarded
7:30am-8:00am	Check-in
8:00am-8:45am	Navigating Behavioral and Psychological Symptoms of Dementia: Christina Vejnovich (0.75 CH)
8:45am-9:30am	From Every Angle: My Journey From There to Peer: Jon Thomsen (0.75 CH)
9:30am-10:15am	Beyond the Operating Room: Ketamine, PTSD, and the Veteran Patient: Lisa Parker (0.75 CH)
10:15am-10:30am	Break
10:30am-11:15am	Perinatal Mental Health: Meghan Luebbert (0.75 CH)
11:15am-12:15pm	Supporting Clients Through Psychosis: Sally Littlefield - Virtual Presentation (1.0 CH)

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Program Disclosures

Provider Approval Statements: Nebraska Methodist College Learning Center is approved as a provider of nursing continuing professional development by the VTL Center for Professional Development, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Physician

The Nebraska Methodist College Learning Center is accredited by the Nebraska Medical Association to provide continuing medical education for physicians.

The Nebraska Methodist College Learning Center designates this enduring material for a maximum of 4.0 AMA PRA Category 1 Credit(s)TM. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Successful Completion Requirements: In order to obtain contact hours or continuing education credit for this educational activity, participants are required to complete stated requirements:

- Attendance at the entire activity
- Completion/submission of evaluation form within 7 days of the program
- A link to access your certificate will be automatically generated and emailed to you within 24 hours of completing all requirements. Or, you can go to our website: www.methodistcollege.edu/pd, click "Account Login" on the top right side of the page, log in to your account, and click "Certificates."

Financial Relationships with an Ineligible Company:
Name: Sally Littlefield
Name of Ineligible Company: Teva Pharmaceuticals and Boehringer Ingelheim
Nature of Relationship with Ineligible Company: Consultant
All of the relevant financial relationships listed have been mitigated. There are no other relevant financial relationships to disclose.