



NEBRASKA  
**METHODIST  
COLLEGE**  
The Josie Harper Campus

## Art of Living Beyond Cancer Conference

### Learning Center

#### Details

Monday, May 4, 2026, 8:00am – 3:30pm  
Embassy Suites La Vista, 12520 Westport Pkwy, La Vista, NE 68128

A day filled with Hope, Help, and How-to's as A Time to Heal brings together the best information and resources that empower cancer survivors, their caregivers, and healthcare professionals.

#### Agenda/Speakers/Contact Hours

7:15am-8:00am: Registration/Breakfast/Visit Exhibitors

8:00am-9:00am: Morning Keynote: What Does It Mean to "Cure" A Cancer?: James Armitage, MD, University of Nebraska Medical Center (1.0 CH)

9:05am-10:05am: Session One: Choose 1 session (1.0 CH)

- The Three Roles of Radiation: Cure, Treat, and Manage: Ming-Yang Hung, MD, Nebraska Methodist Hospital
- CALM DOWN! Activities for Your Emotional Well-Being: Jayne Gundrum, LMHP, Nebraska Cancer Specialist
- Clinical Trials: Not just A Hail Mary: Harshraj Leuva, MBBS, University of Nebraska Medical Center
- Supplements: What's in It For Me?: Teri Gabel, PharmD, Retired

10:05am-10:20am: Break/Visit Exhibitors

10:25am-11:25am: Session Two: Choose 1 session (1.0 CH)

- Why Didn't Anyone Tell Me About Palliative Care?: Kim Bland DNP, APRN-NP, FNP-BC, AOCN, Nebraska Methodist Hospital
- Nuclear Oncology: Frontline Targeted Cancer Care: Samuel Mehr, MD, Nebraska Cancer Specialists
- How Do I Sleep At Night?: Adam Mills, PhD, Clinical Psychologist, Nebraska Medicine
- The Bottom Line on Colon vs. Rectal Cancers: Robert Duckert, MD, Retired

11:30am-1:00pm: Luncheon Keynote: Finding Your Purpose: William Lydiatt, MD, Nebraska Methodist Hospital (0.5 CH)

1:10pm-2:10pm: Session Three: Choose 1 session (1.0 CH)

- Express Yourself: Art of Healing: Lorna Monaghan, PA-C, Nebraska Methodist Hospital
- Your Questions Answered: Mary Huerter Wells, MD, Nebraska Cancer Specialist
- Gut Check: Microbiome and Nutrition: Chris D'Angela, MD, MS, University of Nebraska Medical Center
- Distress Release Through Somatic Healing: Jamie Duckert, SEP, Yoga Therapist

2:10pm-2:30pm: Break/Visit Exhibitors

2:35pm-3:35pm: Sessions Four: Choose 1 session (1.0 CH)

- Hormone Replacement Therapy for Survivors: Jennifer Ducie, MD, Nebraska Methodist Hospital
- Knowledge Is Power-When It is Reliable: Ashley Servais, MPH, CCRP, Nebraska Cancer Specialists
- How To Read Lab Results: Tanya Wildes, MD, MSCI, University of Nebraska Medical Center
- Mind Power for Strength, Resiliency and Recover: Stephanie Koraleski PhD, Retired, and Kay Ryan, PhD, RN, Consultant PhD

3:35pm: Adjourn



NEBRASKA  
**METHODIST  
COLLEGE**  
The Josie Harper Campus

## Art of Living Beyond Cancer Conference

### Learning Center

#### Upcoming Programs

To learn more about our live events & online programs, please click the link or scan the QR code:  
<https://www.methodistcollege.edu/learning-center>



#### Connect with Us

Subscribe to our emails and newsletters for more information about online & upcoming live continuing education opportunities from Nebraska Methodist College at <https://www.methodistcollege.edu/lc-subscribe>, or scan:



Nebraska Methodist College Learning Center  
720 N. 87th Street  
Omaha, NE 68114  
[LC@methodistcollege.edu](mailto:LC@methodistcollege.edu)  
<https://www.methodistcollege.edu/learning-center>



"NMC Professional Development"  
@nmcprofdevCE  
Nebraska Methodist College Learning Center

#### Program Disclosures

Provider Approval Statements: Nebraska Methodist College Professional Development is approved with distinction as a provider of nursing continuing professional development by the Midwest Multistate Division, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Physicians: The Nebraska Methodist College Learning Center is accredited by the Nebraska Medical Association to provide continuing medical education for physicians. The Nebraska Methodist College Learning Center designates this live activity for a maximum of 5.5 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Successful Completion Requirements: In order to obtain contact hours or continuing education credit for this educational activity, participants are required to complete stated requirements:

- Attendance at the entire activity
- Completion/submission of evaluation form within 7 days of the program
- A link to access your certificate will be automatically generated and emailed to you within 24 hours of completing all requirements. Or, you can go to our website: [www.methodistcollege.edu/pd](http://www.methodistcollege.edu/pd), click "Account Login" on the top right side of the page, log in to your account, and click "Certificates."

#### Relevant Financial Relationships with an Ineligible Company

Potential Relevant Financial Relationships: Name: Tayna Wildes DM, Name of Ineligible Company: Janssen

Nature of Relationship with Ineligible Company: Research Support, All of the relevant financial relationships listed have been mitigated. There are no other financial relationships to disclose.

Name: Christopher D'Angelo MD, Name of Ineligible Company: BeOne, Abbvie, Bristol Myers Squibb, Deciphera, Merck, ADC Therapeutics

Nature of Relationship with Ineligible Company: Consultant

All of the relevant financial relationships listed have been mitigated. There are no other relevant financial relationships to disclose.

#### Joint Providers:

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Nebraska Medical Association (NMA) and the VTL Center for Professional Development (VTL) through the joint providership of Nebraska Methodist College Professional Development and A Time to Heal Cancer Foundation. Nebraska Methodist College Professional Development is accredited by the NMA and VTL Center for Professional Development (VTL) to provide continuing medical education for physicians and nurses.