

Learning Center

Details

Wednesday, September 23, 2026, 10:00 AM to 4:00 PM, and Wednesday, September 30, 2026, 2:30pm-4:00pm, Webinar

The purpose of this workshop is to equip facilitators for 'A Time to Heal' by providing education and preparation.

Presenters

Stephanie Koraleski, PHD, retired

Karen Morris, MS, LIMHP, CMFT, Individual, Couple, and Family Therapist

Agenda/Speakers/Contact Hours

Time (CST) Title/Speaker/Contact Hours Awarded

Wednesday, September 23, 2026

10:00am-10:10am: Welcome, introductions: Stephanie Koraleski and Karen Moore

10:10am-10:15am: Outline of the day: Stephanie Koraleski and Karen Moore (0.08 CH)

10:15am-10:45am: Facilitator Role, Facilitator Guide, Themes of the program and BEST LIFE Skills: Stephanie Koraleski (0.5 CH)

10:45am-11:30am: Chapter 1 Demo: Stephanie Koraleski and Karen Moore (0.75 CH)

11:30am-11:50am: Lunch Break

11:50am-12:05pm: Facilitating Chapter 2: Stephanie Koraleski (0.25 CH)

12:05pm-12:20pm: Facilitating Chapter 3: Karen Moore (0.25 CH)

12:20pm-12:35pm: Facilitating Chapter 4: Stephanie (0.25 CH)

12:35pm-1:25pm: Special Topics 1-9? A&Q: Stephanie Koraleski and Karen Moore (0.83 CH)

1:25pm-1:30pm: Break

1:30pm-1:45pm: Facilitating Chapter 5: Karen Moore (0.25 CH)

1:45pm-2:00pm: Facilitating Chapter 6: Stephanie Koraleski (0.25 CH)

2:00pm-2:15pm: Facilitating Chapter 7: Karen Moore (0.25 CH)

2:15pm-2:30pm: Facilitating Chapter 8: Stephanie Koraleski and Karen Moore (0.25 CH)

2:30pm-2:35pm: Q&A: Stephanie Koraleski and Karen Moore (0.08 CH)

2:35pm-2:45pm: Break

2:45pm-2:55pm: Facilitating Chapter 9: Karen Moore (0.17 CH)

2:55pm-3:35pm: Demonstration of Last Class/Modeling: Karen Moore (0.67 CH)

3:35pm-3:50pm: Discussion/Q&A/Concerns about Facilitating: Stephanie Koraleski and Karen Moore (0.25 CH)

3:50pm-4:00pm: Return Demonstration, Questions: Stephanie Koraleski and Karen Moore (0.17 CH)

Wednesday, September 30, 2026:

2:30pm-4:00pm: Live Zoom return demonstrations and feedback from trainers: Stephanie Koraleski and Karen Moore (1.25 CH)

Learning Center

Survivorship 101 Virtual Facilitator Training

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- Attendance at the entire activity
- Completion/submission of evaluation form within 7 days of the program
- A link to access your certificate will be automatically generated and emailed to you within 24 hours of completing all requirements. Or, you can go to our website: www.methodistcollege.edu/pd, click "Account Login" on the top right side of the page, log in to your account, and click "Certificates."

Financial Relationships with an Ineligible Company: No relevant financial relationships were identified for planners or presenters.

This activity is being jointly provided by Nebraska Methodist College Learning Center and A Time To Heal Cancer Foundation.