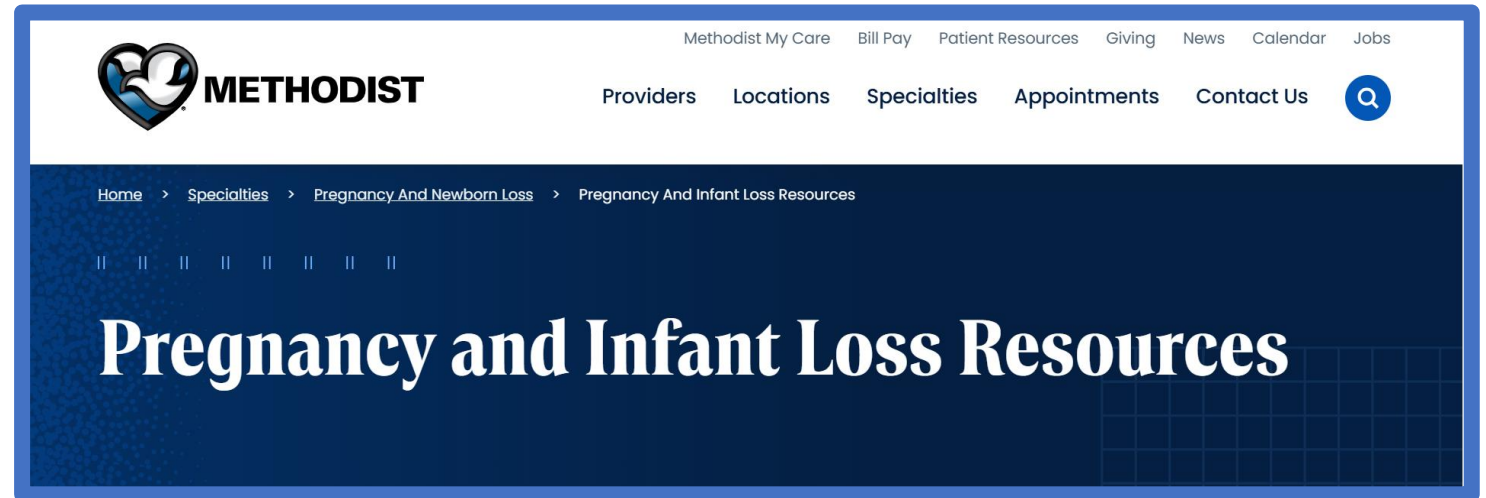


Resources for Families and Friends

For the most current guide to online and in person resources supported by Methodist Women's Hospital please visit :

<https://bestcare.org/specialties/pregnancy-and-newborn-loss/resources>



Support for Parents and Families



Remembrance of Life

A non-denominational memorial service and balloon release for those who have experienced a pregnancy or newborn loss hosted by Methodist Women's Hospital Pastoral Services on the 3rd Sunday in September each year. Contact Pastoral Services at 402-354-4016 for more details.

Wave of Light

What is the **Wave of Light?**

October 15th is Pregnancy and Infant Loss Remembrance Day. On this day, those who have experienced the loss of a baby are encouraged to light a candle of remembrance at 7 pm.

When participants in each time zone light a candle at 7 pm and keep it burning for an hour, it creates a continuous "wave of light" around the world.