



# COUNSELING RESOURCES



## **Kathy Dworak, LIMHP**

Director of Student Counseling & Spiritual Development

Email: [kathy.dworak@methodistcollege.edu](mailto:kathy.dworak@methodistcollege.edu)

Phone: (402) 354-7080

Appointments: Schedule at [calendly.com/kathy-dworak](https://calendly.com/kathy-dworak)

Availability: Monday-Friday 8:30 a.m. - 4 p.m.

Office located on campus, Clark 2244



## **Sam Hellman**

Master's-Level Counseling Intern

Email: [Samantha.Hellman@methodistcollege.edu](mailto:Samantha.Hellman@methodistcollege.edu)

Schedule Appointments: [calendly.com/nmc-counseling](https://calendly.com/nmc-counseling)

Availability: Tuesday, Wednesday, Thursday

Office located on campus, Clark 2242



## **Kim Haizlip**

Coordinator of Spiritual Development

Email: [kimberly.haizlip@methodistcollege.edu](mailto:kimberly.haizlip@methodistcollege.edu)

Availability: Monday-Friday

Appointments: Email to arrange an appointment or inquire about small groups.

Office located on campus, NMC Chapel



## **Uwill Mental Health & Wellness**

Teletherapy and wellness programming

[App.uwill.com](https://App.uwill.com)

Phone: (833) 646-1526

24/7/365



## **988 Suicide & Crisis Lifeline**

If you or someone you know needs support now,  
call or text 988 or chat [988lifeline.org](https://988lifeline.org)

24/7/365



**NEBRASKA  
METHODIST  
COLLEGE**  
The Josie Harper Campus