



NEBRASKA
**METHODIST
COLLEGE**
The Josie Harper Campus

Learning Center

Location/Date/Time

Methodist Women's Medical
Office Building (MOB), 2nd Floor,
Bernard Room, 717 North 190th
Plaza, Omaha, NE 68022
Thursday, February 5, 2026
8:30am – 4:45pm

Presented by

Mary Seger-Barker, MSN, RNC-
OB, CIMI, C-EFM, Clinical Nurse
Educator, Methodist Women's
Hospital Outreach

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OB, RNC-IAP, Clinical Nurse
Educator, Methodist Women's
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Handouts

To access the handouts, please
see your registration confirmation
email.

Labor and Delivery Core Curriculum Fellowship

Key Points

- Physiological adaptations in pregnancy
- Assessment of the patient during stages of labor
- Nursing care during complications in labor and delivery
- Perinatal mood and anxiety disorders
- Signs and symptoms of hypertensive disorders in the OB patient
- Interventions for postpartum hemorrhage

Agenda (CST)

- 8:30am-9:00am: Welcome and Introduction (0.2 CH)
9:00am-10:00am: Physiological Adaptations in Pregnancy (1.0 CH)
10:00am-10:10am: Break
10:10am-11:30am: Assessment of the OB Patient & Stages and Phases of Labor (1.3 CH)
11:30am-12:15pm: Lunch (on your own)
12:15pm-1:00pm: Perinatal Mental Health (0.75 CH)
1:00pm-2:00pm: Postpartum Hemorrhage (1.0 CH)
2:00pm-2:15pm: Break
2:15pm-3:15pm: Stations: Hypertensive Disorders & Cardiovascular Disease in Pregnancy or Postpartum Hemorrhage Simulation (1.0 CH)
3:15pm-3:30pm: Rotate/Reset Stations
3:30pm-4:30pm: Stations: Hypertensive Disorders & Cardiovascular Disease in Pregnancy or Postpartum Hemorrhage Simulation (1.0 CH)
4:30pm-4:45pm: Course Wrap Up and Q & A (0.25)



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 "NMC Professional Development"

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Program Disclosures

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Successful Completion Requirements: In order to obtain contact hours or continuing education credit for this educational activity, participants are required to complete stated requirements:

- Attendance at the entire activity
- Completion/submission of evaluation form within 7 days of the program
- A link to access your certificate will be automatically generated and emailed to you within 24 hours of completing all requirements. Or, you can go to our website: www.methodistcollege.edu/pd, click "Account Login" on the top right side of the page, log in to your account, and click "Certificates."

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