

A close-up photograph of a woman with dark hair, smiling warmly as she breastfeeds her baby. The baby is wrapped in a white blanket and is positioned in front of her. The background is softly blurred, showing a patterned fabric. The overall mood is intimate and joyful.

KEY COMPONENTS OF BREASTFEEDING

Methodist Women's
Hospital Outreach

WELCOME!

- The purpose of this course is to lay the foundation for nurses to best support breastfeeding mothers and promote a successful breastfeeding experience
- Today's primary focus is the healthy, term infant

Break and lunch time



Restrooms and lactation room are outside and to the right



Move and stretch as needed

HOUSEKEEPING INFORMATION

CONTINUING EDUCATION REQUIREMENTS

In order to receive continuing education:

- You must attend the entire program. No partial credit can be awarded.
- You must complete an evaluation (it will be emailed to you). It must be completed within 7 business days after the program date or you will receive an incomplete.
- A link to access your certificate will be automatically generated and emailed to you within 24 hours of completing all requirements. Go to our website: www.methodistcollege.edu/pd, then click “Account Login” on the top right side of the page. Log in to your account, then click “Certificates.”
- If you have any questions or need assistance, please email Nebraska Methodist College Learning Center at lc@methodistcollege.edu.

PROGRAM DISCLOSURES

Provider Approval Statements: Nebraska Methodist College Learning Center is approved with distinction as a provider of nursing continuing professional development by the VTL Center for Professional Development, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Successful Completion Requirements: In order to obtain contact hours or continuing education credit for this educational activity, participants are required to complete stated requirements:

- Attendance at the entire activity
- Completion/submission of evaluation form within 7 days of the program

Relevant Financial Relationships with an Ineligible Company: No relevant financial relationships were identified for planners or presenters.

DISCLAIMER

“All content provided herein is for educational, informational and guidance purposes only. It is not intended to serve as a substitute for individualized professional medical advice, diagnosis, or treatment. Nothing contained herein establishes or shall be used to establish a standard of care.”

DISCLAIMER

This document is confidential and protected from disclosure pursuant to the privileges granted by: (1) The Health Care Quality Improvement Act set forth at: Neb. Rev. Stat. §§71-7904 to 71-7913 in Nebraska, and/or; (2) Iowa Code Ann. § 147.135 and Iowa Admin. Code r. 645-9.6 (272c), concerning confidential and privileged peer review materials in Iowa. The information contained herein shall not be disclosed outside of this facility.

DISCLAIMER

Content presented through this educational program is intended to be used as a knowledge base only. Subject matter presented is not to be taken in isolation and outside the realm of patient's clinical context. Any written and or verbal didactic is to be used in conjunction with the healthcare workers own knowledge base and clinical judgment. Clinicians are highly encouraged to consider the entire clinical picture in which the patient presents before and during their care of him and or her.

AWHONN BREASTFEEDING POSITION STATEMENT

- “Nurses play a vital role in preparing, educating, encouraging, and supporting women to breastfeed and are instrumental in facilitating initiation and continuation of breastfeeding.”
- “Nurses and other health care professionals who care for mother-infant dyads should acquire the knowledge and demonstrate the competence needed to provide consistent and evidence based breastfeeding information and support throughout the preconception, prenatal, and postpartum periods.”

A grayscale photograph of a woman holding a newborn baby. The woman is wearing a ribbed sweater and is looking down at the baby. The baby is wrapped in a blanket. The image is overlaid with a semi-transparent dark gray box containing text. The word 'GOALS' is written in large, white, bold, sans-serif capital letters. To the right of 'GOALS' is a vertical line, and to the right of the line is a numbered list of four goals in white, sans-serif font.

GOALS

1. Facilitate a positive birth experience
2. Promote high self-efficacy and confidence among new mothers
3. Provide skilled, practical breastfeeding assistance
4. Prevent or recognize breastfeeding problems

