

NEBRASKA METHODIST COLLEGE  
PHYSICAL THERAPIST ASSISTANT PROGRAM

STUDENT INFORMATION, POLICIES AND PROCEDURES  
2009-2010

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## **PURPOSE**

The purpose of this manual is to provide the student with information, policies and procedures specific to the Physical Therapist Assistant Program. The policies and procedures contained in this handbook are subject to change without notice at the discretion of the Program Director with the approval of the Associate Dean. Any changes made will be communicated to PTA students in a timely manner. This information is a supplement, not a substitute, for those policies present in the College Student Handbook and the NMC College Catalog. It is the student's responsibility to become familiar with all three documents while a student at NMC.

**Successful completion of the quiz and student signature at the back of the handbook indicate that you have read and understand all policies and that you agree to act in accordance with those policies and regulations.**

## **WELCOME**

We would like to welcome you to the PTA Program and hope you are as excited to be here as we are to have you. The program you have chosen is a rigorous one but is designed to make you a highly skilled, marketable, and respected member of the physical therapy team. Upon graduating from this program, you will enter a very rewarding career in which you play a major role in the recovery of patients. You will work with patients when they are at their worst, help them heal, and in the end see them at their best.

During your experience here you will apply information from the classroom into the laboratory and clinical settings. You will develop and draw on many skills, from critical thinking to empathy. In the clinical setting, every patient and situation is unique. You can't memorize all the answers, but you will be expected to apply the physical therapy skills that you have learned in the Program.

Your professional behavior is as important as the technical skills that you will learn. These qualities—over and beyond the knowledge you gain and the skills you learn— are essential for your success in school and in your later work as a physical therapist assistant. In broad terms, you will be expected to demonstrate respect for others, communicate effectively, cooperate with fellow workers, and display the dependability expected of a physical therapist assistant. Give 100 percent and treat your classmates, instructors, patients and co-workers as you would like to be treated.

The most successful students learn early on that the program faculty, clinical staff and instructors, and other college personnel are here to help you succeed, but it is up to you to take the initiative and embrace learning, with its difficulties and its rewards.

Welcome to the NMC PTA Program!

Shannon Struby, PTA, MA  
Program Director

## **GENERAL PROGRAM INFORMATION**

### ***ACCREDITATION***

Nebraska Methodist College Physical Therapist Assistant Program has been granted Candidate for Accreditation status by the Commission on Accreditation in Physical Therapy Education of the American Physical Therapy Association (1111 North Fairfax Street, Alexandria, VA, 22314; phone: 703-706-3245; email: [accreditation@apta.org](mailto:accreditation@apta.org)). Candidacy is not an accreditation status nor does it assure eventual accreditation. Candidate for Accreditation is a pre-accreditation status of affiliation with the Commission on Accreditation in Physical Therapy Education (CAPTE) that indicates the program is progressing toward accreditation.

### ***COMMITMENT TO PROGRAM ACCREDITATION***

#### **PURPOSE**

The purpose of this policy is to articulate the responsibilities of the PTA program that will insure compliance with CAPTE accreditation policies and procedures.

#### **POLICY**

NMC is committed to maintaining high standards of practice through program accreditation activities. The PTA Program will abide by the policies and procedures of CAPTE. The Program Director will:

- submit required fees and documentation, including reports of graduation rates, performance on state licensing or certification examinations and employment rates as required
- notify CAPTE of expected or unexpected substantive change(s) within the program, and of any change in institutional accreditation status or legal authority to provide postsecondary education
- be responsible for all activities necessary to come into compliance with accreditation criteria within two years or the length of the program, whichever is shorter

***DIRECTORY***

		<b>Phone:</b>	<b>Office #</b>
<b>Shannon Struby, MA, PTA</b>	<b>Program Director</b>	<b>(402) 354-7104</b>	<b>Leinart 2082</b>
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<b>Barb Fye, PTA</b>	<b>Adjunct Faculty</b>	<b>(402) 354-7746</b>	
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## **NMC MISSION STATEMENT**

As a health professions institution, Nebraska Methodist College provides educational experiences for the development of individuals in order that they may positively influence the health and well-being of the community.

## **PTA MISSION STATEMENT**

The Physical Therapist Assistant Program provides educational experiences in a learner-centered environment to develop competent physical therapist assistants who are prepared for entry-level employment. Our graduates enter the workforce as educated citizens dedicated to meeting the diverse needs of the individuals and communities that they serve.

## **PHILOSOPHY**

The philosophy of the Associate Degree Program for the Physical Therapist Assistant is reflective of the values and beliefs from which the NMC Mission and Core Values were formulated. The NMC Physical Therapist Assistant Program is dedicated to providing dynamic, high quality, integrative learning opportunities utilizing educational technology, didactic, laboratory and clinical experiences. The foundation for the education of the PTA students is based on criteria and performance expectations set forth by the Commission on Accreditation in Physical Therapy Education (CAPTE). The PTA program promotes opportunities for lifelong intellectual, professional, career and personal development.

## **PROGRAM GOALS**

The Goals of the Physical Therapist Assistant Program are to:

1. Develop competent physical therapist assistants who are prepared for entry level employment, prepared to pass the national certification exam, and prepared to uphold professional ideals.
2. Develop an educated citizen with skills as Reflective Individual, Effective Communicator and Change Agent.

## **PROGRAM OBJECTIVES**

Graduates of the Physical Therapist Assistant Program will be able to:

1. Demonstrate an understanding of the role and scope of practice of the physical therapist assistant.
2. Explain and demonstrate the use of all modalities as practiced by the physical therapist assistant.
3. Demonstrate professional verbal and written communication skills when interacting with colleagues, patients and peers.

4. Implement treatment planning techniques under the supervision of a Physical Therapist.
5. Be sensitive to cultural, ethnic, gender and life style differences among patient populations.
6. Respect patient confidentiality at all times.

## CURRICULUM

Students who successfully complete the plan of study outlined in the curriculum below will be awarded the **Associate of Science Degree in Physical Therapist Assistant**.

**Pre-requisites: 20 hours observation.**

### YEAR ONE

Fall Session		
Course		Credit Hours
SC 200	Anatomy and Physiology	5
HU 150	Critical Reasoning and Rhetoric	3
SC 116	Medical Terminology*	1
PT 115	Basic Skills in Patient Care Lab	2
PT 100	Introduction to Physical Therapy and Clinical	2
PT 105	Functional Anatomy (with lab)	3
		<b>16</b>

Spring Session		
Course		Credit Hours
SC 206	Pharmacology & Pathophysiology (T/F)	4
HU	Humanities Elective:210, 220, 255 or 270	3
PT 120	Therapeutic Exercise (with lab)	3
CM 101	English Composition*	3
PT 130	Therapeutic Modalities (with lab)	4
PT 180	Clinical I (Last 2 wks of semester – 64 hrs)	1
		<b>18</b>

Summer Session		
Course		Credit Hours
CM	Language and Culture in Healthcare: 230 or 245	3
SS 215	Life Span Psychology	3
PT 200	Clinical II (36 hrs per week/5weeks – 180 hrs)	4
PT 260	Medical Ethics & Law	1
		<b>11</b>

### YEAR TWO

Fall Session		
Course		Credit Hours
SS 235	Sociology of Culture	3
PT 210	Orthopedic Issues (with lab)	4
PT 215	Pediatric & Neurologic Disorders (with lab)	4
PT 228	Special Topics (with lab)	3
PT 220	Therapeutic Exercise II (with lab)	3
		<b>17</b>

Spring Session		
Course		Credit Hours
PT 238	Issues in Health Care admin, billing & professional communication	2
PT 240	PTA Clinical III (37.5 hrs per wk/6 weeks – 225 hrs)	5
PT 250	PTA Clinical IV (37.5 hrs per wk/6 weeks – 225hrs)	5
PT 280	PTA Seminar	1
CM 290	Portfolio Presentation	0
		<b>13</b>

### **75 Credits (47 technical/28 gen ed)**

*\*English Comp and Medical Terminology are strongly recommended as transfer credits*

*\*\*High School students are encouraged to take Physics*

## ***PROGRAM OUTCOMES***

**Goal 1:** Upon completion of the Physical Therapist Assistant Program, graduates will exhibit the following qualities and abilities:

1. Communication
  - Communicates verbally and non-verbally with the patient, the physical therapist, health care delivery personnel and others in an effective, appropriate and capable manner.
2. Individual and Cultural Differences
  - Recognizes individual and cultural differences and responds appropriately in all aspects of physical therapy services.
3. Behavior and Conduct
  - Exhibits conduct that reflects a commitment to meet the expectations of members of society receiving health care services.
  - Exhibits conduct that reflects a commitment to meet the expectations of members of the profession of physical therapy.
  - Exhibits conduct that reflects practice standards that are legal, ethical and safe.
4. Plan of Care
  - Communicates an understanding of the plan of care developed by the physical therapist to achieve short and long term goals and intended outcomes.
  - Demonstrates competence in implementing selected components of interventions identified in the plan of care established by the physical therapist.
  - Demonstrates competency in performing components of data collection skills essential for carrying out the plan of care.
  - Adjusts interventions within the plan of care established by the physical therapist in response to patient clinical indications and reports to the supervising physical therapist.
  - Recognizes when intervention should not be provided due to changes in the patient's status and reports to the supervising physical therapist.
  - Reports any changes in the patient's status to the supervising physical therapist.
  - Recognizes when the direction to perform an intervention is beyond that which is appropriate for a physical therapist assistant and initiates clarification with the physical therapist.
  - Participates in educating patients and caregivers as directed by the supervising physical therapist.
  - Provides patient-related instruction to patients, family members, and caregivers to achieve patient outcomes based on the plan of care established by the physical therapist.
  - Takes appropriate action in an emergency situation.

- Completes thorough, accurate, logical, concise, timely, and legible documentation that follows guidelines and specific documentation formats required by state practice acts, the practice setting, and other regulatory agencies.
  - Participates in discharge planning and follow-up as directed by the supervising physical therapist.
  - Reads and understands the health care literature.
5. Education
- Under the direction and supervision of the physical therapist, instructs other members of the health care team using established techniques, programs, and instructional materials commensurate with the learning characteristics of the audience.
  - Educates others about the role of the physical therapist assistant.
6. Administration
- Interacts with other members of the health care team in patient-care and non-patient care activities.
  - Provides accurate and timely information for billing and reimbursement purposes.
  - Describes aspects of organizational planning and operation of the physical therapy service.
  - Participates in performance improvement activities (quality assurance).
7. Social Responsibility
- Demonstrates a commitment to meeting the needs of the patients and consumers.
  - Demonstrates an awareness of social responsibility, citizenship, and advocacy, including participation in community and service organizations and activities.
8. Career Development
- Identifies career development and lifelong learning opportunities.
  - Recognizes the role of the physical therapist assistant in the clinical education of physical therapist assistant students.

**Goal 2:** An Educated Citizen is competent in three primary areas: as a Reflective Individual, as an Effective Communicator, and as a Change Agent. Specific outcomes are designated for all courses in the General Education Curriculum.

1. Reflective Individual - A reflective individual routinely engages in habits of inquiry that influence ways of thinking and actions.
  - Develop habits of inquiry such as logic and critical thinking that support deliberate reflection.
  - Interpret, analyze, and articulate the perspectives of self and others using one or more humanities disciplines.
  - Apply the scientific method.
  - Interpret, analyze and articulate the perspectives of self and others using one or more social science disciplines.

- Analyze perspectives of holism.
2. **Effective Communicator** - An effective communicator uses critical thinking to generate, connect, and organize ideas in a written, oral or nonverbal manner that responds appropriately to rhetorical situations.
    - Use critical thinking to generate, connect, and organize ideas in a written manner that responds effectively to rhetorical situations.
    - Use critical thinking to generate, connect, and organize ideas in an oral and nonverbal manner that responds effectively to rhetorical situations.
    - Apply Spanish or other international languages in academic and community settings.
  3. **Change Agent** - A change agent uses the disciplines of the liberal arts and sciences to analyze historical and contemporary situations and systems, to develop cultural competence, and to take appropriate initiative to effect change.
    - Access information and resources.
    - Critically analyze current events using habits of inquiry unique to sociology, political science, history, religion and/or economics.
    - Analyze power dynamics from sociological and historical perspectives.
    - Respect others with alternative points of view.
    - Develop cultural competence.
    - Draw individuals and/or organizations together for a common purpose.
    - Create a voice for self and others.

***STANDARDS OF ETHICAL CONDUCT For the Physical Therapist Assistant***  
**(Adopted by the APTA)**

**PREAMBLE**

This document of the American Physical Therapy Association sets forth standards for the ethical conduct of the physical therapist assistant. All physical therapist assistants are responsible for maintaining high standards of conduct while assisting physical therapists. The physical therapist assistant shall act in the best interest of the patient/client. These standards of conduct shall be binding on all physical therapist assistants.

**STANDARD 1**

A physical therapist assistant shall respect the rights and dignity of all individuals and shall provide compassionate care.

**STANDARD 2**

A physical therapist assistant shall act in a trustworthy manner towards patients/clients.

**STANDARD 3**

A physical therapist assistant shall provide selected physical therapy interventions only under the supervision and direction of a physical therapist.

**STANDARD 4**

A physical therapist assistant shall comply with laws and regulations governing physical therapy.

**STANDARD 5**

A physical therapist assistant shall achieve and maintain competence in the provision of selected physical therapy interventions.

**STANDARD 6**

A physical therapist assistant shall make judgments that are commensurate with their educational and legal qualifications as a physical therapist assistant.

**STANDARD 7**

A physical therapist assistant shall protect the public and the profession from unethical, incompetent, and illegal acts.

[http://www.apta.org/AM/Template.cfm?Section=Ethics\\_and\\_Legal\\_Issues1&TEMPLATE=/CM/ContentDisplay.cfm&CONTENTID=40903](http://www.apta.org/AM/Template.cfm?Section=Ethics_and_Legal_Issues1&TEMPLATE=/CM/ContentDisplay.cfm&CONTENTID=40903)

***METHODIST ALLIED HEALTH STUDENT ASSOCIATION***

The Methodist Allied Health Student Association (MASHA) is composed of all students enrolled in an allied health program. Each program has its own chapter within MASHA and has a representative on the College Student Senate.

Throughout the academic year, MASHA is involved in leadership and professional development as well as community service activities and service-learning projects.

The Physical Therapist Assistant Chapter of MAHSA will operate under its general bylaws and in accordance with the bylaws of Student Senate. The Program Director and Academic Coordinator of Clinical Education serve as the Faculty Advisors for the PTA Chapter. Student offices include President, Vice President, Secretary and Treasurer.

## **I. PTA PROGRAM GENERAL POLICIES**

### ***ACADEMIC DISHONESTY, CHEATING AND PLAGIARISM***

#### **PURPOSE**

It is expected and understood that academic dishonesty and plagiarism will not be tolerated within the Physical Therapist Assistant Program.

#### **POLICY**

Students caught cheating or plagiarizing will automatically receive a zero on the assignment, test or paper. Disciplinary action will also be taken in the form of a written warning. If there is a repeated incident at any time during the student's general or technical education at NMC, the student can potentially fail the class and/or be removed from the program.

Please refer to the Academic Honesty Policy in the College Catalog, p.58.

### ***ATTENDANCE***

#### **PURPOSE**

To ensure all PTA students recognize and understand that attending classes, clinicals and labs is a fundamental expectation.

#### **POLICY**

Students are expected to be present for all scheduled classes. In case of absence due to illness, death in the family, etc., students must notify the course instructor prior to class (if possible) AND Program Director (354-7104) as soon as possible. The student is responsible for all work missed.

A separate Clinical Attendance policy is located on page25 of the PTA Program Handbook.

Attendance in lab courses is mandatory.

Refer to course syllabi for additional details regarding attendance policies.

A student's attendance record and the way a student handles unexpected absences says a great deal about his or her level of professionalism. The Professional Conduct policy states, "Professional conduct includes, but is not limited to, punctuality, respect for other people, their property, and their right to learn, as well as principles explained in the PTA Code of Ethics." Students who violate this policy with frequent absences or tardiness risk dismissal from the program for deficiencies in professional behavior.

### ***COMMUNICATION DEVICES: (PERSONAL CALLS, CELL PHONES AND PAGERS)***

#### **PURPOSE:**

To support an academic atmosphere free from distractions caused by communication devices.

**POLICY:**

No personal telephone call should be received while in educational settings except for emergencies. Departmental telephones may not be used for personal calls.

- All students must turn cell phones and pagers off during all educational activities (class, lab, off campus educational experiences). These devices are disruptive to the educational environment and should only be activated during breaks.
- Failure to follow the policy may result in dismissal from the educational site and could result in disciplinary action. Disciplinary action for use of communication devices in violations of the student code of conduct (privacy violations, photographing documents or individuals, text-messaging during an exam, etc) range from suspension to dismissal.

***COMMUNICATION GUIDELINES (Classroom/Lab)*****PURPOSE:**

To provide a clear chain of communication for the student to follow to seek resolution of a problem that may arise in the classroom or laboratory setting. In line with expectations for professional behavior, the student is always encouraged to seek immediate resolution by directly engaging the party involved. When this is not possible, the student is expected to use the following line of communication.

**POLICY:**

1. Student should notify the course instructor of the issue or concern to seek resolution.
2. If the desired outcome is not reached the student should then report the issue/concern to the Program Director.
3. If the issue cannot be resolved by the Program Director, the Program Director will take the matter to the Associate Dean. The student may take their concern directly to the Associate Dean of Health Professions if the issue is with the Program Director.
4. The Dean of Academic Affairs will be contacted if the matter is not successfully resolved with the Associate Dean.
5. The student has the option of initiating the Judicial Process if the student feels that the matter has not been addressed to their satisfaction- refer to the Judicial Process in the NMC Student Handbook for procedures.

\*Please note-the Program Director and Associate Dean of the Division of Health Professions utilize an “open door” policy in regard to student issues and complaints. Students may unofficially seek advice (regardless of the chain of communication) if unsure how to handle the situation.

***DISCIPLINARY ACTIONS*****PURPOSE:**

To describe possible interventions used to address student behavior that violates PTA Program policies.

**POLICY:**

Any violation of Physical Therapist Assistant Program policies will warrant disciplinary action. The type of action taken will depend upon the seriousness and frequency of the infraction, circumstances surrounding the infraction and the student's prior record.

Disciplinary action shall include one of the following interventions. These interventions are not in lock-step order, meaning that any type of disciplinary action may be initiated at any time. However; interventions will not go from greater to lesser consequence.

- a. **VERBAL WARNING** - The appropriate faculty member will notify the student that continuation or repetition of specified conduct may be cause for disciplinary action.
- b. **WRITTEN WARNING** - A written reprimand may be given to a student whose conduct violates any part of these regulations or policies. Continuance of such behavior will result in a developmental plan or course failure/dismissal, depending on the nature of the infraction.
- c. **COURSE CONTRACT/DEVELOPMENTAL PLAN** - This is a written plan that involves input from the student and Program faculty and is directed toward establishing strategies that will improve student behavior.
- d. **COURSE FAILURE and/or DISMISSAL FROM PROGRAM** – Students who fail to abide by Program policies despite intervention, or are guilty of gross misconduct, are subject to course failure or dismissal from the PTA Program.

At any time during this process, a student may be referred to counseling in addition to, or in place of, other sanctions. In the event a student is believed to be in immediate danger to himself/herself or to others due to psychological difficulties, the student may be required to obtain professional evaluation and treatment in order to remain enrolled as a student.

***ELECTRONIC COMMUNICATION POLICY***

**PURPOSE:**

To ensure the privacy and appropriateness of all communications with the College.

**POLICY:**

All students are required to utilize the Methodist College e-mail system for electronic communication with the instructor. It is strongly encouraged that students check their e-mail daily as instructors use this for primary communication outside of class. Students are also to ensure that only appropriate materials are transmitted through this e-mail account. Inappropriate material or material in bad taste sent electronically may be subject to disciplinary action as determined by the Program Director and/or Associate Dean.

## ***OFF-CAMPUS EDUCATIONAL EXPERIENCES (Student safety)***

### **PURPOSE:**

As a part of the student's curricular and co-curricular learning experience, students are required to travel off campus, which may include urban and rural hospitals and clinics, as well as participation in field trips and service-learning programs. To ensure student safety, the following policies exist.

### **POLICY:**

1. In most cases, students will be responsible for their own transportation to off-campus experiences.
2. Students are provided with instructions and guidelines prior to any off-campus experience.
3. Off-campus educational experiences, including laboratory experiences, will occur only at facilities with which a current memorandum of agreement exists regarding the nature of the educational experience. Clinical observations will take place at clinical sites with either a current clinical affiliation agreement or memorandum of agreement regarding the nature of the clinical observation.
4. If a student is injured or becomes ill while participating in a co-curricular experience, he/she is to notify the supervising faculty/staff and follow the student injury policy.
5. Students may be required to travel to Methodist Hospital for selected laboratory and equipment use throughout their learning experience. Please see the Student Handbook on pages 29-31 regarding hospital parking as well as information on parking listed on page 24 of the Program Handbook.

## ***OUTSIDE EMPLOYMENT***

### **PURPOSE:**

To ensure separation of clinical education and student employment within the profession and to provide guidance on balancing employment with program rigor.

### **POLICY:**

Students may be employed outside the classroom and clinical times. However, employment within the discipline being studied will not substitute for program clinical time.

1. Outside employment must be arranged to not interfere with Program classroom, lab, off-campus experiences and clinical schedules.
2. Employment in the discipline being studied is a matter between the employee and the employer. The College is not a party to any such agreements.

Because of the rigorous nature of the PTA Program, it is generally advised that the student engage in part-time work if necessary. It is ultimately the student's decision whether and how much to work. Students should be advised that the course, clinical and lab schedules will not be altered to accommodate a student's employment schedule.

## ***PROFESSIONAL CONDUCT***

### **PURPOSE:**

All students at NMC are being educated to serve the community in various health care disciplines; therefore, it is expected that they will conduct themselves in a professional manner in all settings in which they are representing the College, including but not limited to the classroom, laboratory and clinical areas. This policy provides guidance on what the College defines as professional behavior. This policy is in addition to, not a replacement for the Code of Conduct explained in the Student Handbook.

### **POLICY:**

Professional conduct includes, but is not limited to, punctuality, respect for other people, their property, and their right to learn, as well as principles explained in the Standards of Ethical Conduct for the PTA. It also includes an appropriate respect for those in authority. As students of the Physical Therapist Assistant Program, such conduct is expected that will not bring criticism to oneself, the program or the school. As each affiliated clinical site has granted students the *privilege* of learning in their facility, students are expected to demonstrate professional behavior at all times.

In any public place the student is potentially exposed to the patients' relatives and friends. Things one says and the attitude one exhibits have impact on those around. We request the student observe the following:

1. **Honesty** – Being truthful in communication with others.
2. **Trustworthiness** – Maintaining the confidentiality of patient information; admitting errors and not intentionally misleading others or promoting self at the patient's expense.
3. **Professional Demeanor** – Being thoughtful and professional when interacting with patients and their families; striving to maintain composure under pressure or fatigue, professional stress or personal problems; maintaining a neat and clean appearance and dressing in attire that is reasonable and accepted as professional to the patient population served.
4. **Respect for the Rights of Others** – Dealing with professional staff and peer members of the health team in a considerate manner and with a spirit of cooperation; acting with respect toward all persons encountered regardless of age, race, color, national origin, disability, religion, gender, sexual preference, socioeconomic status or veteran/Reserve/National Guard status; respecting the rights of patients and their families to be informed and share in patient care decisions; respecting patients' modesty and privacy.
5. **Personal Accountability** – Participating responsibly in patient care to the best of your ability and with appropriate supervision; undertaking clinical duties and persevering until they are complete; notifying the responsible person if something interferes with your ability to perform clinical tasks effectively.
6. **Concern for the Welfare of Patients** – Treating patients and their families with respect and dignity both in their presence and in discussions with others; discerning accurately when supervision or advice is needed and seeking these out before acting; recognizing when your ability to function effectively is compromised and asking for relief or help; not using alcohol or drugs in a way that could compromise patient care or your own performance; not engaging in romantic, sexual, or other

- nonprofessional relationships with a patient, even upon the apparent request of a patient.
7. **Promptness** - It is expected that students arrive on time to classes, labs and clinical rotations at all times.

## ***PROGRAM PROGRESSION***

### **PURPOSE:**

To clarify reasons for delaying or halting the progression of students in the Physical Therapist Assistant Program, and to address progression of students who are not demonstrating satisfactory academic performance necessary for completion of the Physical Therapist Assistant Program.

### **POLICY:**

The PTA Program is a cohort program meaning that it is designed to be completed by the student in a lockstep fashion from beginning to end, according to the curriculum schedule. Satisfactory progression with the cohort is necessary to maintain one's position in the program.

### ***Failure of One Physical Therapist Assistant Program Course***

If a student fails a PTA Program course, the student cannot progress in the program until the course is successfully repeated. Because most technical courses are only offered once per year, students are advised that progression may be delayed by as much a one year. Furthermore, when a student is unable to progress with their cohort, they forfeit their clinical position. Therefore, enrollment in subsequent clinical courses will be determined by clinical space availability.

### ***Program Progression after Course Failure***

If the decision is made to proceed with the PTA Program after course failure, a developmental plan will be initiated with the student. The developmental plan will address continued competency in skills and knowledge needed to progress to the clinical portion of the Program. The student will be required to fulfill the components of the developmental plan prior to proceeding with clinical coursework.

### ***Failure of Two Physical Therapist Assistant Program Courses***

1. Any student who fails a second PTA Program course while at NMC will be dismissed from the Program.
2. If a student feels that extenuating circumstances contributed to the second failure, the student can appeal the dismissal to the Associate Dean of Health Professions.
3. A student should submit a letter of appeal specifically outlining the extenuating circumstances within 30 days from the date of dismissal. The letter should include supporting evidence and a detailed plan for future academic improvement
4. The decision on the appeal given by the Associate Dean is final.

For related college wide procedures please refer to the college catalog:

- Withdrawal and dismissal procedures pp.54, 64, 69
- Academic integrity policy p.58
- Attendance requirements- p. 59 & course syllabi
- Examination and grading-p.60-61 & course syllabi
- GPA Requirements pp. 61-62

## ***STUDENT SAFETY***

### **PURPOSE:**

Student safety is a primary concern of the College. Numerous policies and procedures exist to ensure that the student is able to learn in a safe and secure environment.

### **POLICIES:**

Policies regarding the following conditions and matters can be found as described below:

- Campus safety and emergency procedures:  
Student Handbook:
  - Campus Safety, p.10-11
  - Inclement Weather, p.35
  - Fire and Disaster Guidelines, p.35-36
  - Tornado Watch/Warning, p.36
  - Disaster Plan, p.37
- Safety in dealing with body substances and hazardous materials  
Student Handbook:
  - BBF /Occupational Exposure, p.26
  - Student Injury Policy, p.26
- Safety regulations regarding use of equipment in the Program laboratory
  - Lab policies in PTA Program Handbook, p.42-43
- Safety of students when in the role of subjects or patient-simulators
  - Lab policies in PTA Program Handbook, p.41
- Safety in student interactions in the classroom and laboratory settings  
Student Handbook:
  - Harassment, p.20
  - Sexual Harassment, p.23
  - Sexual Misconduct, p.23
  - Personal Conduct, p.21
- Safety of student participating in off-campus experiences
  - Off-Campus Educational Experience-PTA Handbook, p.19

## ***TECHNICAL STANDARDS OF PERFORMANCE***

Students are required to perform respective duties of the Physical Therapist Assistant based on the necessary physical and emotional abilities as well as scholastic achievement. The College will make reasonable accommodations for all students.

The following is a list of standard and/or technical skills required for performing duties of the Physical Therapist Assistant. These skills are not conditions for admission to the program, but do indicate abilities and characteristics necessary to successfully complete the Physical Therapist Assistant Program, and to perform the duties of the career upon graduation.

### **Behavioral and Social Skills**

Students should:

- possess qualities of motivation, compassion, integrity, empathy, honesty and good interpersonal skills;
- have the ability to develop mature, sensitive, and effective relationships with patients, colleagues, and physicians;
- be able to tolerate physical and emotional stress as well as adapt and be flexible;
- maintain overall good health and self-care as to not jeopardize the health and safety of classmates, self, instructors and patients;
- maintain high ethical standards in compliance with the American Physical Therapy Association;
- demonstrate professional behaviors and a commitment to didactic, clinical and lifelong learning.

### **Communication**

A PTA student must be able to communicate effectively using speech, reading, and writing. He/she should be able to observe clinical staff and patients in order to elicit information, perceive nonverbal communication, describe changes in mood, activity and posture, and recognize and respond to an emergency situation. Students must be able to communicate quickly, effectively and efficiently in both oral and written English with classmates, instructors, patients, families, physicians and any other member of the health care team. Students must also have the ability to take part in lectures and discussions in didactic as well as clinical settings.

### **Motor and Functional Abilities**

Students must be able to:

- freely move about the laboratory and clinic;
- move quickly in an emergency situation to protect the patient;
- stand for prolonged periods of time while in clinical experiences (up to 8 hours) as well as sit for prolonged periods during didactic work (2-10 hours);
- safely and effectively resist, guide, facilitate or inhibit movement of another person's body part(s) to illicit a desired position or outcome;

- lift or transfer another person's body weight using proper transfer techniques (30-100 lbs);
- detect changes in patient's muscle tone, skin quality, joint play, temperature and kinesthesia;
- engage in tasks requiring manual dexterity and hand-eye coordination as well as occasional pushing and pulling of up to 50 pounds, holding, manipulating, extending, rotating, kneeling, stooping and manually adjusting equipment found in a clinical setting.

Students must be able to see notes written on a whiteboard, videos and slide show/overhead presentations. They must be able to gather visual information from patients regarding movement, posture, body mechanics and gait to compare to normal standards as well as gather visual cues from the patient regarding tolerance of interventions.

### **Intellectual**

Students should possess critical thinking and problem solving skills. They must be able to receive, interpret, remember and use information to solve problems as well as adjust patient's daily treatment within their plan of care when necessary. You will be required to have the knowledge to operate a variety of physical therapy modality and exercise equipment in a safe manner. Students must be able to comprehend information as well as accept constructive criticism and exercise sound judgment in the classroom and clinic.

In addition to the technical standards stated above, students must be able to successfully complete all required components of the curriculum consisting of tests and evaluations as well as clinical assessments.

***It is the student's responsibility to notify the department if there is any reason they cannot meet these standards for the Physical Therapist Assistant Program with or without reasonable accommodation.***

Sources:

[www.pters.kumc.edu/phdtechstnd.html](http://www.pters.kumc.edu/phdtechstnd.html)

<http://www.andrews.edu/PHTH/dpttech.php>

<http://www.methodistcollege.edu/technicalstandardssono.asp>

<http://www.sf.edu/healthscience/pta/techstandards.shtml>

## II. CLINICAL POLICIES

### ***BLOOD/BODY FLUID OCCUPATIONAL EXPOSURE PROCEDURE***

*(NMC Student Handbook, p 26-27)*

This procedure is to be followed if a student is involved in a blood/body fluid exposure incident.

- 1) Clinical instructor or designated supervisor immediately assists the student in cleansing the wound or affected area with soap and water, or irrigating splash area (i.e. eyes, mucus membranes) with normal saline or water. If eyes have been splashed, flush 15 minutes at eye wash station with wash bottle or saline.
- 2) If the exposure occurs Monday-Friday 6:30am-5pm., call Methodist Employee Health at 354-5684. When speaking to the secretary, the caller should identify him/herself as a Nebraska Methodist College student with a potential BBF exposure. The student will be directed to go to the closest Methodist Employee Health location (e.g., Methodist Hospital, 2<sup>nd</sup> floor, North Tower or 8601 W. Dodge, Suite 37).
- 3) If the exposure occurs at a time when Employee Health is closed, call the Methodist Hospital operator at 354-4000 and page the House Supervisor to report the exposure.
- 4) Employee Health will assist the student in filling out all necessary documentation forms, and will coordinate any necessary follow-up.
- 5) In addition to notifying the Methodist Health System Employee Health Department (as directed above) the student is to follow any institutional policies and procedures at the location where the exposure occurred.
- 6) Costs incurred by a student blood and body fluid exposure are paid by Nebraska Methodist College.

### ***CELL PHONE AND PAGER USE (Clinical)***

#### **PURPOSE:**

To support a clinical environment free from distractions caused by communication devices.

#### **POLICY:**

Students shall not have cell phones or pagers on their person during clinical activities, unless approved by the Clinical Instructor. These devices are disruptive to the educational environment and should only be utilized during breaks. Failure to follow the policy may result in dismissal from the clinical site and could result in disciplinary action.

### ***CLINICAL ATTENDANCE***

#### **PURPOSE:**

To provide the students with necessary policies and procedures related to clinical attendance in the PTA program.

Clinical rotations provide the experience and practice necessary in developing clinical skills and problem solving abilities. Students will not be able to fulfill their competency requirements for the clinical portions of the courses if they are not in attendance at their clinical assignments. Failure of any clinical course will impact progression in the program, with possible results ranging from delayed graduation to program dismissal.

**POLICY:**

1. **Transportation:** Students are responsible for their own transportation to assigned clinical sites. (Refer to Transportation and Parking Policy).
2. **Clinical Hours:** Students will be accountable for clinic attendance at the times and places designated on the Clinical Schedule and are required to attend *all* scheduled clinical sessions. Required hours for clinical rotations are as follows:

PT 180	Clinical Experience I	64 hours
PT 200	Clinical Experience II	180 hours
PT 240	Clinical Experience III	225 hours
PT 250	Clinical Experience IV	225 hours

Documentation of clinical hours should be completed by the student and initialed by the CI or other supervisory personnel on the Clinical Attendance Log. The clinical day is exclusive of lunch and break times.

3. **Reporting Lateness/Absence:** Because of staffing and patient care responsibilities, the first responsibility is to the clinical site. Therefore, *if absent or more than 10 minutes late, students must contact the clinical site* and notify the CI or other designated staff providing as much notice as possible. After notifying the clinical site, the student must inform the ACCE of the late arrival or absence as soon as reasonably possible (but within that working day). *Failure to notify* the clinical site or ACCE may *result in disciplinary action*.
4. **Tardiness:** Arriving after the appointed start time reflects a lack of respect for the clinical site, poor ethical conduct and inadequate internalization of employability skills. Tardiness in excess of one instance is recommended to be made up at the following rate, at the discretion of the CI:
  - a. 1 hour of make up for the first 15 minutes late
  - b. An additional half hour is added for every additional 15 minutes late
  - c. Tardiness in excess of 1 hour may result in clinical dismissal for the entire day, with an additional 1 full-make-up day to be arranged at the Clinical Instructor's discretion based on clinic availability.
  - d. The student will receive a verbal warning after the second offence; a third offence will result in a written warning, and any offence beyond that will result in additional disciplinary actions ranging from a clinical contract to course failure.
5. **Scheduling Clinical Make-Up Time:** Students are responsible for completing the number of hours required for each clinical experience (see number 2 above). If the student missed hours for any reason (i.e. tardiness, clinic or college closure, short-term disabilities such as pregnancy, illness or injury) the student should arrange to make up needed hours with the CI. Hours missed and clinical make-up time must be documented on the Clinical Attendance Log. The ACCE may be contacted to assist with scheduling compensatory make-up hours with the clinic in cases which are outside of the student's control.

6. **College Closure:** The College may officially close for a weather or non-weather related emergency (i.e. Federal or State holiday, environmental crisis). College closure announcements are available through the Methodist College email, on the College website at <https://www.methodistcollege.edu/currentstudents/index.asp?S=39> or at 354-7222. If the clinical site remains open, it is ultimately up to the student to determine if it is safe to attend the clinical session. The student must contact the CI and may contact the ACCE or Program Director in deciding whether to go to the clinical site. Required hours must be made up.
7. **Pre-Approved Absence:** As noted previously, students are expected to attend all clinical sessions. However, in cases of unforeseen conflict, such as a family emergency or short-term disabilities such as pregnancy, injury or illness requiring isolation, the student must contact the CI and ACCE for prior approval of any change in the clinical rotation schedule (i.e. hours, dates). Short-term absence outside of the student's control, causing the student to miss approximately one week of clinical coursework, may be made up via written assignment at the discretion of the ACCE after consultation with the student and CI. Failure to follow procedure will be considered as an unexcused absence and with appropriate consequences
8. **Severe Weather:** Refer to college closure policy above.
9. **Permission to Leave Early:** Students leaving the area during the clinical day must have the approval of the clinical personnel with whom they are assigned. The student must reflect this absence on their Clinical Attendance Log and make up any required hours.
10. **Return to Clinic Post Absence:** Upon return from an absence caused by having surgery, any orthopedic pain/injury including back/neck pain, pregnancy, delivery or a student requesting any restrictions must present documentation from their personal health care provider to the Student Health Center. Documentation must indicate the date that the student may return to clinical and any restrictions. Students with physical restrictions may not be allowed to provide patient care. Restrictions will be evaluated on a case-by-case basis depending on the clinical area at the time of the illness/injury.  
Before returning to class/clinical from an absence related to an actual or probable infectious condition including, but not limited to, pink eye, diarrhea/vomiting, rash, draining wounds or influenza, the student must contact and may need to be seen by the Student Health Center at the request of the faculty. The student may also be requested to present documentation from their personal health care provider stating that they are no longer infectious and may return to class/clinical.  
All documentation related to the issues above shall be presented to the Student Health Center to be placed in the student's medical file.
11. **Clinical Progression:** Clinical time missed must be made up prior to academic progression in subsequent clinical courses or graduation. Clinical make-up is not guaranteed in all circumstances due to the structure of the program. If clinical rotations are not complete by the end of the term and there is no clinical course contract in effect (or pending request for an Incomplete), the student will receive a "U" (unsatisfactory) for the course and must follow the Academic Progression Policy as stated in the College Student Handbook.
12. **Dress Code Violations:** A student may be dismissed from the clinical site for violations of the dress code, College code of conduct (College Handbook), or other unprofessional behavior (Professional Conduct). In addition to make-up time, such

dismissals are subject to disciplinary action policy. ***Before a student is dismissed from a clinical site for unprofessional conduct/dress, the clinical site must notify the ACCE and/or Program Director.***

## ***CLINICAL PERFORMANCE EVALUATIONS***

### **PURPOSE:**

The PTA Program at Nebraska Methodist Collage relies on Clinical Instructors to give accurate evaluations of students based on objective performance, using the APTA Clinical Performance Instrument (CPI).

The CPI provides communication between the clinical staff, program faculty and student regarding the student's performance in the clinical setting. The evaluation is meant to effectively measure the performance (professional and technical) of a student and provide feedback at mid-term and at the completion of a clinical rotation. Feedback may include praise for noteworthy performance and analysis of deficient performance

### **POLICY:**

The student and Clinical Instructor will complete a CPI at midterm and at the completion of a student's clinical rotation. Please note PT 180, Clinical Experience I, does not require a midterm evaluation.

1. The student shall give the Clinical Site a CPI at the beginning of the clinical rotation.
2. The midterm evaluation will be completed separately by the student and Clinical Instructor and reviewed at the midpoint of the rotation. Any concerns of inadequate performance should be communicated by the CI to the ACCE at any time during the rotation, and need not wait until the midterm evaluation.
3. The final evaluation will be completed separately by the student and the CI, and reviewed at the conclusion of the rotation. The CI shall review student's assessment of performance and discuss areas of agreement and disagreement with the student. The student and CI sign the completed evaluation.
4. If the CI is a PTA, the supervising PT is requested to sign the CPI as well.
5. If the CI feels that more frequent reviews are necessary to give the student opportunity to correct or improve a deficiency, the CI is to inform the ACCE of the frequency of reviews and deficiencies being addressed.
6. The CI has the right to information regarding student academic performance, to assist in determining areas of deficiency to be addressed during the clinical rotation.
7. The CPI will be returned to the ACCE within 4 days after the completion of the rotation. A stamped envelope is provided in the Student Clinical Manual for ease of return of the CPI and other clinical documentation to the ACCE by the Clinical Instructor.

8. The ACCE will review clinical documentation and meet individually with students to discuss clinical progress after each rotation. If a meeting is not possible, the ACCE will communicate privately with each student via secure College email or by telephone with the approval of the student.
9. Students shall not approach clinical staff members regarding evaluation scores. Determination of grades for clinical courses is the responsibility of the ACCE. Discussion of grades with other students and/or clinical staff is a violation of FERPA and is strictly prohibited. (FERPA Policy is available under General Student Policies in the Student Handbook, and in Clinical Instructor Section of PTA Program Clinical Education Handbook.) Grades are private and may only be discussed with the faculty and administration on a need to know basis. The Clinical Instructor shall not discuss evaluation grades with the student and the student is not to discuss the grading of the evaluation with the Clinical Instructor without the ACCE present.

### ***CLINICAL SITE ASSIGNMENT***

#### **PURPOSE:**

The program utilizes multiple clinical affiliates to ensure that the student receives a well-rounded experience in providing patient care. The purpose of this policy is to familiarize the student with the process for assigning clinical site rotations.

#### **POLICY:**

1. Each student will be assigned to a variety of clinical sites to provide access to direct patient care. Students are required to complete at least one rotation that includes inpatient treatment experiences and one experience providing outpatient care. The use of multiple clinical settings allows students to obtain technical proficiencies required of the entry level PTA.
2. Students may request assignment at a specific clinical site, particularly if there is a geographic consideration or a special area of interest. Students with specific site preference should provide site contact information to the ACCE as soon as possible within the first semester of the Program, to allow time for the ACCE to consider the site and pursue a Clinical Affiliation Agreement with the site.
3. *Clinical Instructors must have a minimum of one year of clinical experience and be a licensed PT or PTA.* Students must complete their clinical education through scheduled utilization of approved clinical affiliates only.
4. The ACCE will make the Rotation Site List available on the PTA Clinical Site Information link on ANGEL. Students may use this list of clinical sites available for each clinical rotation to indicate their top three choices on the Clinical Preference Form. The ACCE has responsibility for assigning students to clinical rotations.
5. Students will have access to the Clinical Requirements List, on the PTA Clinical Site Information link on ANGEL. This file lists requirements for each clinical

site that must be completed by students prior to the start of the clinical rotation. The requirements for clinical sites may include drug testing and background investigations in addition to those completed for entry into the PTA Program.

6. Students will receive the clinical site assignment for each semester approximately 12 weeks prior to the beginning of the clinical rotation. It is the student's responsibility to send the CCCE the Student Personal Data Form, with contact information and goals for each clinical rotation, as requested by the clinical site and indicated in the Clinical Requirements List. The clinical schedule is noted in the syllabus for each clinical course. The student may arrange with the CI alternate hours convenient to both parties to achieve the total hours required for the clinical rotation.
7. Students should review the Student Personal Data Form with the CI at the start of the rotation. A discussion of learning style, feedback needs, goals and expectations for rotation is recommended to occur with the CI in the first few days of the clinical course. This discussion will assist the CI to determine areas of content to include in the rotation. **Clinical Instructors have the right to information on student academic performance to help in the design of the clinical course.** This information may be provided by the program faculty prior to or during the length of the clinical rotation.
8. If an affiliate site chooses to no longer permit a student access to its operations because of a violation of clinic rules, regulations, policies or procedures (including breach of professionalism or violation of the student code of conduct), clinical placement at an alternate clinical site cannot be guaranteed.

### ***COMMUNICATION GUIDELINES (Clinical)***

#### **PURPOSE:**

To provide a clear chain of communication for the student to follow to seek resolution of a problem that may arise in the classroom, laboratory, or clinical setting. In line with expectations for professional behavior, the student is always encouraged to seek immediate resolution by directly engaging the party involved. When this is not possible, the student is expected to use the following line of communication.

#### **POLICY:**

1. Students should notify the designated Clinical Instructor or a clinical staff member about the situation.
2. The designated Clinical Instructor will notify the ACCE about the situation.
3. The ACCE will inform the Program Director of any situations requiring her involvement.
4. The ACCE will schedule a meeting with the student involved, and the Clinical Instructor if necessary.

5. The Program Director will notify the Dean of the Division of Health Professions in situations requiring further involvement.
6. It is recommended that the appropriate hierarchy of communication be observed whenever possible.

The ACCE, Program Director and the Associate Dean of the Division of Health Professions utilize an “open door” policy in regard to student issues or complaints. Students may unofficially seek advice (regardless of the chain of communication) if unsure how to handle the situation.

***\* Before a student is dismissed from a clinical site for unprofessional conduct/dress, the clinical site must notify the ACCE and/or Program Director.***

### ***COMPLAINT POLICY – EXTERNAL***

*(College Catalog, p 7)*

#### **PURPOSE**

Any person external to the College having a complaint against the College has a mechanism by which to report the complaint and seek resolution.

#### **POLICY:**

External constituents with concerns or complaints against the College should call 402-354-7000. The receptionist will field the request and direct the concerned party to the appropriate administrator. The administrator taking responsibility for the concern will record the nature of the concern and also record any actions taken by the College to address the concern. All concerns reported to an administrator of the College are kept on file in the office of the Vice President for Student Affairs for 10 years.

### ***COMPLAINT POLICY – INTERNAL***

#### **PURPOSE**

To make explicit the process by which students and clinical faculty may voice a concern or complaint and seek resolution.

#### **POLICY:**

Documentation of complaints will be kept on file in the office of the Program Director for a period of 10 years.

#### **1. Student**

Nebraska Methodist College has formal complaint policies for academic and non-academic student concerns. The policies are available in the College Catalog, which can be accessed online at <http://www.methodistcollege.edu/currentstudents/catalogs/collegecatalog/index.asp> Under the General Student Policies link, scroll down to Resolution Process for Academic and Non-Academic Student Concerns.

1. Phase one involves discussion of the concern between the student and the involved faculty member or other involved party.
2. If resolution is not reached, the Dean of Students may be contacted for academic complaints, or the Program Director may be contacted for non-academic complaints. An investigation will be conducted by the contacted administrator to determine whether a formal appeal is warranted. The formal appeal, if warranted, will be scheduled within 10 days of the request.
3. If a complaint cannot be resolved satisfactorily through the above steps, the student may pursue a Judicial Board Hearing. To convene a Judicial Board Hearing, the student should contact the Dean of Students.

## **2. Clinical Faculty**

1. Clinical Faculty having complaints regarding the students or the PTA Program at Nebraska Methodist College should contact the ACCE via phone or email to discuss the concern. The ACCE may contact the Clinical Faculty to clarify and/or resolve the issue.
2. If resolution is not reached, the ACCE will contact the Program Director, and may involve the Associate Dean of Health Sciences, in determining how the issue should be resolved.
3. Steps taken or planned to resolve the complaint will be communicated by the ACCE to the Clinical Faculty

### ***DISCIPLINARY ACTION (Clinical)***

#### **PURPOSE:**

The purpose of this policy is to inform the students of the steps taken when disciplinary action is deemed necessary.

#### **POLICY:**

Any infraction of the policies of the Physical Therapist Assistant Program, NMC, and/or any infraction of the policies and regulations of the clinical site in which the student is assigned will warrant disciplinary action. The type of action taken will depend upon the seriousness and frequency of the infraction, circumstances surrounding the infraction and the student's prior record.

1. If the problem should develop within the assigned clinical site, the clinical staff will notify the ACCE through the appropriate channels of communication (see Communication Guidelines Policy).
2. The ACCE will investigate the situation and decide the appropriate disciplinary action. Disciplinary action shall include one of the following interventions. These interventions

are not in lock step order, meaning that any type of disciplinary action may be initiated at any time. However, interventions will not go from greater to lesser consequence.

**a. VERBAL WARNING** - The appropriate faculty member will notify the student that continuation or repetition of specified conduct may be cause for disciplinary action.

**b. WRITTEN WARNING** - A written reprimand may be given to a student whose conduct violates any part of these regulations or policies. Continuance of such behavior will result in a developmental plan or course failure/dismissal, depending on the nature of the infraction.

**c. DEVELOPMENTAL PLAN/CLINICAL PERFORMANCE CONTRACT** - This is a written plan that involves input from the student and clinical faculty and is directed toward establishing strategies that will improve the student's behavior.

**d. COURSE FAILURE and/or DISMISSAL FROM PROGRAM** – Students who fail to abide by PTA Program policies despite intervention, or are guilty of gross misconduct, are subject to clinical course failure and/or dismissal from the Program.

3. At any time during this process, a student may be referred to counseling, in addition to or in place of other sanctions. In the event a student is believed to be in immediate danger to himself/herself or to others due to psychological difficulties, the student may be required to obtain professional evaluation and treatment in order to remain enrolled as a student.

## ***DOCUMENTATION***

### **PURPOSE:**

Verification of experiences gained while in the clinical rotations is essential for maintaining and providing high quality education to the students. This policy provides information on proper documentation procedures.

### **POLICY:**

Students are required to complete various types of program documentation during clinical courses. It is the student's responsibility to maintain their own documentation and records. Examples of forms utilized in the clinical setting are provided in the Student Clinical Manual as well as the Clinical Education Handbook for Clinical Instructors (see Forms for Clinical Experiences section).

1. Documentation is primarily the responsibility of the student.
2. Responsibility for documentation is as follows:

#### **DAILY**

*Daily Attendance Log:* The student is responsible for entering accurate date and time information, and obtaining CI initials and signature.

#### **AS REQUIRED**

*Clinical Performance Instrument:* The student is expected to give the CI a copy of the CPI at the beginning of the rotation, and complete the CPI for scheduled review with the CI.

*PTA Student Evaluation of Clinical Experience/Instruction:* will be completed by the student at the midterm and/or final review, and shared with the CI.

*Student Personal Data Form:* the student will complete and send to the CCCE approximately one month prior to the clinical rotation, or as requested by the Clinical Site and indicated in the Clinical Requirements List.

*Student Self – Assessment via journaling or web assignment:* as indicated in the clinical course syllabi

3. Students are expected to maintain their documentation up-to-date.
4. Documentation will be reviewed periodically and collected at the end of the rotation by program faculty.
5. If a student does not keep documentation current and available for review or collection, disciplinary action may result. Clear deadlines will be determined by the ACCE and will be communicated in the clinical course syllabus or via the on-line course in ANGEL.
6. The falsification, forgery, or misrepresentation of clinic documentation is a breach of the student Code of Conduct and will not be tolerated. Upon determination that a student has falsified any clinical records, disciplinary action may range from course failure to dismissal from the program. Falsification of records includes, but is not limited to, signing out before the clinical day is completed or signing in for times that the student is not present in the clinic.

## ***DRESS CODE***

### **PURPOSE:**

It is important that the student portray a professional image to those with whom he/she comes into contact. Inappropriate dress and grooming detracts from the patient's confidence in the quality of care provided. The purpose of this policy is to provide strict guidelines for appropriate attire in the clinic or when representing the College or Program in the community (for example at a Health Fair).

### **POLICY:**

All students will be expected to adhere to the following dress code policy and the policies of their clinical sites.

1. Personal Grooming - Good taste indicates that haircuts, hairstyling, and personal grooming be neat and conservative rather than ostentatious. Grooming and style should also be practical so as to enable one's duties to be performed without embarrassment or inconvenience.
  - a. Hair must be neat. If long, it may be required to tie it back.
  - b. Mustaches and beards, if worn, must be neat and trimmed.
  - c. Excessive make-up and fragrances are not appropriate.
  - d. Fragrances should *NOT* be worn to clinical sites due to possible patient allergies.
  - e. Rings, if worn, should be low profile and limited to one finger per hand.
  - f. One necklace is allowed and should be worn close to the neck.

- g. Earrings, if worn, should not exceed 1 inch in diameter and are limited to no more than two per ear.
  - h. No other pierced jewelry on any other visible part of the body is permitted to be worn while in the clinical setting.
  - i. Fingernails should be maintained in a professional manner, be closely trimmed, and should not interfere with patient care. False fingernails are strictly prohibited. Nail polish, if worn, should be subdued in color.
2. Dress – All students will arrive at the clinical site in accordance with that clinic's dress code.
  3. In addition to the above:
    - a. A short white laboratory jacket may be required.
    - b. Name badges must be worn at ALL TIMES and shall be worn so that the student's identity is readily visible to the patient. Students are not allowed to wear name tags at waist level.
    - c. Clean shoes are required. Athletic shoes are acceptable. High heels, sandals or opened toed shoes are not allowed as they pose a safety risk.
    - d. Long pants should be worn. No shorts, Capri's, or jeans should be worn unless otherwise approved by clinic site.
    - e. Students should not wear t-shirts, sleeve-less shirts or shirts that cannot be tucked in.
  4. Students will be dismissed from clinical if they are **NOT** in compliance with the dress code. The ACCE and/or Program Director must be notified prior to dismissing a student for any reason.
  5. All clinical time lost in this manner will have to be made up. (See attendance policy.)

### ***EQUAL OPPORTUNITY/NON-DISCRIMINATION POLICY***

It is the intent and desire of Nebraska Methodist College to create an environment for all students and employees that promotes fairness, responsibility, ability and performance. Nebraska Methodist College admits qualified students and hires qualified employees of any race, color, national and ethnic origin and makes available to them all the rights, privileges and activities generally accorded or made available to them at the College. The College shall not unlawfully discriminate against students and employees in any of its educational policies, employment policies, programs, services or benefits on the basis of gender, disability, race, color, religion, age, sexual orientation, financial status, marital status, veteran status or national or ethnic origin. All programs and procedures are designed and administered in a manner intended to enhance, not limit, equal access.

The College shall comply with all applicable federal, state and local laws relating to equal opportunity, including the Civil Rights Act of 1964, Title IX of the Educational Amendments of 1972, Section 504 of the Rehabilitation Act of 1973 and the Americans with Disabilities Act, as applicable.

It is essential that any complaints related to discrimination be reported immediately to a College administrator so an investigation and corrective action can be taken. Any student or employee who engages in discrimination in violation of this policy is subject to disciplinary action.

## *HIPAA- PATIENT CONFIDENTIALITY*

### **PURPOSE:**

Students are able to complete the clinical objectives and requirements of the programs through the privileges granted them from the clinical affiliates associated with the program. While in the clinical areas students will be privy to confidential information for each patient examined. The purpose of this policy is to protect patient identity and privacy, and ensure compliance with the Health Insurance Portability and Accountability Act (HIPAA).

### **POLICY:**

In accordance with federal HIPAA regulations, removing client records of any kind is expressly prohibited unless the patient has signed a release form or the material has been thoroughly de-identified. The student must abide by the individual policies and procedures set forth by each clinical site pertaining to the use of cases for educational purposes. **Failure to abide by this policy may result in suspension or dismissal from the College and/or legal action brought against the student. Student liability insurance provided by the College will NOT protect the student who violates this policy.**

1. Any discussion of patient information beyond the purpose of fulfilling clinical assignments is prohibited.
2. Appropriate discussion of patient information with co-workers and hospital employees must be accomplished in a confidential manner and place to restrict information only to the healthcare personnel involved with that patient's care. Conversations in elevators, eating places, or other places of common assembly within the clinical site are strictly prohibited. Careless talk may lead to malpractice litigation.
3. If client information is to be taken from a unit/agency, students must consult with the clinical personnel, ACCE, or Program Director regarding agency policies and procedures. The policy may include having the client sign a release of information form available at that site.
4. The student is responsible for de-identifying any material that is removed from the clinic, after appropriate approval has been granted. All identifying client information must be blacked out or eliminated from all client record. Copies must be made at a time that will not interfere with clinical assignments or the patient's care.
5. Discussion related to a case is to take place **solely** in the classroom setting, including online discussions through the course discussion board. The material must be presented in a way that completely protects the patient's identity.

## *INFORMED CONSENT – Patient Consent*

### **PURPOSE:**

To provide a mechanism to ensure patients are informed when students are involved in patient care and to ensure the risk-free right of patients to refuse to participate in clinical education.

**POLICY:**

1. Students are to introduce themselves to the patient as a PTA student with Nebraska Methodist College
2. In accordance with the dress-code policy, students are required to wear appropriate identification badges as determined by the clinical site.
3. If a patient refuses to allow the student to participate in their care, the student is to respond appropriately and respectfully to the patient and seek out the supervising Clinical Instructor, after ensuring that the patient's safety is secured.

***MEDICAL ERROR REPORTING*****PURPOSE:**

It is a professional obligation to immediately report and actively prevent medical errors. Because students will be working with patients in a health care setting, there is the potential for error, and the possibility of identifying the potential for error. Students have an obligation to report any errors that may have gone unnoticed so that patient safety can be maximized. The purpose of reporting error, in addition to its direct impact on the patient affected, is to develop a plan to prevent such errors in the future.

**POLICY:**

When a student feels that an error in practice has occurred (whether or not the student made the error), it is the student's responsibility to inform the Clinical Instructor or Center Coordinator of Clinical Education as soon as reasonably possible. If the student fears possible repercussions from reporting the error, the ACCE or Program Director should be contacted immediately. If the student has committed an error, a plan for remedial education may be required.

***PERSONAL PHONE CALLS (Clinical)***

No personal telephone call should be received while in the clinical area except for emergencies. Departmental telephones may not be used for personal calls.

***PROFESSIONAL CONDUCT (Clinical)***

Professional conduct is expected of students at all times throughout their tenure at NMC. Therefore, this policy is referred to in the Program Policies Section and Clinical Section of the PTA Program Handbook.

**PURPOSE:**

All students at NMC are being educated to serve the community in various health care disciplines; therefore, it is expected that they will conduct themselves in a professional manner in all settings in which they are representing the College, including but not limited to the classroom, laboratory and clinical areas. This policy provides guidance on what the College defines as professional behavior. This policy is in addition to, not a replacement for the Code of Conduct explained in the Student Handbook

## **POLICY:**

Professional conduct includes, but is not limited to, punctuality, respect for other people, their property, and their right to learn, as well as principles explained in the Standard of Ethical Conduct for the PTA. It also includes an appropriate respect for those in authority. As students of the Physical Therapist Assistant Program, such conduct is expected that will not bring criticism to oneself, the program or the school. As each affiliated clinical site has granted students the *privilege* of learning in their facility, students are expected to demonstrate professional behavior at all times.

In any public place the student is potentially exposed to the patients' relatives and friends. Things one says and the attitude one exhibits have impact on those around. We request the student observe the following:

1. **Honesty** – Being truthful in communication with others.
2. **Trustworthiness** – Maintaining the confidentiality of patient information; admitting errors and not intentionally misleading others or promoting self at the patient's expense.
3. **Professional Demeanor** – Being thoughtful and professional when interacting with patients and their families; striving to maintain composure under pressure or fatigue, professional stress or personal problems; maintaining a neat and clean appearance and dressing in attire that is reasonable and accepted as professional to the patient population served.
4. **Respect for the Rights of Others** – Dealing with professional staff and peer members of the health team in a considerate manner and with a spirit of cooperation; acting with respect toward all persons encountered regardless of age, race, color, national origin, disability, religion, gender, sexual preference, socioeconomic status or veteran/Reserve/National Guard status; respecting the rights of patients and their families to be informed and share in patient care decisions; respecting patients' modesty and privacy.
5. **Personal Accountability** – Participating responsibly in patient care to the best of your ability and with appropriate supervision; undertaking clinical duties and persevering until they are complete; notifying the responsible person if something interferes with your ability to perform clinical tasks effectively.
6. **Concern for the Welfare of Patients** – Treating patients and their families with respect and dignity both in their presence and in discussions with others; discerning accurately when supervision or advice is needed and seeking these out before acting; recognizing when your ability to function effectively is compromised and asking for relief or help; not using alcohol or drugs in a way that could compromise patient care of your own performance; not engaging in romantic, sexual, or other nonprofessional relationships with a patient, even upon the apparent request of a patient.
7. **Promptness** - It is expected that students arrive on time to classes, labs and clinical rotations at all times.

## ***STUDENT INJURY***

*(NMC Student Handbook p 26)*

If a student is involved in an accident or unusual occurrence which may cause actual or potential harm, proper documentation of the accident must be made within 24 hours. The completed **Incident Report Form\*** documenting the incident will be filed in the Student Health Office.

Protocol for clinical occurrences:

- 1) The student reports any accident or unusual occurrence to the CI or designated supervisor, who initiates reporting and treatment.
- 2) The student receives immediate first aid or medical attention at the clinical site as needed, and receives information related to the nearest emergency services if necessary.
- 3) The student must report the incident to the Student Health Center within 24 hours by calling 354-7210. If leaving a message, provide student name and contact information as well as the nature, date, and location of the incident.
- 4) If necessary, the student will seek further treatment from the provider/agency of their choice. The exception is a blood/body fluid exposure which requires immediate treatment (Refer to Blood/Body Fluid Occupational Exposure Procedure). Any costs incurred are the responsibility of the student.
- 5) Student Health will notify the student's Program Director and follow-up with the student as necessary

\*A copy of the Incident Report form is included in the Forms section of the Clinical Education Handbook.

## ***STUDENT SAFETY (Clinical)***

### **PURPOSE:**

The purpose of this policy is to provide the student with a list of policies pertaining to student safety in the clinical setting.

### **POLICIES:**

Information regarding student safety in the clinical setting can be found in the following policies contained in this document:

- Blood and Body Fluid/Occupational Exposure
- Clinical Attendance – specifically college closure and return to clinic subsections
- Student Injury
- Student Supervision
- Transportation and Parking

## ***STUDENT SUPERVISION***

### **PURPOSE:**

The purpose of this policy is to provide the student with guidance on the level of supervision needed when completing clinical procedures.

### **POLICY:**

Student physical therapist assistants must provide patient care services under the direct supervision of a licensed physical therapist or physical therapist assistant.

Direct supervision requires that the supervising practitioner is physically present and within line of sight.

**Please note:** State rules and regulations pertaining to the supervision of a student physical therapist assistant vary. The student is responsible for adhering to College policy **and** to state law applicable to the clinical site(s) in which they are completing their rotation.

Students who find themselves without proper supervision must immediately contact the Clinical Instructor, CCCE, ACCE, or Program Director.

## ***TRANSPORTATION AND PARKING***

### **PURPOSE:**

To provide students with the expectations and guidelines related to student transportation and parking.

### **POLICY**

#### **1. Transportation**

Students are responsible for their own personal transportation. In order to obtain specific clinical experiences, students may be required to travel to clinical settings in a variety of geographic settings. Students should be aware of the possibility of direct and indirect expenses associated with travel. Public transportation may be available to and from clinical sites. If public or alternative transportation is needed, it is the student's responsibility to make the necessary arrangements.

#### **2. Parking**

##### ***Parking at Methodist Hospital***

Designated parking is provided at Methodist Hospital at no charge to students. Guidelines for the use of these areas have been established to ensure adequate space is available for users and to provide for the safety of property, vehicles, and personnel. Failure to abide by the parking policies may result in a fine and/or loss of parking privilege. The Hospital assumes no liability or responsibility for damage to any vehicle parked in or on Hospital facilities, nor for injury to any persons using such facilities caused by a third party.

**Parking at Methodist Hospital for students is authorized on the top level of the employee parking structure south of the Hospital.** This is the only parking area authorized for Methodist College students. A student ID card is necessary to enter

through the entrance gate. To exit this level, slowly drive down the exit ramp to the 2nd level and exit on the south end of the garage onto Farnam Drive. No card is needed to exit.

*Parking at other Clinical Facilities*

Students should contact the clinical coordinator or clinical instructor for parking instructions and guidelines prior to any clinical experience. Students are expected to abide by the rules and regulations of the assigned clinical facility and park only in designated lots.

### **III. LABORATORY POLICIES**

#### ***INFORMED CONSENT- laboratory/clinical patient- simulators***

##### **PURPOSE:**

To provide guidelines for obtaining informed consent of students or non-students when participating as subjects or as patient-simulators during laboratory and clinical experiences. The role of these volunteers during laboratory and clinical experiences may include participation in exercise, treatment, videotaping, audio-taping, or photographing of individuals for instructional purposes.

##### **POLICY:**

1. Each PTA student will be required to sign an informed consent form prior to the first day of their initial lab class. Signed informed consent forms will remain active throughout the student's enrollment in the PTA Program or until otherwise revoked
2. All other persons volunteering to participate as a patient-simulator in lab will be required to sign the informed consent in advance of the lab session. This consent will be valid throughout the term of the course in which the individual is volunteering.
3. Signed forms will be maintained by the Program Director in a locked file cabinet.

#### ***LABORATORY ATTIRE***

Laboratory attire is required for all classes and skill demonstration in which the student will play the role of a simulated patient. Lab clothes must be kept clean. Appropriate lab dress for men include: shorts and t-shirts. Women will wear shorts, a t-shirt, and a sports bra, halter top or swimsuit top.

#### ***LABORATORY GRADING POLICIES AND PROCEDURES***

Laboratory evaluations are required to ensure each student possesses a level of acceptable skill when performing physical therapy related techniques prior to beginning a clinical experience.

##### *Policies and Procedures for Competency Based Testing*

1. The student must achieve all skill competencies to pass the course and take lab practical exams.
2. The instructor will assign a time for the student to be tested.
3. The student must satisfactorily perform all critical elements in order to pass each individual skill.
4. The student will be provided the opportunity to retest a skill should he/she fail to meet the designed criteria for the specified skill on the first trial.

## *Testing Format and Grading Procedures for Practical Examinations*

Students have two chances to pass a skills competency.

Trial 1            100% of total points can be achieved, if **trial 1 performed correctly** with absolutely NO verbal cuing from instructor

If a student fails the first trial, instructor will identify deficiencies and discuss (verbal cuing) these with the student. Student will then be allowed to complete the patient scenario again (trial 2)

Students who receive a zero (0) on any trial due to missing a CRITICAL SAFETY ELEMENT will receive a failing grade and be required to retake the exam. However, the student will still be required to complete all remaining elements of the initial lab practical regardless of the fact that they will not pass the exam during their first session.

Trial 2            75% of total points can be achieved if **trial 2 performed correctly** with no additional verbal cueing from instructor

Students who achieve less than a 70% on a practical exam will be **REQUIRED TO RE-TAKE THE EXAMINATION AT A LATER DATE.**

Trial 2 failed    Student will receive zero (0) points and a failing grade on the practical exam and **will be required to repeat the test at a later date.** The instructor may also assign additional homework or study if deemed appropriate.

Second Exam    70% of total points can be achieved provided that the student successfully passes the examination on the second testing date

**A student who is unable to successfully pass the practical exam on a second examination date will receive a failing grade in the course (see Progression policy).** Students may not take a practical exam more than two times.

## **LABORATORY SAFETY**

### **PURPOSE:**

To provide guidelines for the safe operation and maintenance of PTA lab equipment.

### **POLICY:**

Laboratory equipment safety is a collaborative effort between NMC and Methodist Health System. PTA program faculty and students are all responsible to ensure safe operation of equipment by doing the following:

1. Visually inspect of equipment for damage and current Preventive Maintenance (PM) sticker (some equipment may not require a PM sticker).
2. Pre-check equipment prior to use.
3. If PM sticker is not current, inform lab instructor or Program Director and do not use the equipment.

When a piece of equipment fails or malfunctions:

1. Attend to the immediate needs of the subject
2. Report the incident to the lab instructor or Program Director
3. Assist lab instructor in filing out an incident report
4. Remove the equipment from the area and label it as “out of service”
5. Biomed will be contacted by lab instructor or Program Director by calling x4111

### ***LAB USE***

The use of PTA equipment is restricted to the PTA Program faculty and the students enrolled in the PTA Program. Use of equipment by any other nursing or allied health students is expressly prohibited and may result in disciplinary action.

1. Students are expected to conduct themselves as though they are in the clinical setting. Inappropriately loud talking or joking, use of foul language, or other disruptive behavior will cause the student to be dismissed from the lab session and will result in a disciplinary action.
2. Students are only authorized to use modality equipment or work with volunteers in the presence of an instructor. It is advised that the student utilize open lab time when an instructor is scheduled to oversee practice.
3. All volunteers must sign an informed consent that indicates that the sole purpose of the experience is for education and instruction. This form must be on file with the instructor prior to the volunteer being treated. Refer to Informed Consent Policy for more information.
4. When a volunteer is to be treated, the student will introduce him or herself to the volunteer and explain the procedure. The student will conduct themselves as they would in the clinical site. All volunteers shall be treated with the same respect and courtesy as patients in the clinical setting.
5. Students may have a beverage and food in the lab but must comply with the following:
  - A. All food must be in a covered container or to-go box
  - B. All beverages (pop, coffee, juice, etc.) must be covered.
  - C. At no time should there be food or drink by computers or modality equipment.
  - D. All food/drink must be disposed of prior to leaving the lab.
  - E. These privileges are ultimately at the discretion of the program faculty and may be altered.

## ***USE OF LEARNING RESOURCES***

Students have open access to all learning resources in the lab. Learning resources are there to enhance the educational experience. However, these supplies are also expensive. If this policy is not adhered to, the result will be a closed system whereby all materials will be locked up and require the presence of an instructor for check-out. It is the expressed wish of the department that this would not have to happen.

1. Lab doors will be locked when students are not present. Students must check out the lab key from the front desk or ask an instructor to gain access to the material. Access to the lab gives students open access to all learning resources.
2. If a class is in progress, the student may ask the instructor for permission to enter and utilize material.
3. All material is to be used in the lab. Removal of material will result in loss of privilege.

## PTA PROGRAM HANDBOOK QUIZ

- 1) What is the penalty for getting caught cheating or plagiarizing an assignment, test or paper?
- 2) It is ok to have your cell phone on during class.    True    False
- 3) How often should you check your college e-mail?
- 4) Professional attire would be required when a student is representing the College and/or Program.    True    False
- 5) Which are not considered professional attire? Circle all that apply.
  - a) Flip Flops
  - b) Visible tattoos
  - c) Cargo pants
  - d) Low riding pants
  - e) Low cut tops
  - f) Dress pants
- 6) Answer the following questions about grading of lab practicals.
  - a) How many trials are granted during lab practicals?
  - b) What is the highest grade you can get on a second trial?
  - c) How many retakes are you allowed?
  - d) What happens if you don't pass a lab practical?
- 7) When are students allowed to practice on modality equipment?

**Your signature indicates that you have read and understand all policies presented in this handbook and that you agree to act in accordance with those policies and regulations.**

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NAME

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DATE