

Professional Development

Course Offerings

Nebraska Methodist College has an extensive catalog of programs for continuing education, offering an impressive array of topics in the medical, nursing, and allied health fields. We offer quality live programming to health care professionals so that they can continue to develop professionally as well as fulfill their continuing education requirements. In addition, we supplement our live offerings with online offerings that can be completed for continuing education credits at any time, from any place. Most programs are available at no charge for current students of Nebraska Methodist College as well as for employees of Nebraska Methodist Health System. For a complete listing of the online continuing education selections currently available, and for information on upcoming live programming, visit Professional Development at www.methodistcollege.edu/professionaldevelopment/index.asp

Basic and Advanced Life Support Courses

Advanced Cardiac Life Support (ACLS) for the Health Care Provider

The ACLS Provider Course is designed to provide the knowledge and skills needed to evaluate and manage the first 10 minutes of an adult ventricular fibrillation/ventricular tachycardia (VF/VT) arrest. Providers are expected to learn to manage 10 core ACLS cases: a respiratory emergency, four types of cardiac arrest, four types of prearrest emergencies and stroke. The course is intended for health care personnel staffing emergency, intensive care or critical care departments. NMC offers both initial and renewal training.

Basic Life Support (BLS) for the Health Care Provider

The BLS Health Care Provider Course is designed to teach the skills to administer CPR to victims of all ages (using ventilation with a barrier device, a bag-mask device and oxygen); use of an automated external defibrillator (AED); and relief of foreign-body airway obstruction (FBAO). It is intended for participants who provide health care to patients in a wide variety of settings, both in and out of the hospital settings. NMC offers both initial and renewal training, in a traditional classroom format.

Community CPR, First Aid and AED Courses

Community Basic Life Support Courses are available to family members and friends who would like to learn more about CPR, healthy heart and brain living, first aid and automatic external defibrillation. Learn what to do in an emergency situation and keep your cool in a non-intimidating, fun and hands-on learning experience.

Instructor Courses (BLS, ACLS, PALS)

The American Heart Association Instructor Course teaches the methods needed to effectively instruct others in resuscitation courses. This course is intended for current AHA providers who wish to become instructors. NMC offers these courses.

Pediatric Advanced Life Support (PALS) for the Health Care Provider

The Pediatric Advanced Life Support course provides the learner with:

- Information needed to recognize infants and children at risk for cardiopulmonary arrest.
- Information and strategies needed to prevent cardiopulmonary arrest in infants and children.
- The cognitive and psychomotor skills needed to resuscitate and stabilize infants and children in respiratory failure, shock or cardiopulmonary arrest.

The course is intended for health care professionals who work with and are responsible for the well being of infants and children. NMC offers both initial and renewal training.