

# Nursing

## BACCALAUREATE DEGREE COURSES

### NS 100 INTRODUCTION TO COMMUNITY-BASED NURSING

Credit Hours: 2.5  
Prerequisites: SC 225, satisfactory math competency or SC 025, SC 103, CM 101  
Pre/Corequisites: SC 226, SC 280, SS 101, HU 150, CM 230/245

Co-requisites: NS 100C  
This introductory course provides a foundation for community-based nursing. Students examine the fundamental concepts and skills used in the delivery of professional nursing care with culturally diverse adult clients. Environmental considerations and the basic concepts of community, partnerships and visits with clients in various settings are introduced. The wellness continuum is expanded and professionalism in nursing, interpersonal communication, change, nursing process, critical thinking and caring are addressed.

### NS 100C CLINICAL PRACTICUM

Credit Hours: 1.5  
Co-requisites: NS 100

This clinical practicum offers students opportunities to provide nursing care with adult clients to promote and maintain health. Experiences focus on providing students beginning nursing-process skills for the delivery of care with a community-based perspective. Students incorporate interpersonal communication techniques while interacting with adult clients, members of the health care team and community partners.

### NS 202/NS 202L HEALTH ASSESSMENT ACROSS THE LIFESPAN

Credit Hours: 3  
This course familiarizes students with normal and abnormal health assessment of clients across the life span. The course utilizes Gordon's structural framework as the primary means to organize assessment data and prioritizing nursing diagnoses. Students will identify and utilize the principles of diagnostic reasoning and critical thinking to practice the application of health assessment findings to nursing practice. Students will apply the skills of interview, inspection, palpation, percussion, and auscultation throughout the course as guided by evidence-based practice (EBP). Students will analyze data collected during a complete health assessment. The health assessment data collected consists of a complete health history and physical assessment including laboratory values, the client's level of wellness, environment, health practices and goals, and

psychosocial (including domestic violence), mental, nutritional and transcultural considerations. The student will work to correlate the health assessment data while differentiating the major trends in growth and development and the attainment of developmental milestones comparing the differences of the well, acutely ill, and chronically ill clients across the lifespan.

### NS 220 COMMUNITY-BASED CARE WITH ADULTS

Credit Hours: 4  
Prerequisites: All year-one courses except HU\_: World of Ideas

Pre-/Corequisites: SC 315, SS 215  
Corequisites: NS 202/202L  
This course focuses on nursing care using a culturally sensitive framework with adult clients along the continuum of well being. Students employ caring and professional communication to promote change. Critical thinking and the nursing process are used in collaborative relationships with clients and community partners. Students are introduced to the economic impact on health. The concepts of legal/ethical accountability and prioritization are applied to professional community-based nursing practice.

### NS 220C CLINICAL PRACTICUM

Credit Hours: 3  
Corequisites: NS 220

The clinical practicum offers students opportunities to provide nursing care with adult clients to promote and maintain health. Experiences focus on providing students beginning nursing-process skills for the delivery of care with a community-based perspective. Students incorporate interpersonal communication techniques while interacting with adult clients, members of the health care team and community partners.

### NS 240 COMMUNITY-BASED CARE WITH FAMILIES

Credit Hours: 3.5  
Prerequisites: All year-one courses and NS 220/ 220C, SC 315  
Pre/Corequisites: SC 240, HU \_\_\_\_:World of Ideas, SS 235, SC 265

Corequisites: NS 240C, NS 245  
This course focuses on developing partnerships with women and childbearing families to promote and maintain health. Selected changes in the family and in the health of women are addressed. New knowledge and skills build on the frameworks of caring and community-based nursing care. Selected nursing assessment skills are introduced and applied. Use of the nursing process enhances critical-thinking skills as needs of women and childbearing families are explored. Beginning nursing leadership concepts are explored. Students identify the

influence of economics on the health and well being of women and childbearing families.

**NS 240C CLINICAL PRACTICUM**

Credit Hours: 2.5  
Corequisites: NS 240

The clinical experience offers students the opportunity to collaborate with women and childbearing families in their health care. Students develop partnerships through professional communication, dialogue and collaboration, critical thinking and shared learning. The nursing process and concepts of public health science, caring, professionalism and change are incorporated while working with clients. Students demonstrate selected nursing assessment skills while providing safe effective care within guidelines and policies.

**NS 245 PUBLIC HEALTH SCIENCE I**

Credit Hours: 1  
Corequisites: NS 240

This course introduces public health concepts and principles. Emphasis is on the core functions of public health: assessment, policy development and assurance. The course content provides an overview of the history and organization of public health and public health issues at the local, state, national and global levels.

**NS 340 COMMUNITY-BASED CARE ACROSS THE LIFE SPAN**

Credit Hours: 5  
Prerequisites: All year-one and -two courses  
Pre/Corequisites: SS 360  
Corequisites: CM 320

Students begin to integrate a broad range of concepts related to children and adults in the community. Students build on family concepts and incorporate growth and development into a framework for community-based nursing care across the life span. Content focuses on health promotion, illness prevention, maintenance and management of acute and chronic health problems. The differences in communication with clients across the life span are examined. The course facilitates professional role development, critical thinking and the use of humanistic/scientific principles and research as the basis of culturally competent care.

**NS 340C CLINICAL PRACTICUM**

Credit Hours: 4  
Corequisites: NS 340

The clinical practicum promotes integration of nursing process, including prioritization, into community-based care with children and adults. Caring, professional communication, dialogue and advocacy are used to build partnerships with families. Health care and economic policies and ethical decision-making are examined. Students incorporate beginning management and

leadership principles and information from research to further develop professional roles.

**NS 345 PUBLIC HEALTH SCIENCE II**

Credit Hours: 2  
Corequisite: NS 350

This course builds upon public health core concepts and principles introduced in Public Health Science I. Content focuses on epidemiology and special needs of aggregates at risk. Current and changing health care are critically analyzed in relation to local, state, national and global conditions and policies.

**NS 350 ADVANCED CONCEPTS IN COMMUNITY-BASED NURSING**

Credit Hours: 4  
Prerequisites: All year-one and -two courses, NS 340, SS 360

Pre/Corequisites: SS 370, HU 210, CM 320  
Corequisites: NS 345, NS 350C  
The course incorporates concepts and principles of psychiatric mental health nursing, community health nursing and public health science that promote holistic health of diverse vulnerable communities. As students broaden self-awareness and understanding of human beings, major foci are on therapeutic communication, group process and advocacy for individuals, families, aggregates and communities. Students use enhanced critical-thinking skills and a caring approach to apply nursing process to problems with multiple causes. Students value teaching/learning principles, motivation, risk reduction and health promotion as integral to achieving desired outcomes. Theory and research related to the promotion of mental health, prevention and management of acute/chronic mental illness and population-based needs are explored. The roles of the nurse in Community-based care, which include interdisciplinary collaboration, advocacy for social justice and professional leadership, are examined.

**NS 350C CLINICAL PRACTICUM**

Credit Hours: 5  
Corequisites: NS 345, NS 350C

The clinical practicum facilitates the synthesis of public health principles and physical and mental health concepts/interventions with diverse populations. This experience promotes the application of theory and skills in community-based health settings for acute and chronic mental illnesses. Nursing process is applied to a variety of population-based needs. Wide-ranging skills include the use of personal and community resources and collaborative problem solving leading to innovative solutions and desired outcomes. The roles of the nurse in community-based care are assumed. These roles include interdisciplinary collaborator, advocate, casefinder/manager, counselor, referral and change agent.

**NS 445 NURSING THE GLOBAL SOCIETY**

Credit Hours: 3

Prerequisites: All year-one, -two and -three courses,  
CM 320

Corequisites: NS 450

In this non-clinical course, students analyze current trends and issues within the profession of nursing. Students critically examine health care issues that impact a changing global community. Recommendations and solutions for practice are evaluated. Professional activism is explored. Health care policy and legal/ethical concerns are scrutinized within the framework of global nursing practice.

**NS 450 COMMUNITY-BASED CARE:  
COMPLEX CONCEPTS ACROSS  
THE LIFE SPAN**

Credit Hours: 4

Prerequisites: All year-one, -two and -three courses

Pre/Corequisites: NS\_\_\_: Non-Clinical Nursing  
Elective, HU \_\_\_ World of Ideas  
(Completion of 2 out of 3 World of  
Ideas Courses)

Corequisites: NS 445

This course focuses on the application of theory when caring for complex, high-risk clients across the life span. Students build upon research findings and previous knowledge to further develop critical thinking skills through the advanced nursing concepts presented in the course. Students examine the roles of professional caregiver, teacher and manager with families in an interdependent world. Students expand strategies for dialogue, collaboration and advocacy within an increasingly complex global health care environment.

**NS 450C CLINICAL PRACTICUM**

Credit Hours: 5

Corequisites: NS 450

This clinical practicum provides opportunities for students to apply culturally diverse, holistic care with high-risk families across the life span. In the delivery of nursing care, students provide collaborative, complex care with families along the continuum of well being. When providing care in the changing health care environment, students promote autonomy, altruism, human dignity, integrity and social justice.

**NS 460 COMMUNITY-BASED CARE:  
COMPLEXITY OF AGING**

Credit Hours: 2

Prerequisites: All year-one, -two, -three courses and  
NS 445, NS 450

Pre/Corequisite: HU\_\_\_\_: World of Ideas

Corequisites: NS 460C, SS 465

**NS 460C CLINICAL PRACTICUM**

Credit Hours: 2

Corequisites: NS 460

The clinical practicum facilitates student implementation of the nursing process with the complex older adult. Dialogue and collaborative partnerships with clients and health care providers assist students to assume professional roles in complex health care with older adults. Ethical/legal accountability and responsibility are practiced through the roles of facilitator, collaborator, teacher, advocate, change agent, case manager and care provider.

**NS 470 SENIOR SYNTHESIS**

Credit Hours: 1

Prerequisites: All year-one, -two, -three courses and  
NS 460

Pre/Corequisites: HU\_\_: World of Ideas

Corequisites: NS 470P, SS465

Students integrate concepts of the professional role into a personal philosophy of nursing. Using a problem-based learning approach, students critically evaluate research and refine decision-making skills. Leadership/management and legal/ethical principles provide a framework for classroom activities.

**NS 470P SENIOR PRECEPTOR  
PRACTICUM**

Credit Hours: 2

Corequisites: NS 470

Students experience the role of the practicing nurse within a community-based learning environment. Students are assigned a RN preceptor to promote the development of confidence and competence in applying the skills and knowledge expected from a novice. Through the synthesis of prior knowledge, students apply management and communication skills to foster interdisciplinary collaboration. Students demonstrate responsibility and legal/ethical accountability in their professional role as caregiver, teacher and manager of client care.

**NURSING NON-CLINICAL ELECTIVES-** May be taken with NS 240, NS 340, NS 350, or NS 450

**NS 310 HIV/AIDS: A CHALLENGE TO  
SOCIETY (cross-listed as HU 310)**

Credit Hours: 2

This course provides an opportunity for students to increase awareness of various aspects of Human Immunodeficiency Viral infection (HIV), particularly as related to the disease Acquired Immune Deficiency Syndrome, better known as AIDS. A holistic approach critically examining the social, physical, psychological and spiritual aspects of clients with HIV/AIDS is addressed in relation to professional responsibility and accountability. Communication techniques used to

facilitate change in persons at risk for HIV/AIDS are analyzed. Students examine value systems in response to various HIV/AIDS issues within a caring framework. Discipline-specific issues and concerns, including nursing processes, are also discussed. A variety of teaching strategies focusing on the experiential approach are utilized.

**NS 312            INFECTIOUS DISEASES: DON'T  
                          BUG ME**

Credit Hours: 2

In this course, students focus on greater in-depth knowledge of identification, treatment, and control of spread of selected infectious diseases across the lifespan. Students will explore the role of the healthcare professional through the process of prevention, identification, monitoring, reporting, control, and management of communicable diseases.

**NS 325            CURRENT TRENDS AND  
                          CONTROVERSIES IN  
                          TRANSPLANTATION**

Credit Hours: 2

This course focuses on the transplantation system in the United States. The organizational framework will present indications, survival, and the transplant process of each type of transplant. Long-term complications of transplant, age-related issues, infectious complications, immunology, and immunosuppression will be depicted. Psychosocial, ethical, and financial issues in transplantation will be explored.

**NS 355            TRANSCULTURAL  
                          PERSPECTIVES OF HEALTH &  
                          ILLNESS (cross-listed as SS 355)**

Credit Hours: 2

This course explores a variety of cultural influences that shape attitudes and beliefs toward health and illness. The impact on the delivery of culturally competent health care is examined in light of the dynamic changes in the population of the United States and the global community. Cultural influences on health care policies and research are identified. The course design enhances professional health care providers' perceptions and understanding, expanding their ability to critically think about the uniqueness of cultural perspectives. Emphasis is placed on communication and the application of caring and transcultural theory concepts.

**NS 358            PARISH NURSING: BASIC PARISH  
                          NURSE PREPARATION**

Credit Hours: 2

This course is based on the accepted philosophy and practice of Parish Nursing and examines the roots of health and healing found in many religious traditions. Critical thinking strategies, such as Socratic questioning are used to analyze the spiritual dimension of health and

healing for the practitioner as well as clients they serve. Using the standard core curriculum developed through the International Parish Nurse Resource Center as the foundation, students explore the practice of nursing in the faith community and its ministry.

**NS 361 PAIN MANAGEMENT**

Credit Hours: 2

In this course, students focus on a greater in-depth knowledge of pain management. Students explore: neurophysiology of pain transmission/modulation; possible influence of psychosocial factors; pain assessment across the life span; differential aspects of acute and chronic pain; and the pharmacological and non-pharmacological interventions available in the management of pain. Professional responsibility and legal and ethical accountability for provision of pain management is emphasized through the study of nurses' attitudes toward pain including common prejudices and myths. Students examine leadership and teaching roles that use appropriate communication, caring concepts and change strategies to facilitate effective pain management in selected groups and families in the community.

**NS 362            EMPOWERING THE  
                          PROFESSIONAL NURSE**

Credit Hours: 2

In this course students analyze the concepts of empowerment within the health care environment. The concept of empowerment is examined in relation to oneself as a person and a professional nurse. Empowerment issues are explored through incorporation of critical thinking strategies, empowerment theories and research findings.

**NS 363            PERSPECTIVES ON GRIEF &  
                          SUFFERING**

Credit Hours: 2

This course is designed to help students understand the emotional aspects of illness, grief, loss and crisis. It is based upon Watson's caring approach to the human person and focuses strongly on the psychological, social and spiritual aspects of client well being. Students examine common crises and changes that occur in human life. Students use critical thinking strategies and the nursing process to identify appropriate and professional nursing interventions. Communication and other caring approaches to clients in crisis are studied. Students are also involved in personal and professional reflections dealing with their own life experiences and life journey.

**NS 364**      **A SURVEY OF  
COMPLEMENTARY &  
ALTERNATIVE HEALING  
PHILOSOPHIES AND PRACTICES**  
(cross-listed as HU 364)

Credit Hours: 2-3

This course is based on Human Caring Theory and examines complementary and alternative healing philosophies and practices as they relate to clients who are healthy or experiencing an illness. Critical thinking strategies, such as dialogue and Socratic questioning, are used to analyze the legal, moral and ethical issues confronting complementary, alternative healing philosophies and practices. Using nursing and allied health practice models, students focus on integrating complementary and alternative healing practices into the changing health care environment.

**NS 365**      **HISTORY OF NURSING SEMINAR**

Credit Hours: 2

This non-clinical nursing elective course allows students to gain insights to the history of the nursing profession in a seminar environment. The course employs readings about nursing in medieval and early modern periods through the Vietnam War, to examine the history of nursing. Historical figures and events are analyzed to promote understanding of the evolution of professional nursing. The close relationship between nursing and power dynamics is examined through exploration of nursing in the military.

**NS 366**      **WOMEN'S HEALTH ISSUES**

Credit Hours: 2

This course focuses on application of theory to the care of women during all facets of their life. Theory presented includes the physical, psychosocial, ethical, and spiritual issues that affect most women at varying developmental stages. Students synthesize the theoretical concepts of change, communication, multiculturalism, carative factors and impact of these in the community/world while analyzing holistic care of women.

**NS 367**      **VIOLENCE IN SOCIETY**

Credit Hours: 2

This course examines the concept of violence as it relates to the client on the intrapersonal, interpersonal and societal levels. Students explore violence-related issues across many settings and develop an awareness of legal and community responses based on critical thinking strategies and research findings. Students analyze the role of the professional nurse and the use of therapeutic communication, advocacy skills, carative factors and change theory in response to the increase of violence in society.

**NS 368**      **GENETICS FOR NURSING  
PRACTICE**

Credit Hours: 2

This course examines basic human genetics, including the role of genetics and genomics in the health of individuals and families. Students explore the function of genetics and genomics, including genetic transmission and the impact of genetics on selected health conditions. Students analyze the present and future role of the professional nurse regarding genetics including risk assessment; referrals; ethical, sociopolitical and legal concerns; and psychological consideration of clients.

**NS 369**      **LEADERSHIP DEVELOPMENT**

Credit Hours: 2

Corequisites: Active member of the Methodist Student Nurses Association (MSNA), holding a leadership position at NMC, state or national level of the Student Nurses Association

This non-clinical nursing elective provides an opportunity for nursing students to be recognized for the leadership and management skills developed through participation in National Student Nurses Association (NSNA) programs and governance activities. Through this course, students self-reflect on the competencies needed by future nurse leaders and managers. Students examine the leadership of a nurse in policy and professional activism.

**NS 371**      **BIO-PSYCHOSOCIAL  
PERSPECTIVES OF INTIMATE  
PARTNER VIOLENCE**

Credit Hours: 2

May be taken with NS 340, NS350 or NS 450  
This course examines the concept of intimate partner violence as it relates to biological and psychosocial issues. Students explore intimate partner violence and related issues, analyzing both historical and contemporary situations. By having the exposure to a variety of community responses, students develop a sense of professional responsibility and legal/ethical accountability to intimate partner violence. Students analyze the role of the professional nurse and the use of evidence based practices to develop an understanding of assessment, documentation, advocacy and referral for survivors of intimate partner violence.

**NS 399**      **IMMERSION EXPERIENCE**

Credit Hours: 2

Nebraska Methodist College mission statement promotes educational experiences that are offered to students for their professional and personal development. Through focus study, analysis, and social action, these experiences may positively influence the health and well-being of the community. This immersion course is an intensive community-based learning experience. Faculty and community leaders will serve as co-

facilitators to assist students in building bridges of understanding and knowing one-another in a meaningful way.

## **BACCALAUREATE DEGREE NURSING ADVANCED PLACEMENT**

### **NS 280 LPN TRANSITION COURSE**

Credit Hours: 1.5

Placement: Advanced standing (LPN)

This transition course is designed to enable the licensed practical nurse to achieve advanced placement in the BSN curriculum. Emphasis is placed on the theoretical and philosophical frameworks necessary to assume the role of a second level nursing student. Interpersonal communication techniques, caring, change theory, developmental theory, nursing process and the role of the professional nurse in community-based nursing are explored.

### **NS 280C LPN TRANSITION CLINICAL PRACTICUM**

Credit Hours: .5

Corequisites: NS 280

The clinical practicum is designed for LPN transition students to demonstrate health assessment abilities, communication techniques, nursing skills and the use of the nursing process during the care of a client.

### **NS 402 NURSING ASSESSMENT FOR RN'S**

Credit Hours: 3

Prerequisite(s): Admissions to the RN to BSN Program or permission of the Nursing Program

This course will focus on the health assessment role of the BSN nurse. Theoretical knowledge and skills in history taking, examination techniques, and system review across the lifespan will be discussed and practiced. Students collaborate with the client in obtaining a comprehensive health history and physical.

### **NS 430 RN PROFESSIONAL SEMINAR**

Credit Hours: 3

Placement: Advanced standing (RN)

An introduction to nursing concepts of professional nursing practice will be the focus of this course (caring, change, culture, critical thinking, economics, and nursing process). This course will also help students to explore differences of BSN education and practice levels, professional issues, community-based education, and professional nursing roles.

### **NS 446**

### **COLLABORATIVE NURSING LEADERSHIP IN A GLOBAL SOCIETY**

Credit Hours: 3

Placement: Accelerated BSN students or advanced standing (RN)

This course analyzes leadership and management theories in relation to trends in nursing and healthcare. The concepts of change, power, collaboration, gender dynamics, and advocacy will be examined and applied to the practice of nursing. Health care policy, legal aspects, and economic factors are explored as they relate to client care and professional nursing practice. Using a global perspective, students will analyze, evaluate and create possible solutions to nursing and healthcare issues.

### **NS 476/476C RN TO BSN COMMUNITY HEALTH NURSING**

Credit Hours: 6

Placement: Advanced standing (RN)

The course synthesizes concepts and principles of community health nursing and public health science that promote population centered health care in the community. Course theory incorporates the history of community health nursing, community health nursing standards, roles and functions of the community health nurse, Healthy People 2010 goals, case management, community assessment and diagnosis, program planning and evaluation, and evidenced-based practice in the community. Students evaluate strategies to improve the health status and eliminate health disparities of diverse vulnerable populations using ethical, advocacy, and social justice philosophies. The function and status of the US health care system and public health care system are analyzed as well as ethical and future challenges facing the respective systems. Public health content focuses on the application of the core functions and epidemiology, biostatistics, environment, global health, determinants of health, infectious disease, health surveillance, health behavior, disasters, and healthcare systems, policy, and delivery concepts. Current and changing community and public health issues are critically analyzed in relation to local, state, national, and global population health concerns and policies.

### **NS 480 COMPLEXITY IN NURSING**

Credit Hours: 3

Placement: Advanced standing (RN)

This course focuses on the synthesis of humanistic/scientific principles and research in the care of the complex client across the lifespan, with special emphasis on the older adult. Students use critical thinking skills to examine professional nursing care in the areas of health promotion, risk reduction, disease prevention, illness/disease management, and rehabilitation. The course is concept driven to include holism, including spirituality, sexuality, end-of-life and

economics. The role of the professional nurse as a case manager, in meeting the mutually identified needs of the client, is evaluated.

## **Directed and Independent Studies**

<b>NS 198</b>	<b>DIRECTED STUDY</b>
<b>NS 199</b>	<b>INDEPENDENT STUDY</b>
<b>NS 298</b>	<b>DIRECTED STUDY</b>
<b>NS 299</b>	<b>INDEPENDENT STUDY</b>
<b>NS 398</b>	<b>DIRECTED STUDY</b>
<b>NS 399</b>	<b>INDEPENDENT STUDY</b>
<b>NS 498</b>	<b>DIRECTED STUDY</b>
<b>NS 499</b>	<b>INDEPENDENT STUDY</b>

Credit Hours: All directed and independent study courses may be taken for 1-3 credit hours

Prerequisites: Written permission of Program Director or Associate Dean of Nursing.